

August 2026

HIGH SCHOOL & JR HIGH LUNCH

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

NUTRITION BAR OFFERED DAILY WITH ASSORTED FRUITS & VEGETABLES

See any server for details and assistance. Milk varieties include 1% low fat and fat-free choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken Lo Mein 1 serving Carrots ½ c Nutrition Bar Choice of Fruit ½ c	Hot & Spicy Chicken Sandwich Italian Corn ½ c Nutrition Bar Choice of Fruit ½ c	
Green Chili Burrito 1 serving Roasted Potato's ½ c Nutrition Bar Choice of Fruit ½ c	Beef Nachos 1 serving Cheesy Beans ½ c Nutrition Bar Choice of Fruit ½ c	Sonoran Dog 1 serving Seasoned Carrots ½ c Nutrition Bar Choice of Fruit ½ c	Chicken Bacon Ranch Sandwich 1 serving Garlic Herb Green Beans ½ c Nutrition Bar Choice of Fruit ½ c	
Breakfast For Lunch 1 serving Potato ½ c Nutrition Bar Choice of Fruit ½ c	Cheeseburger 1 serving FF ½ c Nutrition Bar Choice of Fruit ½ c	Orange Chicken Bowl 1 serving Broccoli ½ c Nutrition Bar Choice of Fruit ½ c	Chicken Ceasar Wrap 1 serving Corn ½ c Nutrition Bar Choice of Fruit ½ c	
Chicken Nuggets/ Dinner Roll Tater Tots ½ c Nutrition Bar Choice of Fruit ½ c	  Heirloom Tomato Salad	  Jamaican Jerk Chicken	 SPICEOLOGY K-12 by Elmor experiments with flavor on the menu with the use of Spiceology Salt-Free blends.	 Mediterranean Sweet Potato

Daily Alternate Entrée Options

Pizza (Cheese & Pepperoni)

M: Buffalo
 Tu: Pepperoni
 W: Meat Lovers
 Th: Chicken Bacon Ranch

Grab & Go Options:

Yogurt Parfait
 Bento Box
 PB & Jelly Smucker's

Deli Sandwiches:

Turkey Deluxe
 Ham & Cheese Sandwich
 Tuna Salad Sandwich
 Chicken Salad Sandwich
 Hot & Spicy Sandwich

Entrée Salads:

Salad Bar if offered as a meal

Grilled Entrée :

Cheeseburgers
 Chicken Sandwiches
 Corn Dog
 Hot Dogs
 BBQ Sandwiches



BeWell Healthy Choice
 Vegetarian (Ovo-Lacto)



Local



Global Bites Feature



So Good Feature

This institution is an equal opportunity provider

K-12