

# DMS LUNCH MENU OCTOBER 2025

Menu subject to change due to weather/truck deliveries etc.

| MONDAY                                                                                                                                              | TUESDAY                                                                                                                                                                                | WEDNESDAY                                                                                                                       | THURSDAY                                                                                                         | FRIDAY                                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>Offered Daily:</b><br>2 oz. meat/meat alternate 1-2 Choices of Fruits /Juices<br>1-2 Choices of Vegetables 2 Servings of Bread<br>Choice of Milk |                                                                                                                                                                                        | Students may select a minimum of 3 items and are encouraged to select 5 items. Students must choose a ½ cup fruit or vegetable. |                                                                                                                  |                                                                                                                                   |
| <b>13</b>                                                                                                                                           | <b>14</b>                                                                                                                                                                              | <b>15</b>                                                                                                                       | <b>16</b>                                                                                                        | <b>17</b>                                                                                                                         |
| <b>No School<br/>Teacher Inservice</b>                                                                                                              | Mini Corn Dogs<br>Smart Mouth Pizza<br>Mac and Cheese<br>Carrots w/ranch<br>Sliced Peaches/Sidekicks<br>Choice of Milk                                                                 | Spaghetti/Cheese/Breadstick or<br>Smart Mouth Pizza<br>Green Beans<br>Cole Slaw<br>Red Grapes/Orange Wedges<br>Choice of Milk   | Nacho Chicken<br>Smart Mouth Pizza<br>Romaine Salad<br>Pinto Beans<br>Fruit Cocktail/Sidekicks<br>Choice of Milk | Hot & Spicy Chicken Sandwich<br>Smart Mouth Pizza<br>French Fries<br>Fresh Veggies<br>Fresh Fruit<br>Choice of Milk               |
| <b>20</b>                                                                                                                                           | <b>21</b>                                                                                                                                                                              | <b>22</b>                                                                                                                       | <b>23</b>                                                                                                        | <b>24</b>                                                                                                                         |
| Chicken Nuggets/Roll<br>Smart Mouth Pizza<br>Creamed Potatoes<br>Glazed Carrots<br>Applesauce Cup<br>Choice of Milk                                 | Taco Meat/Cheese/Chips or<br>Fajita Chicken/Cheese/Chips<br>Smart Mouth Pizza<br>Salsa/Refried Beans<br>Romaine Lettuce/Diced Tomatoes<br>Pineapple Chunks/Sidekicks<br>Choice of Milk | Hot Ham and Cheese Sandwich or<br>Smart Mouth Pizza<br>Green Peas<br>Romaine Salad<br>Apple/Cantaloupe<br>Choice of Milk        | Chili Frito Pie or<br>Smart Mouth Pizza<br>Corn<br>Broccoli Salad<br>Blueberries<br>Choice of Milk               | Hamburger/Cheese/Bun or<br>Smart Mouth Pizza<br>French Fries<br>Lettuce/Tomato Slices/Pickles<br>Assorted Fruit<br>Choice of Milk |
| <b>27</b>                                                                                                                                           | <b>28</b>                                                                                                                                                                              | <b>29</b>                                                                                                                       | <b>30</b>                                                                                                        | <b>31</b>                                                                                                                         |
| Cherry Blossom Chicken/Roll or<br>Smart Mouth Pizza<br>Creamed Potatoes<br>Carrots w/Ranch<br>Sidekicks/Pineapple Chunks<br>Choice of Milk          | Cowboy Cavatini/Cornbread<br>Smart Mouth Pizza<br>Green Beans<br>Cucumbers/Cherry Tomatoes<br>Granny Smith Apple<br>Choice of Milk                                                     | Pork Rib Patty/ Bun<br>Smart Mouth Pizza<br>French Fries<br>Pickles<br>Fresh Fruit<br>Choice of Milk                            | Pollo Loco Chicken<br>Smart Mouth Pizza<br>Salsa<br>Pinto Beans<br>Sidekicks/Sliced Peaches<br>Choice of Milk    | Breaded Chicken Sandwich<br>Smart Mouth Pizza<br>Broccoli Salad<br>Sweet Potato Puffs<br>Assorted Fruit<br>Choice of Milk         |