

# November 2024

## Breakfast / Lunch Menu

**Sun      Mon      Tue      Wed      Thu      Fri      Sat**

<p>Alternate breakfast every day: cereal and toast or oatmeal</p> <p>Alternate lunch every day: PB, PBJ or cheese sandwich, PB and fluff only on Tuesday / Thursdays</p>	<p>A variety of fruit will be available daily for breakfast and lunch</p> <p>Fresh fruit and vegetable program snacks provided for grades K-6 on Mondays &amp; Fridays</p>				<p>1 Pancakes w/syrup</p> <p>Cheese pizza and green beans</p>	<p>2</p>
<p>3</p>	<p>4 Cheese omelets and toast</p> <p>Grilled cheese, tomato soup and carrots</p>	<p>5 Danish and yogurt</p> <p>Meatballs, brown rice and cauliflower</p>	<p>6 Bagels and cream cheese</p> <p>Chicken and cheese quesadilla, black beans, lettuce, tomatoes and onions</p>	<p>7 Fruit parfaits</p> <p>Fish fillet, tartar sauce and cucumber slices</p>	<p>8 Waffles and sausage</p> <p>Pepperoni or cheese pizza and peas</p>	<p>9</p>
<p>10</p>	<p>11</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Veterans' Day No School</p> </div>	<p>12 Donuts and yogurt</p> <p>Ham and cheese subs, lettuce, tomatoes and onions</p>	<p>13 Sausage, egg and cheese on a biscuit</p> <p>Chicken nuggets, fries and corn</p>	<p>14 Cheese, chocolate, blueberry or banana muffin</p> <p>Taco with cheese, lettuce, tomatoes and onions</p>	<p>15 Chocolate chip pancakes and syrup</p> <p>Sausage or cheese pizza, celery and hummus</p>	<p>16</p>
<p>17</p>	<p>18 Sausage, egg and cheese on English muffin</p> <p>Goulash, bread sticks and carrots</p>	<p>19 Danish and yogurt</p> <p>Grilled hotdogs and baked beans</p>	<p>20 Waffles and sausage</p> <p>Hamburger, sweet potato fries, lettuce, tomato and onion</p>	<p>21 Bagels and cream cheese</p> <p>Roasted turkey, mashed potato, gravy, roll, cranberry sauce and peas</p>	<p>22 Cheesy eggs and toast</p> <p>Cheese pizza and green beans</p>	<p>23</p>
<p>24</p>	<p>25 Fruit parfaits</p> <p>Sloppy Joes, tatter tots and corn</p>	<p>26 Cinnamon rolls and yogurt</p> <p>Turkey sandwich, chicken noodle soup, lettuce, tomatoes and onions</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p> <div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>No School—Thanksgiving Recess</p> </div>