



Social Skills Groups



OBJECTIVE

A social skills group is a small and supportive setting for children/youth who need help in developing interpersonal skills. In these groups, our professionals guide them through strategies to navigate social environments while working with horses to improve and establish healthier relationships.

DETAILS

45 minute- 8 Week Sessions

COST: \$45.00 per session

Most Insurance Accepted

*Up to 6 people in a group. Minimum of 3 to hold a class.
No previous horse experience required or riding involved.*

TOPICS

SOCIAL SKILLS (GRADES- K-5)

***MAKING IT THROUGH MIDDLE SCHOOL**

***HIGH SCHOOL SOCIAL SKILLS**

GRIEF AND LOSS

EMOTIONAL SKILLS REGULATION

PROBLEM SOLVING

Kindergarten to High School Groups

WEEKDAYS 3:00 PM-6:45 PM

**Autism and Disability Level Focused
Sessions available*

RESERVE YOUR SPOT TODAY!

201-919-6180

info@equinetherapynj.com

**EQUINE
THERAPY
TEAM**



LOCATION:

313 UNION BRICK ROAD
BLAIRSTOWN, NJ 07825

SCAN TO VIEW
WEBSITE

CALL: 201-919-6180

EQUINETHERAPYNJ.COM