

Frazier Middle School May 2024 Lunch Menu



Director of Food and Nutrition: Kelly Calderone

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724-736-9507 x431



Daily Choices May Include:
 Grilled Chicken Patty Sandwich
 Cheeseburger or Hamburger
 Breaded Chicken Sandwich
 BBQ Rib on a Bun
 Spicy Chicken Patty Sandwich



If Pizza's available -may Include:

Pepperoni Pizza
 Cheese Pizza
 White Pizza



Whole Grains
 Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
		May 1st Mini Corn Dogs Green Beans Peaches Low/Non Fat Milk	May 2nd Salisbury Steak with Sliced Bread Mashed Potatoes with Gravy Mixed Fruit Low/Non Fat Milk	May 3rd General Tso with Rice Steamed Broccoli Mandarin Oranges Low/Non Fat Milk
May 6th Macaroni and Cheese with Bread Slice Mixed Vegetables Apple Low/Non Fat Milk	May 7th Walking Taco with Sliced Bread Golden Corn Mixed Fruit Low/Non Fat Milk	May 8th Cheeseburger or Hot Dog Baked Beans Applesauce Low/Non Fat Milk Cookout!	May 9th Meatballs with Marinara and Garlic Breadsticks Green Beans Peaches Low/Non Fat Milk	May 10th Pizza Steamed Carrots Pears Low/Non Fat Milk
May 13th Chicken Quesadilla Black Beans Mixed Fruit Low/Non Fat Milk	May 14th Popcorn Chicken Bowl with Bread Slice Steamed Corn Apple Low/Non Fat Milk	May 15th Pork Patty on Bun Green Beans Peaches Low/Non Fat Milk	May 16th Act 80 Day No School	May 17th No School
May 20th Pasta with Meatsauce and Bread Slice Steamed Carrots Apple Low/Non Fat Milk	May 21st French Toast Sticks with Sausage Patties Tator Tots Peaches Low/Non Fat Milk	May 22nd Fish Sandwich Golden Corn Applesauce Low/Non Fat Milk	May 23rd Lasagna Roll up with Garlic Breadstick Green Beans Mixed Fruit Low/Non Fat Milk	May 24th BBQ Rib on Bun Mixed Vegetables Pears Low/Non Fat Milk
May 27th Memorial Day Holiday No School	May 28th Cheeseburger on Bun Assorted Vegetables Assorted Fruit Low/Non Fat Milk	May 29th Chicken Patty on Bun Assorted Vegetables Assorted Fruit Low/Non Fat Milk	May 30th Turnaround Day	May 31st



*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar
 May includes:

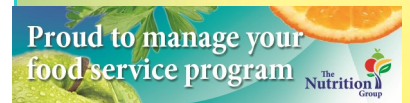
*Fruits may include:

Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber

Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce



Milk Choices Offered Daily:
 1% white and non fat flavored



Lunch Prices: Paid \$2.45 Reduced FREE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE