

P.O Box 798 Laguna, NM 87026 Phone: (505) 552-6544 Fax: (505) 552-7533

September

ANNOUNCEMENTS

Color of the Month: Turquoise

⇒ 9/4– Labor Day (**No School**)

⇒ 9/5– Grandparent’s Day

⇒ 9/8—Encinal Feast

⇒ 9/18– Laguna Feast Parade

⇒ 9/19– Laguna Feast (**No School**)

⇒ 9/20 Professional Development Teachers (**No School**)

⇒ 9/25—Pagate Feast

- Parents, please wait at the bus stop **10 minutes prior** to their pick-up/drop-off times.
- Send backpacks with your child **daily** to help children keep their artwork, notes, folders, jackets, etc. together. Remember to check folders for any important information that may be sent home.
- **Reading Logs** are due at the end of each month, please remember to turn them into your child’s teacher (s).
- Please remember to **call-in** for child if they are going to absent from school.
- Parents, please bring your children to school **on time**. EHS start time is 8:45 am and PHS start time is 9:00 am. Breakfast is completed by EHS 9:30 am and PHS 9:45 am.
- Gentle reminder to parents/guardians to please **sign your child in/out** at the front office **before** heading to your child’s classroom, during AM drop-off and PM pick-up.



What's Inside

Early Head Start

- Sunside
- Turquoise Springs
- New York
- New Laguna
- Mesita

Pre-School Head Start

- Casa Blanca
- Village
- Seama
- Encinal
- Family Service Providers
- Education Manager
- ERSEA Coordinator
- Disabilities Services Coordinator
- Program Assistants

Welcome Laguna Division of Early Childhood Families to another amazing school year!

Laguna Division of Early Childhood (DEC) continues its long standing tradition and commitment to teaching language and culture through the integration of Laguna Cultural Lifeways Curriculum (customs and practices of a culture). This curriculum is designed to connect Laguna language and culture to the research-based guidelines of the 2010 Head Start Early Learning Outcomes Framework: Age Birth to Five. The Early Learning Outcomes Framework (ELOF) is grounded in a comprehensive body of research regarding what young children should know and be able to do during their formative years.

How Cultural Lifeways and Head Start Early Learning Outcomes Framework are aligned

ELOF Learning Outcome 1	ELOF Learning Outcome 2	ELOF Learning Outcome 3	ELOF Learning Outcome 4	ELOF Learning Outcome 5
A strong sense of identity	Connection to and contribution with their world	A strong sense of wellbeing	Confident and involved learners	Effective communicators
Cultural Lifeway Themes:	Cultural Lifeway Themes:	Cultural Lifeway Themes:	Cultural Lifeway Themes:	Cultural Lifeway Themes:
Self-identity; kinships; family; clans; what the colors on a belt represent	Identify their leaders and their contributions to the community; mountains are sacred; uses of the natural environment; different uses of pottery; planting; harvest; hunting	Learning to pray; greet one another; praying for the people; animals are a blessing	Identify musical instruments by listening to traditional songs and creating musical instruments; who the tribal officials are; throwing; traditional dancing	Learning words in the language for daily communication (days of the week, months; colors, expressing feelings, directions; greetings; Indian name; family members)
Classroom Activities	Classroom Activities	Classroom Activities	Classroom Activities	Classroom Activities
Creating a map of Laguna and surrounding villages; Kawaika bingo set; pictures of family/clans; participate in Laguna feast parade	Hands on pottery demonstration; tamale making demonstration; book making of feast days; read about traditional food/clothing	I love you rituals; identifying wild tea in the community and its uses; pick, bundle, boil, and taste tea; paint with tea	Moccasin demonstration; mama doll making; chili stew; bookmaking of village officials; Easter pudding making	Morning prayer; morning greeting; read aloud; singing songs; scavenger hunts; story telling

This has been a collaborative effort between the Office of Laguna Learning, and the Laguna Division of Early Childhood staff.

Sunnyside Classroom

Teacher Name (s): Andrea L. & Sandra L.

