

# APRIL 2024 RAPPAHANNOCK COUNTY HIGH SCHOOL

Student Breakfast \$1.85 Student Reduced Breakfast FREE Adult Breakfast \$2.52

	Monday	Tuesday	Wednesday	Thursday	Friday
* * *	Break #2 No School!	Break #2 No School!	Sausage Gravy & Biscuit Bagel & Cream Cheese Cinnamon Toast Crunch Bar Fruit & Yogurt Parfait Muffin & Cereal Bar Fruit, Juice & Milk	Ham, Egg & Cheese Crois <mark>sant</mark> French Toast Sticks Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	Breakfast Pizza Glazed Doughnut Muffin, Cereal Bar Fruit, Juice & Milk
	Sausage Biscuit Egg & Cheese Burrito Muffin, Cereal Bar Fruit, Juice & Milk	Panther Sandwich *Pancakes & Toppings Bar Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	Sausage Gravy & Biscuit 0 Bagel & Cream Cheese Cinnamon Toast Crunch Bar Fruit & Yogurt Parfait Muffin. Cereal Bar Fruit, Juice & Milk	Steak, Egg & Cheese Croi <mark>ssant</mark> French Toast Sticks Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	Breakfast Pizza Glazed Doughnut Muffin, Cereal Bar Fruit, Juice & Milk
•	Sausage Biscuit Egg & Cheese Burrito Muffin, Cereal Bar Fruit, Juice & Milk	Panther Sandwich Cinnamon Roll Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	Sausage Gravy & Biscuit 7 Bagel & Cream Cheese Cinnamon Toast Crunch Bar Fruit & Yogurt Parfait Muffin. Cereal Bar Fruit, Juice & Milk	Ham, Egg & Cheese Croissint French Toast Sticks *Spicy Mango Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	Breakfast Pizza Glazed Doughnut Muffin, Cereal Bar Fruit, Juice & Milk
	Sausage Biscuit Egg & Cheese Burrito Muffin, Cereal Bar Fruit, Juice & Milk	Panther Sandwich 23 *Waffles & Toppings Bar Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	Sausage Gravy & Biscuit 4 Bagel & Cream Cheese Cinnamon Toast Crunch Bar Fruit & Yogurt Parfait Muffin. Cereal Bar Fruit, Juice & Milk	Chicken Croissant French Toast Sticks Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	Breakfast Pizza Glazed Doughnut Muffin, Cereal Bar Fruit, Juice & Milk
	Sausage Biscuit Egg & Cheese Burrito Muffin, Cereal Bar Fruit, Juice & Milk	Panther Sandwich Cinnamon Roll Smoothie Muffin, Cereal Bar Fruit, Juice & Milk	The single state of the same o		APRIL DAY

\*New Breakfast Menu Items – \*Pancakes & Toppings Bar, \*Spicy Mango Smoothie, \*Waffles & Toppings Bar

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager.

Register and create an account for your child at <a href="https://www.K12PaymentCenter.com">www.K12PaymentCenter.com</a> to add money and view purchases. "This institution is an equal opportunity provider."



# APRIL 2024

RAPPAHANNOCK COUNTY HIGH SCHOOL

Student Lunch FREE thru May 23, 2024 Adult Lunch \$4.31

### Monday

# Break #2 No School!

Chicken Nuggets & Roll8
PB&J Sandwich
Salad Bar, Baked Potato
Fries & Carrots
Fruit, Juice & Milk

\*Macaroni & Cheese
PB&J Sandwich
Salad Bar, Baked Potato
Fries & Carrots
Fruit, Juice & Milk
Asian Chicken Nuggets
Egg Roll
PB&J Sandwich
Salad Bar, Baked Potato

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Chicken Patty
PB&J Sandwich
Salad Bar, Baked Potato
Fries & Carrots
Fruit, Juice & Milk

Fries & Carrots

Fruit, Juice & Milk

## **Tuesday**

#### Break #2 No School!

Taco Tuesday - Walking <mark>Tacos</mark> PB&J Sandwich Salad Bar, Baked Potato Corn & Beans Fruit, Juice & Milk

Turkey Club Melt
PB&J Sandwich
Salad Bar, Baked Potato
Green Beans &
Sweet Potatoes
Fruit, Juice & Milk

Taco Tuesday – Walking <mark>Taco</mark> PB&J Sandwich Salad Bar, Baked Potato Corn & Beans Fruit, Juice & Milk

Mini Corn Dogs
PB&J Sandwich
Salad Bar, Baked Potato
Baked Beans &
Mashed Potatoes
Fruit, Juice & Milk

# Wednesday

Regular or Spicy Chicken Sandwich PB&J Sandwich Salad Bar, Baked Potato Broccoli & Potato Wedges Fruit, Juice & Milk

#### \*Chicken Fried Rice 10

PB&J Sandwich Salad Bar, Baked Potato Broccoli & Potato Wedges Fruit, Juice & Milk

\*Tex Mex Bowl
PB&J Sandwich
Salad Bar, Baked Potato
Corn & Beans

\*Chicken Alfredo & 24

Fruit, Juice & Milk

Garlic Knot
PB&J Sandwich
Salad Bar, Baked Potato
Green Beans & Sweet Potatoes
Fruit, Juice & Milk

### **Thursday**

Steak & Cheese Hoagie & Toppings Bar
PB&J Sandwich
Salad Bar, Baked Potato
Green Beans & Onion Rings
Fruit, Juice & Milk
Panther Bacon Cheeseburger
PB&J Sandwich
Salad Bar, Baked Potato
Green Beans &

\*Sweet Potatoes
Fruit, Juice & Milk
Sausage Patty &
French Toast Sticks
PB&J Sandwich
Salad Bar, Baked Potato
Broccoli & Hash Brown
Fruit, Juice & Milk
Sausage Patty

Sausage Futty
Sausage Gravy & Biscuit
PB&J Sandwich
Salad Bar, Baked Potato
Broccoli & Hash Brown
Fruit, Juice & Milk

# Friday

Cheese or Pepperon
Personal Pizza
PB&J Sandwich
Salad Bar, Baked Potato
Fries & Sweet Peas
Fruit, Juice & Milk
Pepperoni French Bread
PB&J Sandwich

Salad Bar, Baked Potato Fries &

\*Tomato Cucumber Salad

Fruit, Juice & Milk Pizza Sticks

PB&J Sandwich
Salad Bar, Baked Potato
Fries &

\*Tomato Cucumber Salad

Fruit, Juice & Milk

26

Pizza

PB&J Sandwich
Salad Bar, Baked Potato
Fries &

\*Tomato Cucumber Salad

Fruit, Juice & Milk

