Community Resources

Food

Description	Contact Information
Since 1965 when we first opened our doors in order to combat	165 Amber Lane Wilkes-Barre, PA 18702
of individuals and families improve their circumstances	Phone: 570-826-0510
*housing and energy help as well	https://www.ceopeoplehelpingpeop e.org/
-	. *
Provides help in finding food	Call 1-800-548-6479
programs in your area.	https://www.foodpantries.org/
It provides help finding free or	https://www.fns.usda.gov/
It provides help finding free or low-cost meals.	https://www.fns.usda.gov/
	Since 1965 when we first opened our doors in order to combat poverty, we have helped thousands of individuals and families improve their circumstances *housing and energy help as well Provides help in finding food pantries and food assistance

Housing

Resource	Description	Contact Information
Commission on Economic Opportunity (CEO) Commission on Economic Opportunity People Helping People.	Housing CEO, a HUD-Approved Comprehensive Counseling Agency, works with renters and homeowners facing housing difficulties. Housing options are explored matching available community resources for low-to-moderate income families with children and fixed income senior citizens. Energy Assistance This program provides financial assistance to individuals and families who are unable to pay fuel bills, have had utilities shut off or are in need of emergency fuel supplies or furnace repairs. Referral is made to our	165 Amber Lane Wilkes-Barre, PA 18702 Phone: 570-826-0510 https://www.ceopeoplehelpingpeop e.org/

	weatherization program to promote energy conservation Homeless Assistance CEO is the lead agency in Luzerne County's plan for a coordinated response to the issue of homelessness. Case management services are provided to address the crisis of homelessness and to prevent its recurrence.	B
PAHousingSearch.com PAHousingSearch.com	PAHousingSearch.com is a free resource to help you find a home that fits your needs and budget. Property providers can list available apartments or homes at any time, which means the listings are Current.	http://www.pahousingsear ch.com/index.html 1-877-428-8844
PathStone PathStone Connecting You to Opportunities	PathStone Housing Services promotes access to personal counseling and financial resources designed to stabilize living environments and support economic security.	http://www.pathstone.org/ 1-800-888-6770

Social Services

Resource	Description	Contact Information
Children's Service Center	As a mental health care system, we	335 S Franklin Street
(Wilkes-Barre)	at Children's Service Center are deeply committed to the wellness of	Wilkes-Barre, PA 18702
	young people in our community. Our	Phone: 570-825-6425
(services are designed to meet the individualized needs of children,	www.cscwv.org
Children's	adolescents, and their families.	www.coowworg
Service an integrated	Children's Service Center's	
Center behavioral health organization	Assessment, Crisis, and Referral Services are staffed 24-hours a day,	
Contexed on the very best health"	seven days a week, by psychiatric	
	professionals for initial assessment and referral. We accept BC/BS,	
	most indemnity insurance plans,	
	CHAMPUS, Medical Assistance,	
	and are a preferred provider for several managed care organizations	
	and HMO plans.	
	Children's Service Center offers a	
	variety of services across a	
	continuum of care from least restrictive to residential. For more	

	information regarding our services please feel free to navigate our website.	
Domestic Violence Service Center DOMESTIC VIOLENCE SERVICE CENTER a path to safety and a shelter from abuse	The mission is to work toward the elimination of domestic violence.	https://www.domesticviole nceservice.org/ 1-800-424-5600
Dress for Success DRESSFORSUCCESS* Going Places. Going Strong.	Dress for Success is a global nonprofit organization that provides professional attire for low-income women, to help support their job-search and interview	38 W Market Street Wilkes-Barre, PA 18701 Phone: 570-270-4949 https://dressforsuccess.org/
Pennsylvania Department of Human Services County Assistance Office Contact Information	Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.	https://www.compass.dhs.pa.gov/hc me/#/ 1-866-220-9320 1-570-826-2100
Step By Step, Inc.	In Luzerne County, Step By Step, Inc. offers developmental disability services, vocational rehabilitation services, and behavioral and mental health services.	https://www.stepbystepusa.com/ 1-570-829-3477
Social Security Administration Social Security	The Social Security Administration offers a listing of local offices and resources where individuals can apply for Social Security benefits.	https://www.socialsecurity. gov/ 1-800-772-1213
USA Hello	Offers resources on education, employment, citizenship, and resettlement for immigrant and refugee families.	https://usahello.org/
The United Way of Wyoming Valley United Way of Way Way Wyoming Valley	The United Way of Wyoming Valley focuses on making an impact through local programs that support on our four signature impact areas: education, financial stability, health, and safety net.	100 N Pennsylvania Avenue 2nd Floor Wilkes-Barre, PA 18701 Phone: 570-829-6711 Fax: 570-822-0522 https://www.unitedwaywb.org/

