

# CONNECTING WITH THE SCHOOL COUNSELOR



**January 17, 2022  
Martin Luther King, Jr.,  
Day of Service**

**January is  
Get Organized Month**

Get organized this month  
and start with the area  
that really bothers you.

**HAPPY  
NEW  
YEAR**

*Happy, Healthy Kids TIP:*

Research suggests that 20 minutes of uninterrupted, quality time with your child is more valuable than hours spent together multi-tasking. This short burst of focused time together builds your connection and makes your child feel valued, important, and loved.

**We are Learning!**

**dependability** –to be counted on or trusted

**Think First & Stay Safe** –a research-based, teacher-friendly program that provides students with specific personal safety education. Under Erin's Law, schools are required to teach age appropriate personal safety in grades Pre-K -12. In Autauga County, we teach the body safety program Think First & Stay Safe.

**Let's CONNECT!**

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