

Bok Academy Outdoor Leadership 2022-2023

Facilitator: Brian Harris

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Required Reading: A Land Remembered by: Patrick Smith

Grading: 9 Weeks = 60% Participation 30% Assessments 10% Prepwork

All Individual Assignment Grades Posted in Schoology

Interim & Final Grades Posted to FOCUS

Students Are Expected To.....

- Follow The Golden Rule... **Treat Everyone and Everything with Respect**
- Be on time and be prepared to perform when class begins.
1st Tardy Warning 2nd In Class Consequence 3rd Parent Contact 4th+ Office Referral
- Follow all instructions and procedures presented by Coach Harris.
- Ask questions and answer everyone's questions to the best of your ability.
- Work hard, participate, contribute to your team(s) and serve each other.
- Endure and work in uncomfortable weather, situations and conditions.
- Try new experiences and think outside the box.
- Strive to gain learning from their experiences, set goals and attain personal growth.

Purpose/Goal/Mission:

The purpose of this course is to provide students with the knowledge, wisdom and practice of team & leadership skills which when applied to their academic, social and future goals will equip them with the necessary components to learn, grow and achieve success in an array of situations. Students will be exposed to experiences in a wide variety of outdoors and adventure based activities which will allow for opportunity to apply, practice and test their leadership skills as a part of an outdoor team.

Facilitator's Role:

Coach Harris will provide a physically and emotionally safe environment for student learning and personal growth. He will present and model both soft and hard skills for critical leadership systems, techniques and thinking as well as provide experiences to enhance each topic. As a facilitator he will serve as a coach/transitional leader and avoid caretaking the students through their learning but instead provide them opportunity to fail, learn and succeed on their own.

“It is only in adventure that some people succeed in knowing themselves – in finding themselves.” Andre Gide

Instructional Technique:

- This course is an **Experiential Adventure Based Program**
- Students will learn and develop **Soft Skills and Hard Skills.**

Soft Skills are your leadership skills and include concepts such as trust building, communication and problem solving.

Hard Skills will be the specialized knowledge and skills needed to participate and excel in each individual outdoor and adventure based activity.

Soft Skill Areas Include But Not Limited To.....

- Journaling and Goal Setting
- Team and Family Dynamics
- Trustbuilding
- Commonly Accepted Leadership Skills
- Communication and Problem Solving

Hard Skill Areas and Experiences Include But Not Limited To....

- Low Ropes Course Problem Solving Challenges
- High Ropes Challenge Course
- Camping Fundamentals
- Survival Skills and Techniques
- Basic First Aid
- Fire Safety and Techniques
- Pioneering
- Orienteering
- Water Conservation, Collection and Use
- Meal Planning and Execution
- Rules of the Wilderness
- Rules of the Trail
- Knife and Ax Safety/Care
- Food Sources and Sustainability
- Canoe/Kayak and Water Safety
- Biking Fundamentals and Safety
- Leisure and Adventure Sports/Games



“The greatest adventure is what lies ahead.” J.R.R.Tolkien

Outdoor Leadership Philosophy:

- I. The Golden Rule: Treat Everyone and Everything the way you **need** to be treated
 - A. Everyone **needs** to be treated with **RESPECT**
 - B. Living this rule out is the foundation for the course and is key to all success
 - C. Put yourself in other's shoes
- II. What is a Leader?
 - A. Initiates (gets positive things started)
 - B. Facilitates (guides others to do for themselves)
 - C. Cooperates (serves other's needs and lets go of their own wants)
- III. What is not a Leader?
 - A. Doesn't Persecute
 - B. Doesn't Whine
 - C. Doesn't Rescue (enable, coddle, bailout, not allow failing to learn)
- IV. Trust + Cooperation = Fun (privilege) and Success