

MAY 2022

BESSEMER CITY SCHOOLS BREAKFAST MENU

USDA MEMO

MONDAY

French Toast Sticks **2**
Sausage Links
OR
2 oz Cocoa Puff Cereal
Peach Cup
Grape Juice
Milk

Sausage N Biscuit **9**
OR
2 oz Cocoa Puff Cereal
Peach Cup
Grape Juice
Milk

Ham Egg Cheese Biscuit **16**
OR
2 oz Cocoa Puff Cereal
Peach Cup
Grape Juice
Milk

Sausage N Biscuit **23**
OR
2 oz Cocoa Puff Cereal
Peach Cup
Grape Juice
Milk

TUESDAY

Breakfast Burrito **3**
Salsa
OR
2 oz Lucky Charms Cereal
Mix Fruit Cup
Apple Juice
Milk

Strawberry Poptart Cheese Stick **10**
OR
2 oz Lucky Charms Cereal
Mix Fruit Cup
Apple Juice
Milk

Breakfast Wrap **17**
OR
2 oz Lucky Charms Cereal
Mix Fruit Cup
Apple Juice
Milk

Blueberry Waffles **24**
OR
2 oz Lucky Charms Cereal
Mix Fruit Cup
Apple Juice
Milk

WEDNESDAY

Cinnamon Roll **4**
OR
2 oz Frosted Flakes Cereal
Applesauce Cup
Orange Juice
Milk

Mini Maple Pancake **11**
Sausage Links
OR
2 oz Frosted Flakes Cereal
Applesauce Cup
Orange Juice
Milk

Pancake on Stick **18**
OR
2 oz Frosted Flakes Cereal
Applesauce Cup
Orange Juice
Milk

Breakfast Pizza **25**
OR
2 oz Frosted Flakes Cereal
Applesauce Cup
Orange Juice
Milk
SCHOOLS OUT FOR THE SUMMER

THURSDAY

Breakfast Pizza **5**
OR
2 oz Cinnamon Toast Crunch Cereal
Peach Cup
Grape Juice
Milk

Chicken N Biscuit **12**
OR
2 oz Cinnamon Toast Crunch Cereal
Peach Cup
Grape Juice
Milk

Hashbrown Cheese Omelet **19**
OR
2 oz Cinnamon Toast Crunch Cereal
Peach Cup
Grape Juice
Milk

FRIDAY

Trix Cereal Bar **6**
Strawberry Yogurt
OR
2 oz Honey Nut Cheerios Cereal
Applesauce Cup
Orange Juice
Milk

Blueberry Muffin **13**
OR
2 oz Honey Nut Cheerios Cereal
Applesauce Cup
Orange Juice
Milk

Cinni Mini Sausage Links **20**
OR
2 oz Honey Nut Cheerios Cereal
Applesauce Cup
Orange Juice

For all other FNS nutrition assistance programs, State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov

SUMMER MEALS (BREAKFAST AND LUNCH) ARE AVAILABLE FOR ALL KIDS AND TEENS UP TO THE AGE OF 18. STOP BY ONE OF THE BESSEMER CITY SCHOOLS EXCEPT BESSEMER HIGH AND GET A FREE MEAL. DO NOT HAVE TO ATTEND BESSEMER CITY SCHOOLS. OTHER SITES ARE AVAILABLE CONTACT 205-432-3008 FOR ADDITIONAL SITE INFORMATION.

This institution is an equal opportunity provider

School Info

1% Unflavored Fat Free Flavored Milk Offered each meal

The Bessemer City School System does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies: **Dr. Jameka Thomas, Section 504 & Title IX Coordinator**, 1621 – 5th Avenue North, Bessemer, Alabama 35021
Phone: 205.432.3028 Email: jathomas@besck12.org

DID YOU KNOW?

May's birthstone is the emerald, which represents love and success.

