

January 2023

29	22	15	8	Д	
9	10	O t			Sunday
30 Hot dog, baked beans, carrot stick, chips, fruit, milk	23 Chicken noodle, breadsticks, peas, cucumbers, fruit, milk	16 NO SCHOOL MLK	9 Hot dog, baked beans, carrot sticks, chips, fruit, milk	2	Monday
31 Spaghetti, bread stick, broccoli, peas, fruit, milk	24 BBQ beef sandwich, sweet potato fries, pork and beans, fruit, milk	17 Corn dog bites, sweet potato fries, chips, fruit, milk	10 Grilled chicken, potatoes, green beans, hot roll, fruit, milk	ω	Tuesday
	25 Salisbury steak, carrots, mashed potatoes, hot roll, fruit, milk	18 Chili, cornbread, celery, fruit, milk	11 Spaghetti, bread stick, broccoli, peas, fruit, milk	4 Salisbury steak, carrots, potatoes, hot roll, fruit, milk	Wednesday
	26 Chicken nuggets, French fries, broccoli, fruit, milk	19 Beef taco, carrots, black beans, shredded lettuce, fruit, milk	12 Sloppy joe, sweet potato fries, celery, fruit, milk, ice cream	5 Chicken nuggets, French fries, broccoli, fruit, milk	Thursday
	27 Pepperoni pizza, leafy green salad, cherry tomatoes, fruit, milk	20 Hamburger, tater tots, lettuce, tomato, fruit, milk	13 Hamburger, French fries, lettuce, tomato, fruit milk	6 Cheese pizza, leafy green salad, cherry tomatoes, fruit, milk, ice cream	Friday
	28	21	14	7	Saturday



January 2023

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29	22	15	8	1	Sunday
30 French toast sticks or cereal, sausage, fruit, juice, milk	23 Muffin or cereal, yogurt, fruit, juice, milk	16 NO SCHOOL MLK	9 French toast sticks, or cereal, sausage, fruit, juice, milk	2	Monday
31 Oatmeal or cereal, toast, peanut butter, fruit, juice, milk	24 Ham and cheese biscuit or cereal, ham, fruit, juice, milk	17 Muffin or cereal, yogurt, fruit, juice, milk	10 Oatmeal or cereal, toast, peanut butter, fruit, juice, milk	ω	Tuesday
	25 Pancake or cereal, sausage, fruit, juice, milk	18 Scrambled eggs or cereal, toast, fruit, juice, milk	11 Biscuit and gravy or cereal, sausage, fruit, juice, milk	4 Pancake or cereal, sausage, fruit, juice, milk	Wednesday
	26 Breakfast pizza or cereal, sausage, fruit, juice, milk	19 Pancake or cereal, sausage, fruit, juice, milk	12 Breakfast pizza or cereal, sausage, fruit, juice, milk	Ham and cheese biscuit, or cereal, ham, fruit, juice, milk	Thursday
	27 Cereal, toast, peanut butter, fruit, juice, milk	20 Cereal, toast, peanut butter, fruit, juice, milk	13 Cereal, toast, peanut butter, fruit, juice, milk	6 Cereal, toast, peanut butter, grapes, juice, milk	Friday
	28	21	14	7	Saturday