Phone: (505) 552-6544 **Ext:** 5201

Email (s): a.lucario@lagunaed.net

UPCOMING EVENTS

- 9/5 - Grandparents Day
- 9/13 - Nutrition Activity
- 9/18 - Laguna Feast Parade
- 9/26 - STEAM Activity

TIPS:

- Talk to your child
- Read to your child
- Sing to your child and play music

Classroom News!

We made it through the first month of school. The children are adjusting very well to the classroom and the staff. Our classroom is filling up with seven children enrolled. We welcome more children to join us.

The theme for the month is Routines and Seats. We will discover the different types of seat and how they help us go places. You will have the opportunity to find and discover the different types of seats you have at home.

The Culture theme is Feast Day. There are three feast days this month. We will have the opportunity to talk about the clothing that is worn when dancing. Will talk about the traditional food served in homes (name in Keres).

Achievements/ Milestones

The children are regulating their feelings with the help of teachers and other staff.

The children are getting into the routines of the classroom.

The children interacted with other children from the classrooms.

DATES TO REMEMBER/ STUDENTS CELEBRATIONS

Children learning the routines of the classroom

9/2 - Acoma Feast 9/8 - Encinal Feast

9/19 - Laguna Feast— No School

9/20— No School 9/25 - Paguete Feast

BIRTHDAYS

September 2—ZR & ZR



Classroom:
Turquoise Springs

September

Teacher (s): Candice and Marilou
Phone: (505) 552-6544 Ext: 5202
Email (s): c.lucero@lagunaed.net

• **Classroom Happenings -**

Theme: Routine and Seats-in the classroom we are still focusing on our daily routine; staying seated at the table during meal time.

Cultural Lifeways: Feast Days-prayers for the people; color for the month Turquoise; create a traditional food book; talk about the dances, the traditional clothing

Conscious Discipline: Unity

Nutrition: Guacamole Dip 9/13 in classroom activity

Outdoor learning: What is Nature? Children will observe some of the elements of the natural world

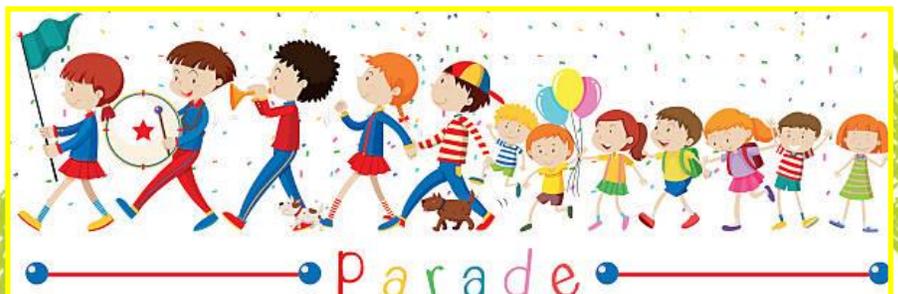


Vocabulary

- Manta
- Kilt
- Belt
- Moccasins
- Fox
- Bells
- Dress
- Shirt

Upcoming Events:

- ⇒ **Sept. 4** Labor Day Holiday – No School
- ⇒ **Sept.5** Grandparents Day
- ⇒ **Sept. 8** Encinal Feast
- ⇒ **Sept. 18** Laguna Feast Parade
- ⇒ **Sept. 19/20** Laguna Feast/ Teacher Professional Development (**No School**)
- ⇒ **Sept. 25** Paguete Feast



September

New Laguna Classroom



Teachers: Ms. Deutsawe & Royce Kie

Email (s): c.deutsawe@lagunaed.net /
r.kie@lagunaed.net

Phone: (505) 552-6544 Ext: 5108

Sight Words /Keres Words

Walking feet

Listening Ears

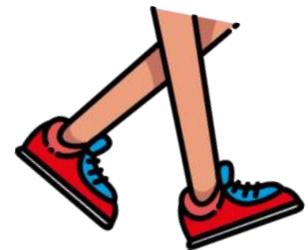
Quiet voices

Play together

Classroom News

What we're learning:

Here in New Laguna classroom we are "new" to school. This is their first time coming to school. We are learning daily routines and socialization with other children in the classroom. Our classroom, just started in the middle of August so we are excited to start do more activities when we get our routines down.



