

Union Heights Elementary School

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>4 Chicken biscuit or cereal</p> <p>1)Cheeseburger 2)Chicken patty sandwich Baked beans, French fries, fruit or juice choice</p>	<p>5 Breakfast pizza or cereal</p> <p>1)Teriyaki beef dunkers 2)Chicken breast fillets Roll, Green beans, Baby whole potatoes, fruit and juice choice</p>
<p>8 French toast sticks or cereal</p> <p>1)Chicken tenders 2)Baked Ham Roll, mashed potatoes, peas, fruit or juice choice</p>	<p>9 Chicken biscuit or cereal</p> <p>1)Pork BBQ sandwich 2) Pizza Green beans, French fries, fruit and juice choice</p>	<p>10 Yogurt/granola</p> <p>Breakfast for lunch Sausage, scrambled eggs, biscuit, gravy, tater tots, baked apples, tomatoes and juice choice</p>	<p>11 Apple fritter or cereal</p> <p>1)Grilled cheese sandwich 2)Mozzarella Breadsticks Homemade chili, corn, fresh veggies, fruit and juice choice Cookie</p>	<p>12 Sausage biscuit or cereal</p> <p>1)Crispy chicken sandwich 2)Hot dog w/chili Baked beans, French fries, fruit and juice choice</p>
<p>15 No school</p>	<p>16 Chicken biscuit or cereal</p> <p>1)Fish sticks 2)Corn dog nuggets Macaroni/cheese, pinto beans, fruit or juice choice</p>	<p>17 Waffle or cereal</p> <p>1)Popcorn chicken 2)Baked Spaghetti Garlic Toast, steamed broccoli, whole baby potatoes, fruit or juice choice</p>	<p>18 Breakfast pizza or cereal</p> <p>1)Grilled cheese 2)Quesadilla Tortilla Soup, Tortilla chips, fresh veggies, fruit, juice choice, cookie</p>	<p>19 Sausage biscuit or cereal</p> <p>1)Cheese burger 2)Crispy chicken sandwich Baked beans, French fries, fruit or juice choice</p>
<p>22 Apple Fritter or cereal</p> <p>1)Chicken breast fillets 2)Baked Ham Roll, sweet carrots, green beans, fruit and juice choice</p>	<p>23 Chicken biscuit or cereal</p> <p>1)BBQ Pork Nachos 2)Beef Tacos Queso cheese, Refried beans, corn, fruit and juice choice</p>	<p>24 Pancakes or cereal</p> <p>1)Pizza 2) Chicken tenders Steamed broccoli, French fries, fruit and juice choice</p>	<p>25 Breakfast pizza or cereal</p> <p>1)Grilled cheese 2)Cheesy breadsticks Tomato basil soup, Fritos, fresh veggies, fruit and juice choice</p>	<p>26 Sausage biscuit</p> <p>1)Cheeseburger 2)Corn dog nuggets French fries, baked beans, fruit and juice choice</p>
<p>29 Breakfast pancakes or cereal</p> <p>1)Cheese bites 2)Quesadilla Corn, steamed broccoli fruit and juice choice</p>	<p>30 Chicken biscuit or cereal</p> <p>1) Popcorn chicken 2)Beef bites w/gravy Mashed potatoes, peas, roll, fruit and juice choice</p>	<p>31 French toast sticks or cereal</p> <p>1)Cheeseburger 2)Turkey/cheese wrap Baked beans, French fries, fruit and juice choice</p>		

NEWS

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL.

MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.