



Wadena-Deer Creek 5-12th grades

SEPTEMBER 2026 Breakfast and Lunch Menu

Students eat **FREE!**

Breakfast is served 7:30am-8:15 am Adult breakfast: \$2.55 Lunch is served 10:45am-1:15 pm Adult Lunch: \$5.30

Yogurt Parfait and fresh fruit offered daily at breakfast

Lunch Options offered Daily: Yogurt Parfait, Deli Sandwiches or wraps. Fresh broccoli, carrots, romaine lettuce and tomato offered in addition to the menu offered daily. 1%, and fat free milk choices offered with each meal daily. Lactose free milk is available with written request from parents

Monday	Tuesday	Wednesday	Thursday	Friday
August 31/2026 No School	1 Egg patty, English muffin, Cheesestick, fruit, milk Sloppy Joe/Bun or Roasted Chicken wings&biscuit sauces, Fruit, Veggie, Milk	2. Early Risers Hashbrown, Toast, Fruit, Milk Sweet & Sour or Teriyaki Chicken, Rice, Fruit, Veggie, Milk	3. Waffles & Syrup, Cheesestick, Fruit, Milk Salisbury Steak or Breaded Pork Steak, Dinner Roll, Fruit, Vegetable, Milk	4 Scrambled eggs, Cheesestick, toast, butter, fruit Italian Dunkers, Fruit, vegetable, Milk
8 Pancakes, cheesestick, fruit, milk Bosco Stick or Pizza Crunchers, Fruit, Vegetable, Milk	9 Waffle Sandwich, Cheese stick, Fruit, Milk PopCorn Chicken, Mini Corn Dogs, Fruit, Vegetable, Milk	10 French Toast Sticks, Cheesestick, Fruit, Milk Spaghetti W/ meat sauce or Chicken, Alfredo Pasta, Garlic Toast, Fruit, Vegetable, Milk	11 Cheese Omelet, Toast, Jelly, Cheese Stick, Fruit, Milk Pizza Choices, Fruit, Vegetable, Milk	
14 Breakfast pizza, Cheese stick, fruit, Milk Cheeseburger or Hamburger, Fruit, Vegetable, Milk	15 Egg Patty, English Muffin, Cheese Stick, Fruit, Milk Pulled Pork or Hot Roast Beef on a Bun, Fruit, Vegetable, Milk	16 Strudels, Cheese Stick, Fruit, Milk Cheese or Taco Quesadilla, Fruit, Vegetable, Milk	17. Pancake on a stick, Cheese Stick, Fruit, Milk Chicken in Gravy or Meatballs, Mashed Potatoes, Garlic Toast, Fruit, Vegetable, Milk	18. Assorted cereal choices, Cheese Stick, Fruit, milk Pizza choices, Fruit, vegetable
21 Breakfast Croissant Sandwich, cheese stick, fruit, Milk Hot Ham & Cheese on a Pretzel Bun or Meatball Sub Sandwich, Fruit, vegetable, Milk	22 Biscuits & gravy, Cheese Stick, Fruit, Milk Chicken Drumstick, Biscuit W/ Honey Or Mac & Cheese W/ Cocktail Wieners, Vegetable, Fruit, Milk	23 Dutch Waffle, CheeseStick, Fruit, milk Lasagna Rolls, Garlic Bread, Vegetable, Fruit, Milk	24 Breakfast enchilada, Cheesestick, fruit, Milk Breaded Chicken Tenders or Spicy Breaded Chicken Tenders, Dipping Sauces, Fruit, Vegetable, Milk	25 Mini Donuts, CheeseStick, Fruit, Milk Build Your Own: Flat bread Sandwich- Hot Chicken or Cold Cuts, Cheese, Chips, Fruit, Vegetable, Milk
28 Breakfast Bar, CheeseStick, Fruit, Milk Hot dog/bun, ketchup, mustard or, Philly Roast Beef, Fruit, Vegetable, Milk	29 Bacon & Cheese Egg Bites, Fruit, Milk Walking taco, taco sauce, Fruit, Vegetable, Milk	30 Snak'n Waffle or Homemade Waffle Sandwich, Cheesestick, Fruit, Milk Orange or Gen Tso chicken & rice, Fruit, Vegetable, Milk		

Menu is subject to change due to availability of items Questions? Comments? Call or email Amy Dykhoff Food Service Director 218-632-2396; adykhoff@wdc2155.k12.mn.us

YOU MUST HAVE MONEY IN YOUR ACCOUNT OR PAY CASH FOR ANY ALA CARTE PURCHASES. Please check with cashier before making any purchases
 This institution is an equal opportunity provider