Reminders &

Parent Tips

I encourage parents to talk with their child when they get home about how their day was at school.

Ask, what did you do today? What did you enjoy about your day? What did you have to eat? Who are your new friends?



**BACK
TO
SCHOOL**



Upcoming Events:

Color month– Turquoise

September 5– Grandparents Day

September 18– Feast Day parade

September 19– Laguna Feast –**No School**

September 20– Teacher Professional Development—**No School**

September

New York Classroom

Classroom News -

What we're learning:

New York Classroom, has been receiving more children to the classroom.

We, are still in the phase of learning our classroom routine, classroom safety rules, and getting to know our new peers.

Wow! The month of August is almost gone and we will be entering September. We, will be getting ready for the Activities for the month, so be on a look out for information on what you can do for your child's classroom.

New York Classroom will be happy to have volunteers to assist with some of the learning activities. We would just like you to have fun, watching your child learn and grow.

LEARNING
IS
FUN

Teachers: Venessa Deutsawe

Email (s): v.deutsawe@lagunaed.net

Phone: (505) 552-6544 Ext: 5107

Sight Words /Keres Words

These are words that you can practice with your child at home.

Keres Name (if they have one)

The name of the villages:

Laguna

Seama

Paraje

Encinal

Casa Blanca

New Laguna

Mesita

Paguete

Naming Body Parts and Names of Family members in keres.

Let's all try and learn together with our children to try and speak our language.

Reminders & Parent Tips

Having children on a regular routine will help them transition to there new learning environment.

Upcoming Events:

September 4 -Labor Day - No School

Sptember 8 - Encinal Feast

September 19 -Laguna Feast - No school

September



Mesita Classroom

Teacher (s): Evelyn and Kay-Mani

Phone: (505) 552-6544 Ext: 5117

Email(s): e.garcia@lagunaed.net,
km.riley@lagunaed.net

Vocabulary

- Sit
- Seat
- Big
- Small
- Different type of seats/chairs and functions



A peek at learning:

Theme: Seats

Cultural Lifeways: Feast Days

Conscious Discipline: Power of Unity

Nutrition: Guacamole Dip

S.T.E.A.M.: What is Nature?

HAPPY
GRANDPARENTS
DAY



Children
made
Watermelon
Pizza 8/16



Upcoming Events:

9/5: Grandparents' Day

9/13: Guacamole Dip

9/26: What is Nature?

-Reminders- Parent Tips-

Continue to look in your child's backpack and folder for notes and information; also, any soiled clothing will be sent home in a plastic bag.

September

Casa Blanca Classroom (Bi-dzutraty'-au)

HAPPY
GRANDPARENTS
DAY



Teacher (s): Ms. Yvonne & Mariah W.

Phone: (505) 552-6544 Ext:5113

Email (s): y.francis@lagunaed.net /
m.whitmore@lagunaed.net

Keres Vocabulary

⇒ Indian name (s):

⇒ Villages:

- Laguna
- Mesita
- Paguete
- Encinal
- New Laguna
- Paraje
- Encinal
- Casa Blanca



A peek at learning:

Theme: Beginning of the year

Cultural Lifeways: Self-Identity Kinship

Conscious Discipline: I love you Rituals

Nutrition: Watermelon Pizza

S.T.E.A.M.– Using tools to explore nature



Upcoming Events:

September 5th- Grandparents day



September 18th– Laguna Feast Parade

September 19th– Laguna Feast No
School



Just a friendly
reminder...