Volunteers of America Pennsylvania VOA 125+ Years Strong VOA Volunteers of America PENNSYLVANIA	Volunteers of America Pennsylvania provides people in need with support, skills, and tools that lead to individual empowerment, self-sufficiency, and Stability.	https://www.voapa.org/ 1-570-825-5261
Women's Resource Center of NEPA	The Women's Resource Center provides comprehensive services for female and male victims of domestic violence, sexual assault, dating violence and stalking in Lackawanna and Susquehanna Counties. Our services include a crisis hotline, crisis counseling, emergency shelter, safe housing, legal services, support services, community education and advocacy.	P.O. Box 975 Scranton, PA 18501 Phone: 570-346-4671 or 800-257-5765 https://wrcnepa.org/

Employment

Resource	Description	Contact Information
CareerLink (Wilkes-Barre) Pennsylvania CareerLink Wilkes-Barre	The PA CareerLink® Luzerne County at Wilkes-Barre is the connecting link between hundreds of county residents who come to the PA CareerLink® weekly to search for jobs, upgrade their skills and look for new careers and Wilkes-Barre businesses that want to hire them. In addition to these vital services, the PA CareerLink® provides much more. People who come to the PA CareerLink® can use a variety of services and our information specialists are there to help you every step of the way, all at no cost!	32 E Union Street Wilkes Barre, PA 18701 Phone: 570-822-1101 https://careerlinkwilkesbarre.org/
OneSource OneSource	At OneSource, we're not just an employment agency, we want you to find the right job opportunity to help you achieve your goals. Here, you are more than you resume or your list of skills. You are a member of our team and your success is our priority.	https://www.onesourcestaffing.com/
United States Department of Labor	As an organization with diverse functions, the U.S. Department of Labor carries out its mission through a number of offices and agencies. These are	https://www.dol.gov/ 1-866-487-2365 1-866-4-USA-DOL

	organized into major program areas, and headed by an Assistant Secretary or other official.	
World Education Service	For those with higher education (education beyond the secondary level) degree moving to Pennsylvania, you can get a credential evaluation	https://www.wes.org/
Upwardly Global	For those with a higher education (education beyond the secondary level) degree moving to Pennsylvania assistance in finding a job online	https://www.upwardlyglobal.org/

Health Resources

Resource	Description	Contact Information
Benco Dental Clinic Benco Dental County Community College	The Dental Hygiene Program at LCCC provides dental hygiene care at the Benco Dental Health Clinic four to five days a week from September through April. The 24-chair state-of-the-art Clinic is located in the Francis S. and Mary Gill Carrozza Health Sciences Center at 42 East Main Street in Nanticoke (on the corner of East Main Street and Broadway Street). It is staffed by licensed dental hygienists and dentists. The dental hygiene students demonstrate competency in all clinical skills before providing patient care.	https://www.luzerne.edu/about/benc o.jsp
Car Seats / Bike Helmets	Provides information on child passenger safety laws, car seats and bike helmets.	Call 1-800-683-5100 www.pasafekids.org www.nhtsa.gov Llame al 1-800-683-5100

SAFE K:DS PENNSYLVANIA		
Childhood Lead Poisoning Commonwealth of Pennsylvania	Provides information on lead poisoning and testing	https://www.pa.gov/agencies/health diseases-conditions/lead-poisoning html Call 1-800-440-LEAD (5323)
Cribs for Kids Cribs for Kids Helping every baby sleep safer	Provides infant safe sleep guidelines and educational materials and assists with portable cribs for families in need.	www.cribsforkids.org
Free Clinic Association of Pennsylvania	Free & Charitable Clinics are safety-net health care organizations that utilize a volunteer/staff model to provide a range of health services.	https://www.pacharitablehealth.org
PCHC Pennsylvania Charitable Healthcare Coalition		
Kaleidoscope Family Solutions, Inc. Kaleidoscope	Kaleidoscope Family Solutions, Inc. is a Medicaid approved provider who supports individuals with intellectual and developmental disabilities.	https://www.kfamilysolutions.org/ 1-877-384-1729
Pennsylvania Department of Health (DOH)	The mission of the Pennsylvania Department of Health (DOH) is to promote healthy behaviors, prevent injury and disease, and to assure the safe delivery of quality health care for all people in Pennsylvania. Our goal is to create a healthy Pennsylvania for all.	www.health.pa.gov

