

Coffee County Schools January Lunch

Some menu items are subject to change without notice.

You must select 3 to 5 of the following meal components: Milk, Fruit, Vegetable, Bread and Meat. A fruit or vegetable must be one of your choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 PROFESSIONAL DEVELOPMENT	4 Chicken Bites Black-eye Peas Orange Glazed Carrots Whole Grain Breadstick Fruit	5 Walking Taco Lettuce/Tomato Black Bean Salsa Whole Kernel Corn Rice Krispies Treat Fruit	6 Beef Tips Mashed Potatoes Green Beans Whole Grain Roll Fruit	7 Sub Sandwich with Sliced Tomatoes Romaine Salad Baked Chips Fruit
10 Chicken & Cheese Quesadilla with Salsa Refried Beans Mexicali Corn Fruit	11 Sausage Dog Pepper/Onions Romaine Salad Baked Beans Fruit	12 Hot Wings Potato Wedges Celery Sticks Whole Grain Roll Fruit	13 Chili Baked Potato Whole Kernel Corn Whole Grain Biscuit Fruit	14 Pizza Italian Salad Carrot Sticks with Ranch Fruit
17 SCHOOL HOLIDAY	18 Chicken Sandwich Lettuce/Tomato Sweet Potato Fries Corn on the Cob Fruit	19 Spaghetti with Meat Sauce Mixed Vegetables Roasted Potatoes Garlic Whole Grain Toast Fruit	20 Chicken Fajita Romaine Salad Black Bean Salsa Tortilla Chips Fruit	21 Corn Dog Celery Sticks with Ranch Baked Chips Fruit
24 Salisbury Steak Mashed Potatoes/Gravy English Peas Whole Grain Biscuit Fruit	25 BBQ Pork Sandwich Baked Beans Cole Slaw Fruit	26 Burrito Refried Beans Whole Kernel Corn Romaine Salad Fruit	27 Lemon Pepper Chicken Sweet Potato Broccoli with Cheese Whole Grain Roll Fruit	28 Cheeseburger Lettuce/Tomato Oven Fries Corn on the Cob Fruit
31 Chicken Stir Fry Steamed Broccoli Sliced Carrots Whole Grain Roll Fruit				