-Reminders– Parent Tips-

Color of the Month: Turquoise

September

Village Room

Teachers: Faye Peacock & Raina Victorino

Email (s): l.peacock@lagunaed.net /
r.victorino@lagunaed.net

Phone: (505) 552-6544 Ext: 5114

Sight Words /Keres Words

Drum
Rattle
Bells
Flute-
Turquoise



• Classroom News -

What we're learning: Village Room is learning to follow classroom routines, sharing, learning our teachers and friends names and bus drivers. Learning new songs with finger movements.

New Theme for the Month: Making music, using native drum, bells, rattles, and other musical instruments

Color for the Month: Turquoise

Learning to dance Follow the Leader, Butterfly, Deer and Eagle and listening to the traditional songs.

Reminders & Parent Tips

- ◆ Check your child's folder for notes from your child's teacher.
- ◆ Call the school if your child is not attending school for the day, (appointments, feeling ill)
- ◆ Send a water bottle to school with your child we do go outside and they get thirsty or we go for walks.

Upcoming Events:

9/4/23: Labor Day—**No-School**

9/5/23: Grandparents Day

9/8/23: Encinal Feast

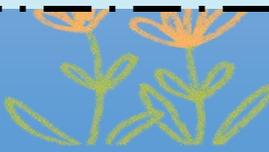
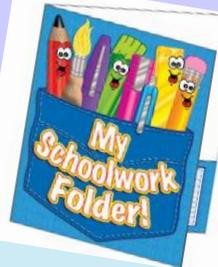
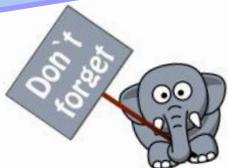
9/18/23: Laguna Feast Day Parade

9/19/23: Feast Day Laguna: **No School**

9/20/23: Professional Development: **No School**

9/25/23: Paguete Feast Day

Parents if you have any questions about what your child needs for their classroom, contact your child's teacher.



Encinal Classroom

Teacher Juana & Ms. Makayla

(505) 552-6544 Ext. 5010

j.natseway@lagunaed.net, m.sarracino@lagunaed.net



Keres Vocabulary

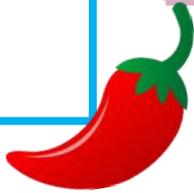
- | | |
|-----------|-------------|
| *Manta | *Kilt |
| *Belt | *Moccasins |
| *Fox tail | *Bells |
| *Dress | *Shirt |
| *Bread | *Chili |
| *Stew | *Cookies |
| *Pies | *Tamales |
| *Meat | *Indian tea |

A peek at learning:

Theme: Music Making. The children will learn more about the many ways of making and enjoying music as well as many of the jobs associated with music making in the community.

Cultural Lifeways: Feast Days. Children will learn why we celebrate feast days and watch demonstrations of tamales.

Conscious Discipline: Unity. The children will feel a sense of belonging to the school family through encouragement, engagement, and connection with peers and adults by having jobs, ritual, transitions, and ways to be helpful.



Upcoming Events:

- 9/4-Labor Day (No School)
- 9/5-Grandparents Day
- 9/8-Encinal Feast
- 9/13-Nutrition Activity: Guacamole Dip
- 9/18-Laguna Feast Parade
- 9/19-Laguna Feast (No School)
- 9/25 Pagate Feast
- 9/26-S.T.E.A.M. Activity: What is Nature?

-Reminders- Parent Tips-

**Parents please read to your child on a daily basis and log reading time.*



Don't Forget!

September

Seama Classroom

Teachers: Ms. Kayla & Ms. Carol

Email (s): ka.martinez@lagunaed.net /
c.day@lagunaed.net

Phone: (505) 552-6544 Ext: 5112

• Classroom News -

What a great start to the new school year! Children in Seama room have been working hard and getting our brains going again, as we prepare for Kindergarten. We've been learning self identity, behavior management of our self and others, Positive climate, Routines, and Laguna Keres language (family, villages and the color yellow). Learning our staff environment and taking school tours. Our daily schedule has been busy with a lot of activities like writing our first and last name, Identifying upper and lowercase letters. Refreshing numbers 1-20. Refreshing shapes and special shapes, and sequence reading. We were able to make Watermelon pizza during our Nutrition activity. The children enjoyed creating own pizza using blueberries, mint and bananas. September, we prepare for Music making, Feast day, Colors in nature, productivity, routines, unity. We look forward to a new month!



