

Rappahannock County Elementary School

*Must select at least 1/2 cup Fruit or Juice w/ Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Offerings:
Cereal & Grahams
Fruit
Fruit Juice
Milk Choice

1
Breakfast Pizza
Muffin & Yogurt

4
French Toast Sticks with Sausage Patty
Bagel & Cream Cheese

5
Panther Sandwich
Fruit & Yogurt Parfait

6
Sausage Gravy & Biscuit
Muffin & Yogurt

7
Ham, Egg, & Cheese Croissant
Mini Strawberry Cream Bagels

8
Breakfast Pizza
Muffin & Yogurt

11
French Toast Sticks with Sausage Patty
Bagel & Cream Cheese

12
Panther Sandwich
Fruit & Yogurt Parfait

13
Sausage Gravy & Biscuit
Muffin & Yogurt

14
Ham, Egg, & Cheese Croissant
Mini Strawberry Cream Bagels

15
Breakfast Pizza
Muffin & Yogurt


18
French Toast Sticks with Sausage Patty
Bagel & Cream Cheese

19
Panther Sandwich
Fruit & Yogurt Parfait

20
Sausage Gravy & Biscuit
Muffin & Yogurt

21
Ham, Egg, & Cheese Croissant
Mini Strawberry Cream Bagels


22
Breakfast Pizza
Muffin & Yogurt

25

Memorial Day

26
French Toast Sticks with Sausage Patty
Muffin & Yogurt

27
Sausage Gravy & Biscuit
Fruit & Yogurt Parfait

28
Ham, Egg, & Cheese Croissant
Mini Strawberry Cream Bagels

29

Teacher Workday

Menus are subject to change. For information on which menu items may contain allergens, please contact the cafeteria manager.

"This institution is an equal opportunity provider."

*Must select at least 1/2 cup Vegetable or Fruit w/ Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

Have a great summer! ☺

Daily Offerings:

Baked Potato
PB&J
Milk Choice

1
Chicken Alfredo w/
Garlic Bread

Fruit & Vegetable Bar

2
Breakfast for Lunch

3
French Toast Sticks w/
Sausage

Fruit & Vegetable Bar

4
Chicken Tenders w/Roll
French Fries

Fruit & Vegetable Bar

5
Sloppy Joe
Corn Dog

Fruit & Vegetable Bar

6
Fresh Baked Pizza
Cheese or Pepperoni

Fruit & Vegetable Bar

7
Walking Tacos
Bento Box

Fruit & Vegetable Bar

11
Cheeseburger w/
Toppings

Fruit & Vegetable Bar

12
Nachos & Cheese w/
Toppings
Fiesta Corn and Black Beans

Fruit & Vegetable Bar

13
Fresh Baked Pizza
Cheese or Pepperoni

Fruit & Vegetable Bar

14
Chicken & Cheese
Quesadilla
Bento Box

Fruit & Vegetable Bar

15
Chicken Nuggets w/ Roll
French Fries

Fruit & Vegetable Bar

18
Chicken Filet Sandwich
Spinach

Fruit & Vegetable Bar

19
Spaghetti w/ Meat Sauce
Garlic Bread

Fruit & Vegetable Bar

20
Fresh Baked Pizza
Cheese or Pepperoni

Fruit & Vegetable Bar

21
Mac n Cheese
Bento Box

Fruit & Vegetable Bar

22
Bagged Lunch
Choose Turkey, Ham or
Peanut Butter & Jelly
Sandwich
Fruit & Veggie Included

25

Memorial Day

26
Early Release
Bagged Lunch
Choose Turkey, Ham or
Peanut Butter & Jelly
Sandwich
Fruit & Veggie Included

27
Early Release
Bagged Lunch
Choose Turkey, Ham or
Peanut Butter & Jelly
Sandwich
Fruit & Veggie Included

28
Early Release
Bagged Lunch
Choose Turkey, Ham or
Peanut Butter & Jelly
Sandwich
Fruit & Veggie Included
Last Day!

29

Teacher Workday

Harvest of the Month **STRAWBERRIES** will be offered on the Fruit & Vegetable Bar.

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