# Amite County Elementary School

September 2021 Lunch Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | Sep - 1  Hot Grits  Scrambled Eggs  Yogurt  Toast  Hashbrown Potatoes  Cucumber Slices W/Di  Fruit Juices  Milk  Ketchup1 Jelly 1 | Sep - 2  Chicken Nuggets  Fries  Black-Eyed Peas  Chilled Fruit  Milk  Ketchup 2  Variety of Dipping Sauce 1 | Sep - 3  Beefy Nachos Grande  Whole Kernel Corn  Tossed Salad  Creamsicle Dessert  Chilled Fruit  Milk  Sour Cream 1  Taco Sauce 1 |
| Sep – 6  School Holiday | Sep - 7  Hamburger  Ranch Fries  Baked Beans  Chilled Fruit  Milk  Ketchup 3 Mustard 1  Mayonnaise 1 | Sep - 8  Pepperoni Pizza  Tater Tots  California Veggies  Frozen Fruit Juice Cup  Milk  Ketchup 2 | Sep - 9  Spaghetti & Meat Sauce  Garlic Toast  Green Beans  Jello with Topping  Chilled Fruit  Milk | Sep - 10  Chicken Fajitas  Cheesy Broccoli  Chips/Salsa  Fruit Crisp  Milk  Sour Cream 1  Taco Sauce 1 |
| Sep - 13  Chicken Tenders  Mashed Potatoes / Gravy  Glazed Carrots  Roll  Chilled Fruit  Milk  Variety of Dipping Sauce 1  Ketchup 1 | Sep - 14  Sloppy Joe on Bun  French Fries  Confetti Coleslaw  OR  Chef Salad  Chilled Fruit  Milk  Ketchup 2  Mayonnaise 1 | Sep - 15  Stuffed Crust Pizza  Corn on the Cob  Lima Beans  Chocolate Chip Cookie  Frozen Fruit Juice Cup  Milk  Ketchup 2 | Sep - 16  Mandarin Chicken  Stir Fried Rice  Mixed Vegetables  Cucumber Slices /Dressing  Pudding  Chilled Fruit  Milk | Sep - 17  Glazed BBQ Meatballs OR  Sweet Chili Meatballs  Roll  Potato Wedges  Spinach Salad  Chilled Fruit  Milk  Ketchup 2 |
| Sep - 20  Chicken and Waffles  Fries  Black-Eyed Peas  Chilled Fruit  Milk  Ketchup 2 | Sep - 21  Corn Dog  Sweet Potato Fries  Green Peas  OR  Chef Salad  Chilled Fruit  Milk  Ketchup 2 Mustard 1 | Sep - 22  Personal Pan Pizza  Tater Tots  California Veggies  Frozen Fruit Juice Cup  Milk  Ketchup 2 | Sep - 23  Red Beans and Rice with Sausage  Cornbread  Mustard Greens  Yam Patties  Chilled Fruit  Milk | Sep - 24  Soft Beef Taco  Mexicali Corn  Jello with Topping  Fruit Juices  Milk  Sour Cream 1 |
| Sep - 27  Scrambled Eggs  Hot Grits  Bacon  Toast  Hashbrown Potatoes  Cucumber Slices/Dressing  Chilled Fruit  Milk  Ketchup | Sep - 28  Spicy or Grilled Chicken Sandwich  Spicy Fries  Steamed Broccoli  OR  Chef Salad  Chilled Fruit  Milk  Ketchup 2 Mustard 1  Mayonnaise 1 | Sep - 29  Mexican Pizza  Tater Tots  Lima Beans  Jello with Topping  Fruit Juices  Milk  Ketchup 2 | Sep - 30  Hamburger Steak  Rice / Gravy  Cornbread  Cabbage  Carrots  Chilled Fruit  Milk |  |

Amite County Schools are Offer vs Serve schools

Milk served daily: fat-free Chocolate and low-fat White Milk

Menu subject to change due to unforeseen circumstances

This institution is an Equal Opportunity Provider

This means we offer five components for the lunch meal:

Meat/Meat alternative, Grain, Vegetable, Fruit, Milk

Students are encouraged to select all five components

However; students are required to select three components

with ONE of those three being a fruit or a vegetable.