



# FRAZIER SCHOOL DISTRICT

Inspire and Empower




## BREAKFAST MENU NOVEMBER 2024



Menu Subject to Change

**Frazier participates in CEP**  
**All Student meals are Free**  
**Adult Breakfast: \$2.50**

Monday	Tuesday	Wednesday	Thursday	1 Friday
4 Chocolate Donut Cup  Assorted Fruit 100% Fruit Juice Milk Choice	5 Fruit Muffin w/Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	6 Cinnamon Roll  Assorted Fruit 100% Fruit Juice Milk Choice	7 Cereal w/ Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	8 Pancake on a Stick  Assorted Fruit 100% Fruit Juice Milk Choice
1  Thank You Veterans	12 Sweet Roll  Assorted Fruit 100% Fruit Juice Milk Choice	13 Super Bakery Banana Bread Slice Assorted Fruit 100% Fruit Juice Milk Choice	14 Apple Frudel  Assorted Fruit 100% Fruit Juice Milk Choice	15 Funnel Cake  Assorted Fruit 100% Fruit Juice Milk Choice
18 Pull Apart Donut  Assorted Fruit 100% Fruit Juice Milk Choice	19 Chocolate Chip French Toast Assorted Fruit 100% Fruit Juice Milk Choice	20 Benefit Bar  Assorted Fruit 100% Fruit Juice Milk Choice	21 Trix Yogurt w/ Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	22 Mini Cinni  Assorted Fruit 100% Fruit Juice Milk Choice
25 Glazed Donut  Assorted Fruit 100% Fruit Juice Milk Choice	26 Confetti Pancake Chunk Bar Assorted Fruit 100% Fruit Juice Milk Choice	27	28  HAPPY THANKSGIVING DAY	29

Elementary Alternates may Include

- Choose 1
- Benefit Bar
- May Choose 2
- 1 oz Cereal Bowl
- Single Poptart
- 4 oz Yogurt
- Belly Bears
- 2 oz Fruit Muffin or Muffin Top or Mini Loaf
- Cereal Bar

Middle School Grab N'Go Breakfast Cart may Include

- Choose 1
- Benefit Bar
- 2 ct Poptarts
- Cinnamon Roll
- Mini Donuts
- 4 oz - Sara Lee or Otis Spunkmyer Muffin
- 2 oz Cereal Bowl

High School Grab N'Go Breakfast Cart may Include

- Choose 1
- Benefit Bar
- 2 ct Poptarts
- Hadley Farms Cinnamon Roll
- Mini Donuts
- 4 oz - Sara Lee or Otis Spunkmyer Muffin
- 2 oz Cereal Bowl



Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. **\*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.**

Food Service Manager  
Christie Mansberry  
724-736-9507 x431  
cmansberry@fraziersd.org