

# AUGUST 2023 MENU

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|--|--|---|
| <b>7</b><br><i>Cereal Golden<br/>Grahams<br/>Toast / Mixed Berries<br/>Choice of Milk<br/>Spaghetti<br/>Salad w/ Cuc &amp; Tomato<br/>Breadstick<br/>Tropical Fruit<br/>Choice of Milk</i>   | <b>8</b><br><i>Egg / Cheese<br/>Sandwich<br/>Apple Wedges<br/>Choice of Milk<br/>Hot Dog<br/>French Fries<br/>Carrots Sticks<br/>Grapes<br/>Choice of Milk</i>                           | <b>9</b><br><i>Cinnamon Roll<br/>Peach/Strbry/ Banana<br/>Choice of Milk<br/>Beef Tacos<br/>Pinto Beans<br/>Salsa<br/>Strawberries<br/>Choice of Milk</i>                          | <b>10</b><br><i>Bagel w/Cream Cheese<br/>Mandarin Orange<br/>Choice of Milk<br/>Pork Roast<br/>Corn<br/>Dinner Roll<br/>Honeydew<br/>Choice of Milk</i>                                  | <b>11</b><br><i>Biscuit and Gravy<br/>Grapes<br/>Choice of Milk<br/>Cheese Pizza<br/>Green Beans<br/>Watermelon<br/>Choice of Milk</i>  |
| <b>14</b><br><i>Strbry Yogurt Parfait<br/>Strawberries / Granola<br/>Choice of Milk<br/>Chicken Teriyaki<br/>Brown Rice<br/>California Blend Veg<br/>Pineapple Chunks<br/>Choice of Milk</i> | <b>15</b><br><i>Blueberry Panacake<br/>Mixed Berries<br/>Choice of Milk<br/>Beef Stew<br/>Broccoli<br/>Dinner Rool<br/>Orange Wedges<br/>Choice of Milk</i>                              | <b>16</b><br><i>Breakfast Bar<br/>Toast / Pears Halves<br/>Choice of Milk<br/>Cheese Enchiladas<br/>Pinto Beans<br/>Lettuce / Tomato Garnish<br/>Cantaloupe<br/>Choice of Milk</i> | <b>17</b><br><i>French Toast Sticks<br/>Syrup / Honeydew<br/>Choice of Milk<br/>Grilled Cheese Sandwich<br/>Creamy Tomato Soup<br/>Celery Sticks<br/>Apple Wedges<br/>Choice of Milk</i> | <b>18</b><br><i>Breakfast Pizza<br/>Orange Wedges<br/>Choice of Milk<br/>Mandarin Orange Chicken<br/>Vegetable Chow Mein<br/>Broccoli<br/>Watermelon<br/>Choice of Milk</i>             |
| <b>21</b><br><i>Cinnamon Toast Cereal<br/>Mango<br/>Choice of Milk<br/>Braised Beef in Gravy<br/>Mashed Potatoes<br/>Green Beans/Dinner Roll<br/>Slushie<br/>Choice of Milk</i>              | <b>22</b><br><i>Oatmeal w/Toast<br/>Watermelon<br/>Choice of Milk<br/>Beef Enchiladas<br/>Lettuce / Tomato Garnish<br/>Refried Beans/Mexi Rice<br/>Sliced Peaches<br/>Choice of Milk</i> | <b>23</b><br><i>Banana Muffin<br/>Cantaloupe<br/>Choice of Milk<br/>Meatloaf / Dinner Roll<br/>Mashed Potato w/Gravy<br/>Broccoli<br/>Apple Wedges<br/>Choice of Milk</i>          | <b>24</b><br><i>Boiled Egg / Toast<br/>Peach/Strbry/ Banana<br/>Choice of Milk<br/>Chili Beans<br/>Cornbread<br/>Garden Salad<br/>Fruit Salad<br/>Choice of Milk</i>                     | <b>25</b><br><i>Pancake w/syrup<br/>Applesauce<br/>Choice of Milk<br/>Turkey&amp;Cheese Croissant<br/>Broccoli Salad<br/>Sliced Peaches<br/>Choice of Milk</i>                          |
| <b>28</b><br><i>Honey Nut Cheerios<br/>Blubry Lem Crisp Bite<br/>Choice of Milk<br/>Nachos w/Beef &amp; Beans<br/>Lettuce / Tomato Garnish<br/>Pinto Beans<br/>Grapes<br/>Choice of Milk</i> | <b>29</b><br><i>French Toast Sticks<br/>Syrup / Mango<br/>Choice of Milk<br/>Spaghetti<br/>Garlic Toast<br/>Green Salad<br/>Strawberries<br/>Choice of Milk</i>                          | <b>30</b><br><i>Cinnamon Roll<br/>Kiwi<br/>Choice of Milk<br/>Hamburger<br/>Lettuce / Tomato Garnish<br/>Spear Pickle<br/>French Fries<br/>Apple Wedges<br/>Choice of Milk</i>     | <b>31</b><br><i>Blueberry Bagel w/CC<br/>banana &amp; berries<br/>Choice of Milk<br/>Pork Chop<br/>Brown Rice<br/>Broccoli<br/>Cantaloupe<br/>Choice of Milk</i>                         | <b>1</b><br><i>Biscuit &amp; Sau Gravy<br/>Watermelon<br/>Choice of Milk<br/>Hot Roast Beef Sandwich<br/>Mashed Potatoes<br/>Gravy<br/>Green Beans<br/>Fruit Cup<br/>Choice of Milk</i> |

Menu is subject to change without notice!

**This Institution is an equal Opportunity Provider.**

# AUGUST 2023 MENU