

# OCTOBER 2023 MENU

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
| <p>2 <b><u>BREAKFAST</u></b><br/>FRENCH TOAST STICKS</p> <p><b><u>LUNCH</u></b><br/>POPCORN CHICKEN OR BEEF BITES &amp; GRAVY SISTER SCHUBERT ROLL MASHED POTATOES PEAS</p>  | <p>3 <b><u>BREAKFAST</u></b><br/>CHICKEN BISCUIT</p> <p><b><u>LUNCH</u></b><br/>BBQ CHICKEN SANDWICH OR PIZZA GREEN BEANS SWEET POTATO FRIES FRESH VEGGIES</p>              | <p>4 <b><u>BREAKFAST</u></b><br/>WARM MUFFIN</p> <p><b><u>BREAKFAST FOR LUNCH</u></b><br/>SCRAMBLED EGGS &amp; SAUSAGE BISCUITS &amp; GRAVY HASHBROWNS SLICED OR CHERRY TOMATOES</p> | <p>5 <b><u>BREAKFAST</u></b><br/>BREAKFAST PIZZA</p> <p><b><u>LUNCH</u></b><br/>GRILLED CHEESE SANDWICH OR CHEESE BITES HOMEMADE CHILI CORN FRESH VEGGIES</p>                       | <p>6 <b><u>BREAKFAST</u></b><br/>SAUSAGE BISCUIT</p> <p><b><u>LUNCH</u></b><br/>CHEESEBURGER OR HOT DOG W/CHILI FRIES BAKED BEANS FRESH VEGGIES</p>          |
| <p>9</p> <p>NO SCHOOL FALL BREAK</p>   | <p>10</p> <p>NO SCHOOL FALL BREAK</p>   | <p>11</p> <p>NO SCHOOL FALL BREAK</p>  | <p>12</p> <p>NO SCHOOL FALL BREAK</p>   | <p>13</p> <p>NO SCHOOL FALL BREAK</p>  |
| <p>16 <b><u>BREAKFAST</u></b><br/>DONUT HOLES</p> <p><b><u>LUNCH</u></b><br/>HAMBURGER STEAK &amp; GRAVY OR BAKED HAM SISTER SCHUBERT ROLL MASHED POTATOES PEAS</p>          | <p>17 <b><u>BREAKFAST</u></b><br/>CHICKEN BISCUIT</p> <p><b><u>LUNCH</u></b><br/>CHEESY BREADSTICKS OR PIZZA GREEN BEANS FRESH VEGGIES COOKIE</p>                           | <p>18 <b><u>BREAKFAST</u></b><br/>YOGURT/GRANOLA</p> <p><b><u>LUNCH</u></b><br/>POPCORN CHICKEN OR BAKED SPAGHETTI GARLIC BREAD STEAMED BROCCOLI WHOLE BABY POTATOES</p>             | <p>19 <b><u>BREAKFAST</u></b><br/>DUTCH WAFFLE</p> <p><b><u>LUNCH</u></b><br/>GRILLED CHEESE SANDWICH OR CHEESE BITES CHICKEN NOODLE SOUP FRESH VEGGIES</p>                         | <p>20 <b><u>BREAKFAST</u></b><br/>SAUSAGE BISCUIT</p> <p><b><u>LUNCH</u></b><br/>FISH STICKS OR CORN DOG NUGGETS HUSHPUPIES PINTO BEANS MAC &amp; CHEESE</p> |
| <p>23 <b><u>BREAKFAST</u></b><br/>WARM BREAKFAST BREAD</p> <p><b><u>LUNCH</u></b><br/>CHEESEBURGER MACARONI OR POPCORN CHICKEN CORN WHOLE BABY POTATOES</p>                  | <p>24 <b><u>BREAKFAST</u></b><br/>CHICKEN BISCUIT</p> <p><b><u>LUNCH</u></b><br/>ORANGE CHICKEN OR BEEF TERIYAKI BITES FRIED RICE STEAMED BROCCOLI SWEET GLACED CARROTS</p> | <p>25 <b><u>BREAKFAST</u></b><br/>PANCAKES</p> <p><b><u>LUNCH</u></b><br/>PIZZA OR CHEESEBURGER FRIES GREEN BEANS</p>  | <p>26 <b><u>BREAKFAST</u></b><br/>BREAKFAST PIZZA</p> <p><b><u>LUNCH</u></b><br/>GRILLED CHEESE SANDWICH OR CHEESE QUESADILLA TORTILLA SOUP TORTILLA CHIPS FRESH VEGGIES COOKIE</p> | <p>27 <b><u>BREAKFAST</u></b><br/>SAUSAGE BISCUIT</p> <p><b><u>LUNCH</u></b><br/>CRISPY CHICKEN SANDWICH OR BBQ PORK SANDWICH FRIES BAKED BEANS</p>          |
| <p>30 <b><u>BREAKFAST</u></b><br/>FRENCH TOAST STICKS</p> <p><b><u>LUNCH</u></b><br/>POPCORN CHICKEN OR BEEF BITES &amp; GRAVY SISTER SCHUBERT ROLL MASHED POTATOES PEAS</p> | <p>31 <b><u>BREAKFAST</u></b><br/>CHICKEN BISCUIT</p> <p><b><u>LUNCH</u></b><br/>BBQ CHICKEN SANDWICH OR PIZZA GREEN BEANS SWEET POTATO FRIES FRESH VEGGIES</p>             |  |   |  |

EACH TRAY MUST HAVE A FRUIT OR VEGETABLE AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL.

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

USDA IS AN EQUAL OPPORTUNITY EMPLOYER.