Sight Words /Keres Words

The, I, Me, You, It

Color of the month: Turquoise

Clothing: Manta, belt, kilt,
belt, moccasins, fox, bells, dress,
shirt

Parent Tips

Communicate with your child.

Be a role model of calm behavior.

Focus on routines.

Keep it fun and encouraging.

Thank you Parents for sending
your children to school daily.

We love having a full classroom.



Upcoming Events:

9/4/23 Labor day—No School

9/13/23 Nutrition activity Guacamole Dip

9/19/23 Laguna Feast—No School





Health Aide

Angelica Baca

Phone: (505) 552-6544 Ext. 5103 or (505)240-0793

Email: a.baca@lagunaed.net

Greetings,

My name is Angelica Baca, I am the newly hired Health Aide here at DEC. I work closely with all DEC staff and families to ensure that all health related concerns are handled with care, confidentiality, and in a timely manner. I hope everyone has a blessed year!

Healthy Snack Idea

Sea Turtle Themed Snacks for Kids

Ingredients:

- green apple
- 3 green grapes
- goldfish crackers
- 2 edible candy eyes
- Icing (any color)



Instructions:

- Start by cutting the apple in half from stem to stem and remove any seeds.
- Place the cut part of the apple down on your plate.
- Place one full grape on one end for the head and cut the other 2 grapes in half lengthwise for its legs.
- Put a dab of icing behind each eye and place them on the head grape.
- Cut a small triangle out of the remaining apple half for the tail.
- To complete, place fish crackers around the turtle and serve.

serve.

HEALTHY FALL HABITS

As summer comes to an end and school starts up, many students encounter issues with both their physical and mental health. Follow these tips to avoid falling ill with colds or the flu and to improve your mental health.

WASH UP



- After coughing or sneezing, before eating, whenever hands are thought to need it.

HYDRATE



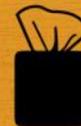
- Drink water
- Decrease caffeine intake
- Limit alcohol consumption

FRIENDSHIP



- Seeking social support through friendships is proven to reduce anxiety and depression.

COVER IT



- Cover your nose and mouth if coughing or sneezing. If using a tissue, throw it away immediately after use and wash hands.

EXERCISE



- Releases endorphins and serotonin
- Increases self esteem
- Enhances social connections

DISINFECT



- Using household disinfectant on kitchen and bathroom surfaces is proven to reduce risk of cold and flu.

VACCINATE



- Center for Disease control recommends the flu vaccination to prevent illness.

SLEEP



- National Sleep Foundation recommends 7-9 hours of sleep for young adults
- Good sleep reduces risk of sickness and improves mental health



Dear Parents/Guardians,

As we head into the fall season, this is a quick reminder to be mindful of the beginning of cold and flu season. It is important that we work together to keep our children healthy. Viruses/Common Colds spread easily among children in schools, and families with school-age children have more infections than others. You can help prevent the spread of flu and the common cold or help your child get better if he/she does get sick by following a few simple steps:

If possible, you and your child should get a flu shot to help prevent infection with the flu.

Remind your child to cover his/her nose and mouth with a tissue when sneezing or coughing and dispose of the tissue immediately.

Have your child wash his/her hands frequently with soap and warm water for at least 20 seconds.

Use hand sanitizer if soap and water are not available. Always follow with soap and water, as soon as it is available.

Disinfect frequently-touched surfaces and shared items at least once a day.

Teach your child not to touch his/her mouth, nose and eyes.

If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others.

Your child should be naturally fever free (temp below 100 degrees, without Tylenol or Motrin) for at least 24 hours before returning to school. This is very important!

