Friday Monday Tuesday Wednesday Thursday 1 2 Tamale Pie Chicken Nuggets Turkey & Cheese Hoagie Spicy Chicken Sandwich Tuna Salad on Fish Melt Croissant Bun Manager's Choice Salad Chef Salad Chef Salad Mashed Potatoes with Carrot/Celery/Cucumber Seasoned Green Beans Cheese w/Dressing **Glazed Carrots** Tossed Salad w/ Dressing **Baked Ranch Fries** Banana Berry Blend Fruit Slushes Fresh Fruit Bowl Fresh Fruit Bowl Fresh Fruit Bowl **Tropical Fruit** Whole Wheat Roll Chocolate Milk Cornbread Fat Free Milk Chocolate Milk Chocolate Milk Fat Free Milk Fat Free Milk 7 6 8 9 10 Manager's Choice Manager's Choice Manager's Choice Manager's Choice Manager's Choice Managers Choice Salad Chef Salad Manager's Choice Salad Fruit and Yogurt Plate Chef Salad Spicy Fries Steamed Rice Criss Cut Sweet Potatoes California Vegetables M5785 Cheesy Broccoli Spinach Salad Italian Sliced Carrots Confetti Coleslaw Raw Veggies with Dip **Steamed Carrots** . Fruit Slushes Mixed Vegetables Fresh Pears Waldorf Fruit Salad Fresh Fruit Bowl Fresh Fruit Bowl Fresh Fruit Bowl Fresh Bananas Fresh Oranges Assorted Fruit Juices Fresh Fruit Cup Ketchup Chocolate Chip Cookie Whole Wheat Roll Fat Free Milk Tartar Sauce Cornbread Low Fat Milk Chocolate Milk Chocolate Milk Chocolate Milk Chocolate Milk Chocolate Milk Fat Free Milk Fat Free Milk Fat Free Milk 13 14 15 16 17 Manager's Choice Manager's Choice Manager's Choice Manager's Choice Manager's Choice Managers Choice Salad Chef Salad Managers Choice Salad Grilled Fajita Salad Managers Choice Salad Fried Brown Rice Vegetable Juice Whole Kernel Corn Steamed Broccoli Florets Criss Cut Sweet Potatoes Carrots and Red Peppers Marinated Tomato and Baked Beans Black-Eyed Peas Cheesy California with Dip Flavored Raisins Cucumber Salad Fresh Oranges Veggies Green Peas **Chilled Peach Slices Pineapple Tidbits** Fruited Gelatin **Chilled Peaches** Frozen Fruit Juice Cups Chocolate Milk Fresh Fruit Bowl Whole Wheat Roll Fresh Bananas Fresh Fruit Bowl Fat Free Milk Yeast Roll Chocolate Milk Fat Free Milk Whole Wheat Roll Chocolate Milk Chocolate Milk Fat Free Milk Chocolate Milk Fat Free Milk Fat Free Milk Brownies 24 21 22 23 20 Manager's Choice Manager's Choice Ham and Turkey Chef Salad Tuna Salad with Crackers on Bun Trimmings California Veggies Southern Mustard Greens Crinkle Cut Fries Baked M611 Field Peas Chicken Salad Sandwich Ass.WG Baked Chips 0 Fresh Grapes Fresh Fruit Bowl Frozen Fruit Juice Cups French Fries Fruit Cocktail Cornbread Broccoli Salad Whole Wheat Roll Low Fat Milk Tangerines Low Fat Milk Chocolate Milk Calico Fruit Chocolate Milk Mayonnaise Mustard Low Fat Milk **Chocolate Milk** 27 28 29 30

GPSD High School Lunch Menu Menu Subject to Change

"This Institution is an Equal Opportunity Provider"