

Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Kinston ONLY</u> Crispito Refried Beans Whole Kernel Corn Fruit Milk	3 <u>Kinston ONLY</u> Hot Wings Potato Wedges Celery Sticks Whole Grain Roll Fruit Milk	4 <u>Kinston ONLY</u> Hot Dog Baked Chips Carrot Sticks Fruit Milk	5 <u>Kinston ONLY</u> Pizza Italian Salad Grape Tomatoes Fruit Milk	6 No Meal
9 <u>Kinston & NB High</u> Southwest Queso Pull-Apart Bread Whole Kernel Corn Black Bean Salsa Fruit Milk	10 <u>Kinston & NB High</u> Corn Dog Sweet Potato Fries Baked Beans Fruit Milk	11 <u>Kinston & NB High</u> Chicken Bites Green Beans Whole Grain Roll Fruit Milk	12 <u>Kinston & NB High</u> Pizza Italian Salad Carrot Sticks Fruit Milk	13 No Meal
16 <u>Kinston & NB High</u> Crispito Refried Beans Whole Kernel Corn Fruit Milk	17 <u>Kinston & NB High</u> Hot Wings Potato Wedges Celery Sticks Whole Grain Roll Fruit Milk	18 <u>Kinston & NB High</u> Hot Dog Baked Chips Carrot Sticks Fruit Milk	19 <u>Kinston & NB High</u> Pizza Italian Salad Grape Tomatoes Fruit Milk	20 No Meal
23 <u>NB High ONLY</u> Southwest Queso Pull-Apart Bread Whole Kernel Corn Black Bean Salsa Fruit Milk	24 <u>NB High ONLY</u> Corn Dog Sweet Potato Fries Baked Beans Fruit Milk	25 <u>NB High ONLY</u> Chicken Bites Green Beans Whole Grain Roll Fruit Milk	26 <u>NB High ONLY</u> Pizza Italian Salad Carrot Sticks Fruit Milk	27 No Meal