

THRIVING WITH **ADHD**

Kristyn Eckert, MA, LMFT, ADHD-CCSP
Christine Sullivan, MEd, LAC, DRCC

About The Group

Thriving with ADHD is a **FREE** 10 week group therapy program focused on supporting **males ages 8-12** with ADHD and their families. If enrollment is low female participants will be permitted to participate.

The first group is starting **Thursday January 5th** from **4:30-6:30pm**, at **Washington Alliance Church** in Washington, NJ. The first and last session of the group will include parents. Group components include coping skills, executive function skills, social skills and nutrition.

For more info contact:

csullivan@contextualfamilyservices.org
keckert@contextualfamilyservices.org

Sign up now for this

FREE PROGRAM

- **8-week group**
- **Boys between the ages of 8-12** (girls will be permitted if enrollment is low)
- **Healthy snacks provided**
- **Hands on and engaging**

To register click [here](#).
**Registration Deadline
is Thursday 12/1.**