



Local School Wellness Policy: Triennial Assessment Tool 2024

School Division:

Salem City Schools

Wellness Policy Contact Name and Email:

Dr. Forest I. Jones, fjones@salem.k12.va.us

Wellness Policy can be found at:

<https://www.salem.k12.va.us/adminservices>

Triennial Assessment can be found at:

<https://www.salem.k12.va.us/adminservices>

Every three years the divisions must conduct an assessment of the Local School Wellness Policy and make it available to the public. That assessment must address:

- compliance with the division Local School Wellness Policy,
- how the policy compares to the model Wellness Policy, and
- progress made in attaining the goals of the Wellness Policy.

Please visit the [Virginia Department of Education, Office of School and Community Nutrition Programs \(VDOE-SCNP\) website](#) for all tools and resources to help you complete your Triennial Assessment.

When finalized, please forward this Triennial Assessment or a link to its location to Katy Harbin, Nutrition and Wellness Specialist, at Katy.Harbin@doe.virginia.gov.

Wellness Policy Requirements

Category	Requirement	Fully in place	Partially in place	Not in place	Action Taken Toward Goals
Policy Leadership	Designate the position or committee responsible for Wellness Policy oversight.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dr. Forest I. Jones is the chair of the School Health and Wellness Committee for Salem City Schools.
Public Involvement	Notify the public of their ability to participate in the development, implementation, and review.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This will be online for the public to give feedback.
School Meals	Serve school meals that follow USDA-FNS meal regulations. (7CFR210.10 and 7CFR220.8)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All schools follow this with both breakfast, lunch and summer meals.
Foods Sold Outside of School Meals Program	Sell only USDA's Smart Snacks compliant foods and beverages outside of the school meals program.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	All snacks sold during food services comply with smart snacks.
Foods Provided, Not Sold	Specify division guidelines for foods provided, not sold, including at celebrations, given as rewards, or classroom snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This is specifically mentioned in the policy- rewards such as field trips, selling t-shirts, school promotional events.

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Food and Beverage Marketing	Market only products that adhere to the USDA-FNS Smart Snacks rule.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This is seen in all schools. Marketing for smart snacks that are sold there.
Nutrition Education	Include at least one evidence-based goal for nutrition education.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Yes- 70% of all teacher shall integrate nutrition education into classroom subjects.
Nutrition Promotion	Include at least one evidence-based goal for nutrition promotion.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Yes- SCS will offer at least one family focused event during the school year.
Physical Education/Activity	Include at least one evidence-based goal for physical education and/or physical activity.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Do we need to add another goal for this?
Other Activities that Promote Student Wellness	Include at least one evidence-based goal for other activities that promote student wellness.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	We have added another goal that addresses mental health. A question will be added to the YRBS survey.

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Triennial Assessment	Complete a Triennial Assessment and notify the public.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This will occur in Spring 2024 and be posted online on our division website.
Public Update and Information	Specify how the public will be informed about content and implementation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This will be posted online on our school website.
Compliant Fundraisers	Permit only USDA-FNS Smart Snacks compliant food and beverage fundraisers. LEAs may choose to allow up to 30 school-sponsored fundraisers per site per school day to be exempt from the Smart Snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This is checked by our finance director and all schools have complied.
Fundraiser Times	Disallow food or beverage fundraisers during meal times.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This is in our school board policy.

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Fundraiser Designee	Designate an individual to monitor all food and beverage fundraisers. This designee shall not be school nutrition personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mandy Hall, Finance director is in charge of all fundraisers.
Additional Wellness Goal	SCS will implement school gardens at their two Title I schools.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	This is currently in place.
Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
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Additional Notes:

Click or tap here to enter text.

How does your policy compare to the model policy?

We have used the model policy as a template and followed it very closely. We do have the requirements for fundraisers, fundraisers during meal times and the fundraiser designee in there.

Note progress made towards wellness goals:

1. We still have work to go on our 70% of teachers integrating nutrition education into their subjects. This has gone well at our two Title I schools with the school garden and the high school with their garden. We will implement a survey next year to get better numbers.
2. We succeeded in our promotion goal as we had a Title I night that was well attended in Spring 2023.
3. Our student wellness goal has been successful. We now have two school gardens at our Title I school and we would like to expand to our two other elementary schools.
4. We have added a mental health goal and will see data on that with the YRBS survey question.