SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	
	Waffles or Cereal	Egg Biscuit or	Cinnamon Rolls or	Frudals or	Cereal or Muffins	
	Cheesestick	Banana Bread	Cereal Bar	Cinn. Toast Bars	Cheesestick	
	Fruit	Craisins	Raisins/Yogurt	Cheesestick	Fruit	
	Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Juice	
	Milk	Milk	Milk	Milk	Milk	
7	8	9	10	11	12	1
	Cereal or	Banana Bread or	Cinnamon Rolls or	Sausage/Pancake Wrap	Cereal or	
	Pancakes	Donuts	Pop Tarts	or Muffins	Waffles	
	Cheesestick	Craisins	Raisins/Yogurt	Cheesestick	Craisins	
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Juice/Fruit	
	Milk	Milk	Milk	Milk	Milk	
14	15	16	17	18	19	2
	Cereal or Pancakes	Sausage/Pancake Stick	Cinnamon Rolls or	French Toast or	Cereal or Croissants	
	Cheesestick	or Muffins	Cereal Bar	Cinn. Toast Crunch Bar	Craisins	
	Fruit/Juice	Craisins	Raisins/Yogurt	Cheesestick	Juice/Fruit	
	Milk	Fruit/Juice	Fruit/Juice	Fruit/Juice	Milk	
		Milk	Milk	Milk		
21	22	23	24	25	26	2
	Cereal or French Toast	Banana Bread or	Cinnamon Rolls or	Donuts or	Cereal or Pancakes	
	Cheesestick	Danish	Poptart	Cereal Bar	Craisins	
	Fruit/Juice	Fruit/Juice	Raisins/Yogurt	Cheesestick	Fruit	
	Milk	Craisins	Fruit/Juice	Fruit/Juice	Juice	
		Milk	Milk	Milk	Milk	
28	29	30				
	Cereal or Waffles	Muffins or Frudals				
	Cheesestick	Craisins				
	Fruit	Fruit/Juice				
	Juice	Milk				
	Milk					
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