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Pennsylvania Department of Health, Health Services Locator Commonwealth of Pennsylvania	The Health Services locator is available to assist in finding Pennsylvania healthcare facilities within your county or region.	http://www.health.pa.gov/ Go to Healthcare Facilities, Laws and Regulations, Outpatient Facilities, Health Care Facility Locator
Planned Parenthood	Resource offering Women and Men's health care, general health care, birth control, HIV testing, STD testing treatment vaccines, LGBT services, and pregnancy services.	63 N Franklin Street Wilkes-Barre, PA 18701 Phone: 570-824-8921 https://www.plannedparenthood.org
National Hispanic Family Health Helpline National Alliance for Hispanic Health® www.healthyanuericas.org	Provides community health services and information	Call 1-866-783-2645 https://www.healthyamericas.org/
Nurse-Family Partnership (NFP) Nurse-Family Partnership Hoping First Time Parents Succede	Free help for first-time moms in 50 Pennsylvania counties. NFP is a parent support program that pairs you with a free personal nurse who can help you have a healthy pregnancy and provide advice and support as you care for your new baby.	https://www.nursefamilypartnership org/

Mental Health & Support

Resource	Description	Contact Information
Luzerne County Mental Health and Developmental Services	Luzerne County Mental Health and Developmental Services offer mental health, developmental, and early	https://www.luzernecounty.org/466/ Mental-Health-Developmental-Servi ces
Turnaura	intervention services.	1-800-816-1880
Luzerne County Pensylenia - Euridalina 1786		1-570-825-9441
Mental Health Association in PA	Provides help finding behavioral/mental health services	Call 717-346-0549
Mental Health Association in Pensylvania An Alfillate of Mental Health America	and supports.	https://mhapa.org/

Mental Health Services	Provides help in finding mental health services.	Call 1-800-692-7462 www.dhs.pa.gov (Type Mental Health Services in search box)
Postpartum Support International POSTPARTUM SUPPORT INTERNATIONAL	Provides a "Get Help Warmline," confidential information, and local referral services for those suffering from anxiety and depression during pregnancy and postpartum.	Call 1-800-944-4773 Text "Help" to 800-944-4773 English Text en Español: 971-203-7773 www.postpartum.net
The Substance Abuse and Mental Health Services Administration Sevices Administration	This organization offers a "behavioral health treatment locator" through which the user can search for a provider by address or zip code. The agency also offers a national helpline that provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week.	https://findtreatment.samh sa.gov/ 1-800-662-4357

Insurance/Health Care

Resource	Description	Contact Information
APPRISE Commonwealth of Pennsylvania	This free health insurance counseling program is designed to help Pennsylvanians who are 65 years of age or older with Medicare.	https://www.pa.gov/agencies/aging. html 1-800-783-7067
Children's Health Insurance Program (CHIP) Commonwealth of Pennsylvania	Provides help in finding free or low cost medical insurance for children from birth to age 19	Call 1-800-986-KIDS www.chipcoverspakids.com
COMPASS COMPASS CLICK. APPLY. BENEFIT.	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs	www.compass.state.pa.us

HealthCare.gov HealthCare .gov	HealthCare.gov is the health insurance exchange website operated under the United States Federal Government under the provisions of the Patient Protection and Affordable Care Act.	https://www.healthcare.gov/ 1-800-318-2596
Healthy Beginnings Plus	Provides help in finding health care for pregnant women.	Call 1-800-692-7462 www.dhs.pa.gov (Type Healthy Beginnings Plus in search box)

Education, Parenting, and Child Care

Resource	Description	Contact Information
ABC Mouse	Free for 30 days — 10 Levels. Over 850 Lessons. More than 9,000 Individual Learning Activities	https://www.abcmouse.com/abc/
Car Seat Loan Program by County Traffic Injury Prevention Project	Active Car Seat Loan Programs allow individuals to search by county.	http://www.pakidstravelsafe.org
CONNECT Helpline:	The CONNECT Helpline assists families in locating resources and providing information regarding child development for children from birth to age five. In addition, CONNECT can assist parents by making a direct link to their county early intervention program or local preschool early intervention program.	1-800-692-7288
Dolly Parton's Imagination Library	Children can receive free books once a month up until year 5.	https://imaginationlibrary.com/

