

MARCH 2023

JCC High School

Grains are 100% Whole Grain/Whole Grain Rich.

Breakfast includes 100% Fruit Juice & Fruit Variety, Milk Variety.
Breakfast Variety=Pop Tart Variety, Cold Cereal Variety or Cereal Bar Variety; Cheese Stick or Yogurt.
Lunch includes Garden Bar, Fruit Variety & Milk Variety.

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast Variety or **6**
 Strawberry Cream Cheese Bagel
 Chicken or Cheese Quesadilla
 Fiesta Beans
 Diced Pears, Apple Wedges

Breakfast Variety or **7**
 Sausage Gravy & Biscuits
 Cheeseburger or
 Hamburger on a Bun,
 Mixed Vegetables
 Applesauce, Banana

Breakfast Variety or **8**
 Breakfast Pizza
 Crispy Chicken Sandwich or
 Spicy Chicken Sandwich
 Seasoned Green Beans
 Mixed Fruit, Orange Wedges

Breakfast Variety or **9**
 Egg & Cheese Sandwich
 Chicken Alfredo Pasta or Pasta
 with Meat Sauce, Garlic Bread-
 stick, Steamed Broccoli
 Diced Peaches, Fruit Cup

Hot or Cold **10**
 Breakfast Variety
 Pizza Variety
 Whole Kernel Corn
 Pear Bread Pudding

Breakfast Variety or **13**
 Filled Cinnamon Toast Bar
 Original or Spicy Chicken Tenders,
 Macaroni & Cheese,
 Seasoned Green Beans
 Diced Pears, Apple Wedges

Breakfast Variety or **14**
 Cinnamon Roll
 Sloppy Joe on a Bun or
 Pork Sandwich, Baked Beans
 Rosy Applesauce, Banana

Breakfast Variety or **15**
 Blueberry-filled Pancakes
 Corn Dog or Sub Sandwich w/ fix-
 ings, Tater Tots, Mixed Vegetables,
 Mixed Fruit, Orange Wedges

Breakfast Variety or **16**
 Apple Churro
 Chicken Pot Pie Bowl or Scalloped
 Potatoes & Ham, Seasoned Peas,
 Buttermilk Biscuit
 Diced Peaches, Fruit Cup

17
 No School
 Staff Development

Breakfast Variety or **20**
 Cinnamon Cream Cheese Bagel
 BBQ Chicken on a Bun or
 Hot Ham & Cheese, Baked Beans
 Diced Pears, Apple Wedges

Breakfast Variety or **21**
 WG Long John
 Orange Chicken or General Tso
 Chicken w/ "Fried Rice"
 Stir Fry Veggies,
 Applesauce, Banana

Breakfast Variety or **22**
 Breakfast Pizza
 Cheesy Chicken Sandwich or
 Grilled Cheese Sandwich
 Tomato Soup, Seasoned Peas,
 Mixed Fruit, Orange Wedges

Breakfast Variety or **23**
 French Toast
 Tater Tot Hotdish or
 Chicken Nuggets, Garlic Toast
 California Blend
 Diced Peaches, Fruit Cup

Hot or Cold **24**
 Breakfast Variety
 Baked Potato Bar or
 Homestyle Chili w/ Cinnamon Roll
 Veggie Variety, Fruit Variety

Breakfast Variety or **27**
 Chocolate Filled Crescent
 Southwest Mac & Cheese or
 Meatball Sub w/ Marinara
 Seasoned Green Beans
 Diced Pears, Apple Wedges

Breakfast Variety or **28**
 Breakfast Scramble w/ Muffin
 Chicken & Gravy or Salisbury Steak
 w/ Mashed Potatoes, Dinner Roll
 Broccoli Grape Salad,
 Wild Blueberry Crisp, Banana

Breakfast Variety or **29**
 Dutch Waffle
 Hot Dog or Chili Dog on a Bun
 Seasoned Peas & Carrots
 Mixed Fruit, Orange Wedges

Breakfast Variety or **30**
 Breakfast Bread
 Beef Totchos or
 Beef Softshell Tacos
 Spanish Rice, Whole Kernel Corn
 Diced Peaches, Fruit Cup

Hot or Cold **31**
 Breakfast Variety
 Five Cheese French Bread or
 Pizza Crunchers, Marinara,
 Mixed Vegetables, Fruit Variety

This Institution is an equal opportunity provider.

Menus are subject to change.

**Menu changes will be announced at each school as they arise. Thank you.*