

Monday

Tuesday

Wednesday

Thursday

Friday

Offered Daily:

*Variety of Powerpacks

*Sandwiches

Sampler Platter 4

Popcorn Chicken
Mozzarella Sticks
Cheesy Breadstick
Corn
Cherry Tomatoes

Nugs 11

Chicken Nuggets
Sweet Potato Fries
Melba Sauce
Garlic Breadstick
Red Pepper Strips

Chicken Patty 18

Chicken Patty on WW Roll
Smile Fries
Mixed Vegetables
Red Pepper Strips

Chicken Tenders 25

Chicken Tenders
Tater Tots
Green Beans
WW Dinner Roll
Red Pepper Strips

Take Out Tuesday 5

Sweet and Sour Chicken
Lo Mein
Roasted Broccoli
Red Peppers Strips

Cheeseburgers 12

Cheeseburgers on a WW Roll
Lettuce, Tomatoes
Onion Rings
Baked Beans
Sliced Cucumbers

Taco Tuesday 19

Seasoned Ground Beef
On a WG Tortilla
Lettuce, Tomato, Shredded Cheese
Black Beans
Cherry Tomatoes

Sloppy Joes 26

Meat Sauce on WW Roll
Curly Fires
WW Dinner Roll
Roasted Cauliflower
Baby Carrots

Brunch for Lunch 6

French Toast
Sausage Links
Hash Browns
NYS Grape Juice
Baby Carrots

Wrap Day 13

Chicken on WG Wrap
w/ Lettuce, Cheese
Tater Tots
Baby Carrots
Cookie

Hot Dogs 20

Hot Dogs on a WW Roll
Waffle Fries
Roasted Squash
Sliced Cucumbers

Quesadilla Day 27

Cheese or Chicken on a
WG Tortilla
Steamed Corn
Refried Beans
Sliced Cucumbers

1/2 Day To Go Lunch Available 7

1/2 Day
To Go Lunch
Available

Ravolis 14

Ravioli w/Meat Sauce
Garlic Bread
Roasted Green Beans
Red Pepper Strips

Chicken Parm 21

Chicken, Sauce, and Cheese
Over Penne
Green Beans
Garlic Bread
Baby Carrots

Pizza Crunchers 28

Cheese & Sauce filled
Breadsticks
Peas
Cherry Tomatoes

Pizza 1

Cheese, Pepperoni,
Assorted Pizza
Peas
Red Pepper Strips

Pizza Day 8

Cheese, Pepperoni,
Assorted Pizza
Roasted Cauliflower
Sliced Cucumbers

NO SCHOOL

Pizza Day 22

Cheese, Pepperoni,
Assorted Pizza
Roasted Broccoli
Cherry Tomatoes

NO SCHOOL

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email scheffco@hlcs.org