Education NATIONAL LITERACY DIRECTORY	Provides help in finding reading and writing, GED, and ESL (English as Second Language) programs.	https://www.nld.org/
Educational Opportunity Centers, Inc.	Provide services on: Financial Aid Assistance & Financial Literacy Assist with decision-making activities related to careers & post-secondary education; Provide 1:1 assistance in our 3 offices and at our referral partners in 11 counties; Conduct quality workshops (list on the forms page).	https://eocinc.org/
Luzerne County Community College	Luzerne County Community College is a public community college in Nanticoke, Pennsylvania. LCCC offers over 100 academic, technical, and career programs. The institution uses an open admissions policy for most programs and has over 35,000 graduates Also, has adult ESL classes.	1333 S Prospect Street Nanticoke, PA 18634 Phone: 800-377-5222 <u>https://www.luzerne.edu/</u> <u>https://www.luzerne.edu/esl/</u>
Luzerne County Head Start Luzerne County HEAD STARTING.	This resource provides early care and education for pregnant women and children birth to five, emphasizing healthy outcomes, and school readiness. It also promotes family self-sufficiency.	23 Beekman Street Wilkes-Barre, PA 18702 Phone: 570-829-6231 https://lcheadstart.org/
National Diaper Bank Network National Diaper Bank Network	The goal of the National Diaper Bank Network is to ensure that every child in the United States has enough diapers to remain clean, dry, and healthy.	http://nationaldiaperbankn etwork.org/members/ 1-203-821-7348
Parent to Parent of Pennsylvania	In Pennsylvania, the Parent to Parent model is a one-to-one match between an experienced mentor parent, called a peer support parent, and a parent	http://www.parenttoparent.org 1-888-727-2706

PARENT TO PARENT OF PENNSYLVANIA	seeking individualized support from another parent who has been there.	
PA Child Passenger Protection Act Commonwealth of Pennsylvania	The PA Child Passenger Protection Act requires that all drivers transporting children up to age 4 use an approved child safety seat. Children ages 4 to 8 must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety	https://www.pa.gov/agencies/pennd ot/traveling-in-pa/safety/traffic-safety -driver-topics/child-passenger-safety .html
Pennsylvania 2-1-1 2111 Pennsylvania	Pennsylvania 2-1-1 is a free, accessible, 3-digit telephone number available to everyone, giving residents easy access to health, housing and human services information in one place.	http://pa211.org/
Pennsylvania Association of Intermediate Units	Intermediate Units in Pennsylvania are part of the governance structure of public education and are located between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.	http://www.liu18.org/ 1-570-287-9681
Pennsylvania Families, Inc.	Pennsylvania Families, Inc. is a statewide family network that convenes families of children in childserving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services and family outcomes.	http://pafamiliesinc.org/ 1-800-947-4941

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U.S. Department of Education	Educational Resources for	https://www2.ed.gov/about/overview /focus/immigration-resources.html
U.S. Department of Education	Immigrants, Refugees, Asylees and other New Americans	nocus/minigration-resources.num
Women, Infants and Children (WIC)	Women, Infant and Children has improved the	http://pawic.com/
(III)	nutrition and health of families in Pennsylvania since	(1-800-WIC-WINS)
WOMENTINFANTS CHILDREN	1974 by providing nutrition services, breastfeeding support, health care, social service referrals, and healthy foods.	1-800-942-9467

Family Resources

Resource	Description	Contact Information
Goodwill Industries International, Inc Goodwill Difference of Northeastern PA	Goodwill works to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work.	https://goodwillnepa.org/ 1-570-735-1360
Luzerne County Transportation Authority (LCTA)	To find bus times, call 570-287-8463.	315 Northampton Street Kingston, PA 18704 Phone: 570-288-9356 https://www.lctabus.com/
Salvation Army (Hanover Thrift Store) Giving Hope Today	A great place to get items at reasonable prices and know you are helping our local community.	739 Sans Souci Parkway Hanover, PA 18706 Phone: 570-823-1935 http://www.salvationarmy.ca/

The Salvation Army of Wilkes-Barre Giving Hope Today	The Salvation Army of Wilkes-Barre offers casework services, community recreation and education programs, emergency financial assistance, food and nutrition programs, spiritual services, music and arts programs, and transitional housing.	http://pa.salvationarmy.org /wilkes-barre 1-570-824-8741
Wilkes-Barre YMCA	The Wilkes-Barre YMCA is an all-inclusive organization joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility. We welcome and support children and families and help build the values of caring, honesty, respect and responsibility.	40 W Northampton Street Wilkes-Barre, PA 18701 Phone: 570-208-9622 https://www.wvymca.org/

