# Amite County Elementary School

 September 2021 Lunch Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | Sep - 1Hot GritsScrambled EggsYogurt ToastHashbrown PotatoesCucumber Slices W/DiFruit JuicesMilkKetchup1 Jelly 1 | Sep - 2Chicken NuggetsFriesBlack-Eyed PeasChilled FruitMilkKetchup 2Variety of Dipping Sauce 1 | Sep - 3Beefy Nachos GrandeWhole Kernel CornTossed Salad Creamsicle DessertChilled FruitMilkSour Cream 1Taco Sauce 1 |
| Sep – 6School Holiday | Sep - 7Hamburger Ranch FriesBaked BeansChilled FruitMilkKetchup 3 Mustard 1Mayonnaise 1 | Sep - 8Pepperoni Pizza Tater TotsCalifornia VeggiesFrozen Fruit Juice CupMilkKetchup 2 | Sep - 9Spaghetti & Meat SauceGarlic ToastGreen BeansJello with ToppingChilled FruitMilk | Sep - 10Chicken FajitasCheesy BroccoliChips/SalsaFruit CrispMilkSour Cream 1Taco Sauce 1 |
| Sep - 13Chicken TendersMashed Potatoes / GravyGlazed CarrotsRollChilled FruitMilkVariety of Dipping Sauce 1Ketchup 1 | Sep - 14Sloppy Joe on BunFrench FriesConfetti ColeslawOR Chef SaladChilled FruitMilkKetchup 2Mayonnaise 1 | Sep - 15Stuffed Crust PizzaCorn on the CobLima BeansChocolate Chip CookieFrozen Fruit Juice CupMilkKetchup 2  | Sep - 16Mandarin ChickenStir Fried RiceMixed VegetablesCucumber Slices /DressingPuddingChilled FruitMilk | Sep - 17Glazed BBQ Meatballs ORSweet Chili MeatballsRollPotato WedgesSpinach SaladChilled FruitMilk Ketchup 2 |
| Sep - 20Chicken and WafflesFriesBlack-Eyed PeasChilled FruitMilkKetchup 2 | Sep - 21Corn DogSweet Potato FriesGreen PeasORChef SaladChilled FruitMilkKetchup 2 Mustard 1 | Sep - 22Personal Pan PizzaTater TotsCalifornia VeggiesFrozen Fruit Juice CupMilkKetchup 2 | Sep - 23Red Beans and Rice with SausageCornbreadMustard GreensYam PattiesChilled FruitMilk | Sep - 24Soft Beef Taco Mexicali CornJello with ToppingFruit JuicesMilkSour Cream 1 |
| Sep - 27Scrambled EggsHot GritsBaconToastHashbrown PotatoesCucumber Slices/DressingChilled FruitMilkKetchup | Sep - 28Spicy or Grilled Chicken SandwichSpicy FriesSteamed BroccoliORChef SaladChilled FruitMilkKetchup 2 Mustard 1Mayonnaise 1 | Sep - 29Mexican PizzaTater TotsLima BeansJello with ToppingFruit JuicesMilkKetchup 2 | Sep - 30Hamburger SteakRice / GravyCornbreadCabbageCarrotsChilled FruitMilk |  |

 Amite County Schools are Offer vs Serve schools

Milk served daily: fat-free Chocolate and low-fat White Milk

Menu subject to change due to unforeseen circumstances

This institution is an Equal Opportunity Provider

 This means we offer five components for the lunch meal:

 Meat/Meat alternative, Grain, Vegetable, Fruit, Milk

 Students are encouraged to select all five components

However; students are required to select three components

 with ONE of those three being a fruit or a vegetable.