

Lunch Meal Pattern - K- 8th

Select a minimum of 3 components

**meat/ meat alternative =**

Minimum 1oz daily

--lean meat, poultry, alternative protein,  
cheese, egg, nut butter, yogurt**Vegetable** = minimum 3/4 cup daily**Fruit** = minimum 1/2 cup daily

--fruit/juice

**whole grain rich (WG) selection (s) =**  
minimum 1oz daily

--bread, biscuit, roll, pasta, noodle, grain

**1 milk** = 1 cup

--fluid milk

1% and 1% chocolate served daily

# SCHOOL LUNCH HERO DAY

How will you celebrate  
your cafeteria staff on  
May 2nd?

#SchoolLunchHeroDay

SchoolLunchHeroDay.com

**This institution is an equal  
opportunity provider.**

**MAY 2025****CITY DAY****Lunch Calendar**

Mon	Tue	Wed	Thu	Fri
			1 Cheese Pizza Cucumber Slices Mango Sidekick RFS Chili Doritos	2 No School  <b>SCHOOL LUNCH HERO DAY</b>
5 Chicken Patty Wg Bun Romaine Salad Banana	6 Beef Pepperoni Calzone Ranchero Beans 100% Apple Juice	7 Turkey Corn Dog Steamed Corn Apple Slices	8 Chicken Tenders Dinner Roll Steamed Broccoli Mixed Fruit	9 Cheese Pizza Celery Sticks Roasted Red Pepper Hummus 100% Fruit Punch Wg Snack
12 Beef Hotdog Steamed Corn 100% Apple Juice	13 Turkey Sandwich Cucumber Slices Apple Slices Caramel Cup	14 Cheesy Bread w/Marinara Romaine Salad Chilled Pears	15 Popcorn Chicken Mashed Potatoes Sliced Oranges	16 Cheese Pizza Fresh Broccoli 100% Fruit Punch Wg Snack
19 Chicken Patty Wg Bun Romaine Salad 100% Apple Juice	20 Chicken Taco Tortilla Shell Steamed Corn Banana	21 Cheeseburger Wg Bun Baked Beans Apple	22 Cheese Pizza Celery Sticks Wango Mango Apple Slices Wg Snack	23  
26 	27	28	29	30