

## ISOLATION-POSITIVE FOR COVID

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It is mandatory for Vidalia City Schools staff and students to isolate according to DPH recommendations if you have received a positive COVID test.

### Isolate for 5 days:

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From the start of symptoms

**OR**

From the date of your positive COVID test if you are not showing any symptoms

### Return to activity after 5 days:

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If you are not showing any symptoms or have had no fever for 24 hours without the use of fever reducing medications (Tylenol/Ibuprofen/etc.) on the 6th day.

**OR**

Continue to isolate:

If you have ongoing COVID symptoms. (Isolate until fever free for 24 hours and symptoms are resolving)

*(After ending isolation on day 5 it is recommended to wear a mask around others for 5 additional days.)*

## QUARANTINE- EXPOSED TO COVID

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**Per DPH, it is no longer a requirement to contact trace within the school setting.**

However, when a school is notified of a positive case, that has been within the school setting over the past 48 hours, we will notify you of the positive case by letter. Please check with your child daily about possible letters they have received concerning COVID. It will be the parent/guardian choice to quarantine the student or send them to school and monitor daily for symptoms.

Phone contact may be made if the school administration or the school nurse feels it is necessary due to the situation or highly compromised student health concerns.

If you choose to quarantine your student, please notify your school of this decision. Monitor them daily for any symptoms of COVID.

If you choose to allow your child to return to school, it is recommended that the student wear a mask for the next 10 days. Please monitor daily for any symptoms of COVID. If any symptoms are noted, please quarantine your child at home and inform your child's school.

***If you have been exposed it is NOT mandatory to get tested to return to school.***

If you do choose to test, please **DO NOT** return to school until you have received your COVID test results and reported your test results to the school.

**As of January 13, 2022, these are the current DPH recommendations for exposure.**

**If you have been vaccinated or received a booster:**

If you have been vaccinated within the last 6 months with the Moderna or Pfizer or within the last 2 months with the Johnson & Johnson or have received a booster within 6 months or have been COVID positive in the last 6 months you DO NOT need to quarantine. It is recommended to wear a mask for 10 days and monitor for symptoms.

If you are vaccinated or boosted and develop symptoms you should quarantine for 5 to 10 days until symptoms resolve.

**If you are not vaccinated or have not received a booster:**

If it has been longer than 6 months since your Moderna or Pfizer vaccine, or longer than 2 months for your Johnson & Johnson vaccine, or if you have not received a booster within the last 6 months:

- Quarantine at home for 5 days. Then wear a mask while around others for 5 additional days.
- If you develop symptoms you should quarantine for 5 to 10 days until symptoms resolve.

**It is NOT mandatory to test to return to school.**

However, per DPH, if you choose to get tested for COVID, do not test until 5 days after exposure or after symptoms start. (DO NOT return to school until you have received your child's COVID test results and reported them to your child's school.)

**This protocol is subject to changes as recommendations from the DPH are altered.**