A good rule of thumb is to keep your child at home if he or she has a fever of 100 degrees or more. When temperature is present in the morning prior to school (99.0 or greater) it will only climb higher as the day progresses. If your child has cold or flu symptoms as well, please do not give Tylenol or Motrin to cover the fever and send them to school. Also, when your child has a fever, he/she is even more at risk for other illnesses/ viral infections.

Flu is a serious illness and **children with the flu should not come to school**. Flu symptoms include fever, chills, cough, sore throat, headache, and muscle aches. You must contact the doctor with these symptoms. If you are unsure about the symptoms, contact your doctor early.

Cold symptoms include stuffy nose, sneezing, sore throat, and hacking cough. Colds often come on gradually, and are usually not serious. However, symptoms can become severe and you may need to keep your child at home to get rest and plenty of fluids to prevent worsening of symptoms. If you are treating the symptoms with "cold medicines" at home prior to school, please be sure that they are the non-drowsy type medicines so that your child will be able to stay awake. Save the "night time" medicines for bedtime. Again, if your child has a fever (100 degrees or more) he/she should stay at home until fever free for at least 24 hours. If your child does develop a fever along with cold symptoms, you will want to contact the child's doctor.

Angelica Baca

Health Aide



Disabilities Coordinator

Margaret Mascarenaz

(505) 552-6544 Ext. 5104

m.marscarenaz@lagunaed.net

Information

As the Disabilities Coordinator, I would like to take this opportunity to welcome all children and families to the Laguna Division of Early Childhood Program for this 2023-2024 Program Year!.

I have been so thrilled to visit in the classrooms and engage with all the children. As educators of young children, DEC education staff respect and honor parents/families as their children's first and most important teachers. You know your child best so if parents have any concerns regarding their child's development, in the areas of communication, development of large/small muscles, problem-solving or self-regulation, please speak to your child's teacher or you may call me directly to discuss any concerns and ways we can work as a team to ensure children that have any needs are supported for maximum growth and development.

**The idea behind early intervention is that a child's developmental delays can be addressed best when they are discovered early in a child's development.

Laguna DEC does work collaboratively with school and community partners to provide needed services for infants/toddlers and preschoolers.

Routines are important opportunities for Learning

Routines offer the chance for children to build self-confidence, curiosity, social-skills, self-control, communication skills and much more.

Examples of simple routines that can help learning:

- Playtime and mealtimes are two routines that are very social times for children and parents alike. Through talking, taking turns, sharing toys, learning to wait, young children learn important socials and communication skills that can help them in school situations.

PLEASE NOTE: Routines provide the two key ingredients for learning: **RELATIONSHIPS and REPETITIONS.** So, enjoy these "ordinary" moments with your child/children. If he/she is having fun with you, he/she is LEARNING, too!

Thank you. Have a wonderful month of September.

Grants/Cibola County Schools

Free Developmental Screening

Ages 3-21 years old

Your child's skill development will be screened in each of the following areas:

- Language and communication skill development
- **Cognition, problem solving, memory and thinking skills**
- **Social Behavior**
- **Motor (muscle and coordination) skills**

If you suspect your child has learning concerns or issues, including giftedness, and you would like to have your child's skills screened, please call **Desiraye Lopez 285-2643** to make an appointment. The following dates are when these screenings will be conducted.

Tuesday, October 3, 2023
Special Education Complex
9:00 - 2:00

Tuesday, October 17, 2023
Laguna/Acoma Middle/High School
9:00-2:00

Thursday, January 18, 2024
Special Education Complex
9:00 - 2:00

Please make an appointment. All screenings are free. Parents will be informed of screening results at the conclusion of the screening session.

The screening will be conducted by a team of G/CCS employees.

*Child find screenings do not take the place of MLSS (Multi-layers System of Supports) in the schools, but can be included in the MLSS process as a supporting document.