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Legal/Advocate

Resource	Description	Contact Information
Advocacy Alliance the Advocacy Alliance	This resource offers child / adult / family mental health advocacy, individual / community / peer supports, CASA, and financial assistance services.	71 N Franklin Street Suite 218 Wilkes-Barre, PA 18701 Phone: 570-822-7097 https://www.theadvocacyalliance.org /
APPLY FOR CITIZENSHIP OR IMMIGRATION SERVICES U.S. Citizenship and Immigration Services	If you are interested in applying for citizenship or other immigration services, learn more at the U.S. Citizenship and Immigration Services website and access forms you potentially may need.	https://www.uscis.gov/citizenship/ap ply-for-citizenship
The Arc of Pennsylvania	The Arc of Pennsylvania promotes the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.	https://thearcpa.org/ (717) 234.2621

Child Support (Domestic Relations)	Provides help in getting support payments for children whose parent is absent.	Call 1-800-932-0211 www.childsupport.state.pa.us
Family Preparedness Plan	This packet will help people to create a Family Preparedness Plan, regardless of immigration status. However, because of the additional challenges immigrant and mixed status families face, we also have additional advice for immigrants. The document is available in both English & Spanish.	ilrc.org/family-preparedness-plan
Green Card U.S. Citizenship and Immigration Services	Information on how to apply for a Green card, or permanent residency card.	https://www.uscis.gov/green-card
National Immigration Law Center	The National Immigration Law Center is a center in the United States that "engages in policy analysis, litigation, education and advocacy, to achieve [the] vision" of "a society in which all people—regardless of race, gender, immigration or economic status—are treated fairly and humanely."	https://www.nilc.org/
Pennsylvania Immigration and Citizenship Coalition	Advocating for Immigrants, Migrants, and Refugees	http://paimmigrant.org/
Pennsylvania Office of Victim Advocate-Locate a Victim Service Agency Commonwealth of Pennsylvania	The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting, and advancing the individual and collective rights and interests of crime victims.	https://www.pa.gov/agencies/ova.ht ml 800-563-6399

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Red Cards	All people in the United States, regardless of immigration status, have certain rights and protections under the U.S. Constitution. The Red Cards were created to help people assert their rights and defend themselves against constitutional violations. Knowing and asserting rights can make a huge difference in many situations, such as when ICE agents go to a home. Red cards provide critical information on how to assert these rights, along with an explanation to ICE agents that the individual is indeed asserting their rights.	https://www.ilrc.org/red-cards
Reform Immigration For America REFORM IMMIGRATION FOR	A group where you can sign up to support immigrants and refugees in your community. You will be connected to a local organization on the ground who will share ways that you can get involved in the work in your city.	http://reformimmigrationforamerica.o rg/
Services for Detained Immigrants NATIONAL IMMIGRANT JUSTICE CENTER	The Detention Project provides legal orientation and representation to immigrant adults and children who are held by the Department of Homeland Security Immigration and Customs Enforcement in immigration detention.	Detained immigrants call collect at (312) 263-0901 or use the pro bono platform and NIJC's 3-digit code, 565. All others call (312) 660-1370 or (773) 672-6599. http://www.immigrantjustice.org/serv ices/detained-immigrants
Unidos US	Unidos US is the largest Latino civil rights organization in the United States.	https://unidosus.org/
United We Dream United We Dream	The largest immigrant youth-led organization in the nation. Includes a powerful nonpartisan network is made up of over 100,000 immigrant youth and allies and 55 affiliate organizations in 26 states. United We Dream organizes and advocates for the dignity and fair treatment of immigrant youth and families, regardless of immigration status.	www.unitedwedream.org

Other

Resource	Description	Contact Information
Pennsylvania Assistive Technology Foundation PENNSYLVANIA ASSISTIVE TECHNOLOGY FOUNDATION	Pennsylvania Assistive Technology Foundation is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire assistive technology devices and services they want.	http://patf.us/ 1-888-744-1938
PAWsitively for the Animals	Pets – If you need help feeding your pets and live in Luzerne, Lackawanna or surrounding counties in NEPA, PAWsitively for the Animals can help	https://pawsitivelyfortheanimals.org/ application-for-assistance.html