

Page Unified School District September Newsletter



PHS Café Staff Lena and Dylan introduced the Omelet Bar for our High School Students along a new menu item Dragon Fruit Banana Smoothie. Fresh Dragon Fruit was served for breakfast as well!

What's Flippin' in Dining? Welcome to your Food Nutrition Department Monthly Newsletter!

We are excited to share with you the new cool things happening in the cafeteria! The month of August was in full swing with multiple café events in between schools.

Further, we introduced a few new menu items to our kids which included: Banana Dragonfruit Smoothie, Kung Pao Chicken and probably one of the new favorite – Pozole and Fry Bread!

Discovery Kitchen took off with its first demonstration cooking in Lake View Elementary School. Meanwhile, the first Farmers Market for the school year was a huge success in Desert View Intermediate.

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In this issue:

**What's New in
your Schools?**

**August in
Summary**

**Events in
September**

**Discovery Kitchen:
Power Up Your
Performance!**

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August in Summary



Discovery Kitchen: Bring on Breakfast!

Students from Lake View Elementary participated well in our Discovery Kitchen Demonstration featuring Breakfast Banana Split Parfaits.

Students tried a breakfast item for lunch as their dessert and they were educated on how breakfast can support their learning throughout the day leading to increased focus, fewer absences and better test scores!





Student's Fresh Market in Desert View Intermediate



First Farmers Market of the School Year, a success in Desert View Intermediate School

In School Year 23-24, Chartwells K12 hosted a Farmers Market in Lake View Elementary School right before Spring Break to distribute excess produce from all school cafeterias.

With the event's positive feedback, it was deemed necessary to continue the program to further encourage students in trying new fruits and vegetables outside of the lunch room and into their homes.



On August 21, the first Farmers Market of the School Year happened in Desert View Intermediate School serving close to 286 kids in between 15 classes that went through and signed up for the event. The produce is free to the kids although they are given \$50 pretend money which teaches them basic economics and budgeting skills.

This event will be conducted twice a month and will rotate in between schools.



August in Summary

Page High School Monthly Cookout

In collaboration with Principal Guenther and Assistant Principal Robbins, the High School Café will be featuring a themed cookout once a month.

Welcome Back to School cookout was a success on August 22, as students and faculty enjoyed burgers and hotdogs serving more than 300+ meals.

The High School Cafeteria will remain open in those cookouts with limited options.

In celebration of the National Hispanic Heritage Month, the next cookout will feature Tacos and Fajitas on September 19, Thursday.



Events in September

Celebrate with us at Page High School on September 19 at The Quad from 11:30am – 1230pm. Menu will include Chicken Carnitas, Fresh Pico de Gallo, Guacamole, Salsa and Corn along with fresh fruits and vegetables!

PHS Café will remain open with limited food options.



Student's Fresh Market

September 4, Wednesday
9am - 12pm



chartwells
Discovery
KITCHEN



*in celebration of
National Hispanic Heritage Month*

TACO



SEPTEMBER 19 | 11:30AM - 12:30PM
THE QUAD - PAGE HIGH SCHOOL

PHS Cafeteria will remain open with limited food selection.
Students may only claim one (1) meal from either location.

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Student's Fresh Farmers Market is coming to Lake View Primary School on September 4, Wednesday from 9am – 12pm!

Limited time slots are available and the market will be extended based on produce availability.

Homeroom class who are unable to participate can join the next market in November.

This Month in Discovery Kitchen

We are excited to kick off the month of September with a focus on teaching students how to fuel their bodies with nutritious foods through a Power Your Performance theme.

We will feature Sunbutter Banana Rollups for our Elementary Cafés and Roasted Cinnamon Sweet Potatoes for our Secondary School Caféterias.

DESERT VIEW INTERMEDIATE

September 5, Thursday

Lunch Period

PAGE MIDDLE SCHOOL

September 10, Tuesday

Lunch Period

PAGE HIGH SCHOOL

September 18, Thursday

Lunch Period

LAKE VIEW PRIMARY

September 24, Tuesday

Lunch Period



POWERUP!

Power Your Performance



Look for the Power Up logo
for foods that fuel performance

September 25th is National Food Service Workers Day!

