



AUGUST 2023

Portage Area High School

Daily Entree Alternates:

Stuffed Crust Pizza

Buffalo Chicken Pizza

Chicken Salad

Blueberry Yogurt Parfait

Strawberry Yogurt Parfait

Adult Meal Price - \$4.75

Milk Offered Daily:
Fat Free or 1%

Monday

Tuesday

Wednesday

Thursday

Friday

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Deli Turkey & Cheese Croissant
Emoticon Fries
Fresh Sliced Celery
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk

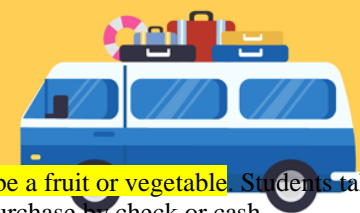
Taco Dip with Tostitos
Steamed Corn
Fresh Veggie Boat
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk

General Tso's Chicken with
Vegetable Fried Rice
Steamed Broccoli
Fresh Sliced Red Peppers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

Breaded Mozzarella Sticks
Steamed Green Beans
Pasta Salad
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk

Mustang Hoagie
Mixed Vegetables
Broccoli Salad
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk

Popcorn Chicken with
Garlic Breadstick
Sweet Potato Fries
Pasta Salad
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk



To qualify as a free lunch, students must take 3 (minimum) components, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>