



FRAZIER SCHOOL DISTRICT
Inspire and Empower
PRE-K BREAKFAST MENU
NOVEMBER 2025



Menu Subject to Change

Frazier participates in CEP

All Student meals are Free

Adult Breakfast: \$2.95

Monday	Tuesday	Wednesday	Thursday	Friday
3 Trix Yogurt Belly Bears Assorted Fruit White Milk	4 Confetti Pancakes 100% Fruit Juice White Milk	5 Otis Spunkmeyer Muffin & Belly Bears Assorted Fruit White Milk	6 Soft Cinnamon Toast Crunch Bar 100% Fruit Juice White Milk	7 Egg, Sausage & Cheese Bagel Assorted Fruit White Milk
10 Cherry Frudel Assorted Fruit White Milk	11 	12 Cinnamon Roll Assorted Fruit White Milk	13 Cereal w/ Belly Bears 100% Fruit Juice White Milk	14 Pancake & Sausage On A Stick Assorted Fruit White Milk
17 Trix Yogurt w/Belly Bears Assorted Fruit White Milk	18 Chocolate Chip Mini Loaf 100% Fruit Juice White Milk	19 Super Bakery Banana Bread Slice Assorted Fruit White Milk	20 Apple Frudel 100% Fruit Juice White Milk	21 Dutch Waffle No added Sugar Assorted Fruit White Milk
24 Otis Spunkmeyer Muffin & Belly Bears Assorted Fruit White Milk	25 Chocolate Chip French Toast 100% Fruit Juice White Milk	26	27 	28
				

ITEMS PRE-K MAY HAVE

- Pancake & Sausage On A Stick
- Egg, Sausage & Cheese
- Sausage & Cheese Bagel
- Breakfast Pizza
- Belly Bears w/ Trix Yogurt
- All Ultra Bread Slices
- All 2 oz Muffins, Muffin Tops or Mini Loaf w/ Trix Yogurt
- Apple or Cherry Frudel
- Mini French Toast, Pancakes & Waffles
- Juice or 1/2 Cup of Fruit

NO CINNAMON ROLLS OR SWEET ROLLS
NO BENEFIT BARS

NO XXX SUGAR ON DUTCH WAFFLE
NO POPTARTS
NO CEREAL BARS
NO DONUTS
NO ZEE ZEE BAR

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk.

*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.

Food Service Manager

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