ERSEA Coordinator / Child Care Manager

Melanie Sarracino

(505) 552-6544 Ext. 5004

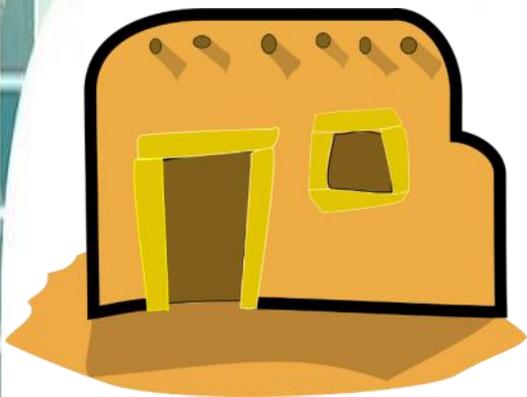
me.sarracino@lagunaed.net

Greetings! My name is Melanie Sarracino and I am the new ERSEA Coordinator and Childcare Manager for the Division of Early Childhood (DEC). It is a pleasure to be working with all the families and their children this school year. Both of my daughters participated in the DEC program beginning with Home Base in Early Head Start, then Pre-school Head Start. Childcare was also very helpful for us because we were a working household family.

Moving forward, I will be overseeing the recruitment of students along with childcare services for the families as requested. We are excited to be this far into the school year already! Spaces are still available for children to enroll. Applications can be found on the Laguna Department of Education website (www.lagunaed.net), you can stop by the school to pick one up, or stop by our booth at one of the upcoming feast days this month: Encinal 9/8 and Paguate 9/25.

Tours of the DEC campus are available, please contact me to schedule an appointment.

Lastly, morning and afternoon Childcare services are available to students enrolled in the DEC program. Morning hours are from 7:30am until 9am and afternoon hours vary from 2pm until 5pm or 3:30pm until 5pm pending the program your child(ren) is currently enrolled in.



DEC Family Service Providers

Tiffany Touchin: (505) 552-6544 Ext: 5003

Program Cell: (505) 220-2549

t.touchin@lagunaed.net

Kathleen Herrera: (505) 552-6544 Ext: 5105

Program Cell: (505) 290-9163

k.herrera@lagunaed.net

- Plans are under way to set dates for our Parent Education Meetings, Parent Education and Father Involvement. Check your email or text messages. If you have a new phone number or email, please inform your Family Service Provider and the DEC school.
- FSP's will continue to make contacts with Families to meet at least once a month, at home or at the DEC school.
- REMINDER ATTENDANCE AND COMING TO SCHOOL ON TIME IS IMPORTANT. Call the school if your child will be absent.
Dates to remember: Sept. 4.....Holiday...Labor Day

Sept. 19.....Holiday...Laguna Feast

Sept. 20..... Professional Development

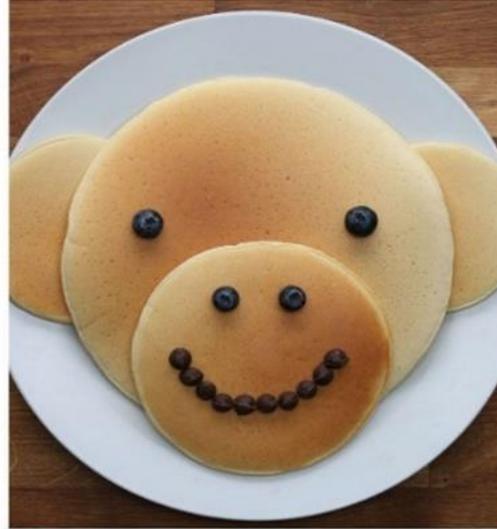
Pancakes with Grandparents

Early Head Start – September 05, 2023

Time: 8:45am-9:15am

All EHS Classrooms

Location: EHS Classrooms



ANIMAL PANCAKES



Any questions, please contact Tiffany or Kathleen

@ (505) 552-6544





Pancakes with Grandparents

Preschool Head Start – September 06, 2023

Time: 9:05a-9:35am	Village & Casa Blanca	Location : PRC
Time: 9:35am-10:05am	Seama & Encinal	Location: PRC



ANIMAL PANCAKES



Any questions, please contact Tiffany or Kathleen @ 552-6544

