

# Veterans High School Adapted PE Syllabus

**Instructor:** Coach Goubeaux **Room:** Gym **E-mail:** [jamie.goubeaux@hcbe.net](mailto:jamie.goubeaux@hcbe.net)

## Course Description:

This course is designed to produce opportunities for students to develop the necessary skills, knowledge, and attitude to help students with disabilities participate in physical fitness and educational experiences that will make a significant contribution to healthy living and lifestyle choices. The student will be responsible for helping prepare activities, projects and participation daily.

## Course Objectives:

The student will participate in fitness activities with students with disabilities.

The student will be able to produce a lesson that is skill appropriate for students with disabilities.

The student will assist in transporting the students with disabilities to and from their classrooms.

The student will pursue physical activities that produce health-related fitness, relieve tension, and control weight in both school and non-school settings.

Analyze how activity participation patterns change throughout life and express strategies

to deal with these changes.

### Classroom Rules:

Follow all normal accepted behavior policies set forth by the classroom teacher, VHS, and the Board of Education.

**Be on time! Tardy Procedure: The school tardy policy in the student hand book will be followed. You may be required to assist the students to the gym and back.**

**You will not have to dress-out, however, you MUST wear appropriate shoes/clothes to be active on the gym floor.**

No food, drinks, or gum in class or gym. .

### Grading/Course Requirements:

#### Major Assessments 45%

##### \*Participation Grade

-determined by the daily participation of all activities. This grade will begin at 100 and is reduced by 5 points for each day a student does not participate in the daily responsibilities assigned.

#### Minor Assessments 20%

##### \*Teaching/Group project

-students will work in groups to plan out daily lessons and teach the class for one week. Students will be submitting lesson plans and leading classroom instruction.

#### Daily Work 15% \*Work Ethic

-determined by attitude and work ethic in daily responsibilities and going above and

beyond to meet the needs of the special education students.

### **Final Exam 20%**

**\*\*This course includes a cumulative exam at the end of the semester. The final exam during the first and second semester is worth 20% of the semester grade.**

### **Google Classroom**

To encourage blended learning, online assignments will be posted weekly through Google Classroom. At least one Google Classroom assignment per week will be graded and entered in Infinite Campus. Students should be familiar with how to navigate the online platform, communicate with their teacher, and submit assignments on time. If there are technology limitations, please notify the teacher.

### **Steps for Google Classroom Log-In:**

#### **Step One:**

Go to the county's website and click on SSO Portal.

Or, click on the link below:

[https://portal.hcbe.net/\\_auth/Login.aspx?ru=L3Nzby9wb3J0YWw=](https://portal.hcbe.net/_auth/Login.aspx?ru=L3Nzby9wb3J0YWw=)

#### **Step Two:**

Students should sign in using their school/county username and password. If you have questions on your username and password, please ask your teacher.

#### **Step Three:**

Students should click on the Google Classroom app.

#### **Step Four:**

Let's get to work! 😊 When they sign into Google Classroom, they should see several "classrooms". They simply click on 'JOIN' for each class.

**Cyberbullying:** As defined by Dictionary.com, "the act of harassing someone online by sending or posting mean messages." *Please keep in mind that the Google Classroom communication system is designed to work as an extension of the classroom; therefore, anything done on the site through the access of a school course group code will be treated the same as if it were said aloud in the classroom. Inappropriate comments or use of the site can result in disciplinary action.*

If your child has a medical condition that could be a concern during class, please describe the condition on this sheet.

I have read and understood all of the objectives, requirements, and expectations set forth by Coach Goubeaux for the 2020-21 Adapted PE Class.

Student's Name: \_\_\_\_\_ Parent's  
Name: \_\_\_\_\_ Date:

\_\_\_\_\_

\*\*Signed forms are due by Friday, August 6, 2021.