



## It's easy to find dental providers in your network

When you and your family are seeking dental care, you have access to Aetna's broad dental provider network. While you are permitted to see any dentist when enrolled in the ASBAIT dental plan, providers in the Aetna network offer services at strong, negotiated rates. This helps you save on the cost of dental services. Finding dentists in your network is easy when you use the online FindCare directory from Aetna.\* With up-to-date listings, you can search for providers by name, specialty, gender and more.

## Find Aetna providers online in just a few quick steps

You can use the FindCare directory anywhere you have internet access. Just:

**1** Visit  
[www.aetna.com/docfind/custom/mymeritain/](http://www.aetna.com/docfind/custom/mymeritain/).

**2** Choose *Aetna Dental Access®* under  
*Select a Plan*.

**3** Choose your provider from the list of providers  
displayed on the results screen. Learn more  
about each by clicking on the provider's name.

**4** Narrow your search results by using the filters  
under *Narrow Your Results*. Choices include  
*Group Affiliations, Languages, Gender and  
Specialty*.

For more search tips, you can click on *Search Tips* and  
*FAQs* on the home screen.

If you have questions while searching for a dentist, simply  
click on the *Contact FindCare* link. It's at the top of any  
FindCare page. You'll be able to send a quick comment or  
question.

## Why is dental health important?

Regular dental care gives you more than a bright smile. Poor oral health can be linked to heart disease, stroke, diabetes, premature birth, osteoporosis and Alzheimer's disease. By using your ASBAIT dental benefits, you can lower your risk of these health conditions.

If you have questions, we can help. Simply call Meritain Health® at the number on the back of your ID card.



## Find providers by phone

Need a provider when you're not near a computer? No problem. Simply call the Aetna Provider Line at **1.800.343.3140** from 8:00 AM–9:00 PM ET, Monday through Friday.

*\*Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates.*

