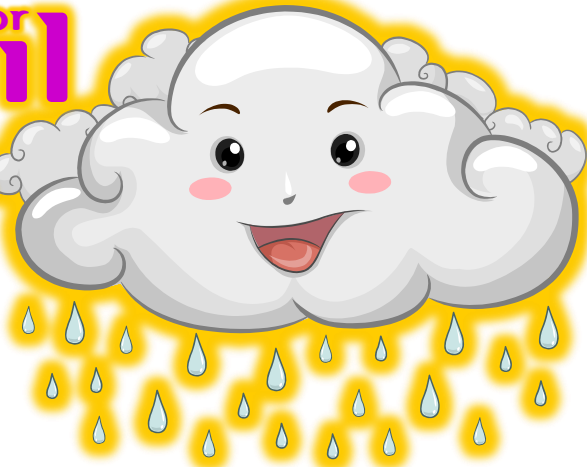


# Menus for April 2024

Owosso Public Schools Elementary



**OPS Food & Nutrition**

We are excited to have our students back to school and eating FREE nutritious meals again this school year. Please feel free to reach out to our department with any questions.....  
989.729.5486  
Michele = Prince@owosso.k12.mi.us or  
Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's  
<https://www.owosso.k12.mi.us/foodnutritionservices>

*Available Daily*

Fresh Fruit & Vegetable Bars  
Freshly Baked Whole Grain Rolls  
Your Choice of  
White or Chocolate Michigan Milk  
Fresh Daily Salads w/Gold Fish Crackers  
Monday—Peanut Butter & Jelly  
Tuesday—Ham Sub Sandwich  
Wednesday—Peanut Butter & Jelly  
Thursday—Turkey Sub Sandwich  
Friday-Grilled Cheese Sandwich

This institution is an equal opportunity provider. Menus are subject to change.

**VEGETABLE**  
**Romaine**

Romaine lettuce contains six times more vitamin C, four times more calcium, and ten times more beta carotene than ordinary iceberg lettuce, and it's very high in folic acid, too. Best of all, it has more flavor!

**OF THE MONTH**

**Monday, April 1**

**Breakfast**  
WG Breakfast Round  
Fruit Cup  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Zoo Crew  
Chicken Nuggets  
WG Fresh Roll  
Grape Tomatoes  
Baby Carrots  
Great Grapes  
Michigan Milk

**Tuesday, April 2**

**Breakfast**  
WG Pancakes  
Apple Sauce  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Beef & Cheese Taco  
Refried Beans  
Sweet Corn  
Fresh Fruit  
Michigan Milk

**Wednesday, April 3**

**Breakfast**  
WG Banana Bread  
Red Apple Slices  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Rotini  
WG Garlic Breadstick  
Fresh Cut Cucumbers  
Celery Sticks  
Fruit Cup  
Michigan Milk

**Thursday, April 4**

**Breakfast**  
WG Benefit Bar  
Banana  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG French Toast Sticks  
Sausage Links  
Hash brown  
Green Peppers  
Fruit Slushie  
Michigan Milk

**Friday, April 5**

**Breakfast**  
WG Fruity PopTart  
Fresh Fruit  
100% Fruit Juice  
Michigan Milk

**Lunch**  
Perfect WG Pizza  
Tossed  
Romaine Salad  
Green Beans  
Mixed Fruit  
Michigan Milk

**Monday, April 8**

**Breakfast**  
WG Breakfast Round  
Craisins  
100% Fruit Juice  
Michigan Milk

**Lunch**  
"Lucky Tray Day!"  
WG Mini Corn Dogs  
Michigan Baked Beans  
Baby Carrots  
Peach Slices  
Michigan Milk

**Tuesday, April 9**

**Breakfast**  
WG Benefit Bar  
Fresh Fruit  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Walking Taco  
Shredded Lettuce  
Diced Tomatoes  
Shredded Cheese  
Orange Wedges  
Michigan Milk

**Wednesday, April 10**

**Breakfast**  
WG Waffle  
Apple Slices  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Bosco Sticks  
Broccoli  
Zucchini Coins  
Fresh Pear  
Michigan Milk

**Thursday, April 11**

**Breakfast**  
WG Breakfast Bread  
Banana  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Chicken Patty  
WG Bun  
Black Beans  
Celery Cuts  
Strawberries  
Michigan Milk

**Friday, April 12**

**Breakfast**  
WG Tasty PopTart  
AppleSauce  
100% Fruit Juice  
Michigan Milk

**Lunch**  
WG Perfect Pizza  
Tossed  
Romaine Salad  
Red Pepper Strips  
Mixed Fruit  
Michigan Milk

The Peacock is the national bird of India.

# YOU'RE GOOD



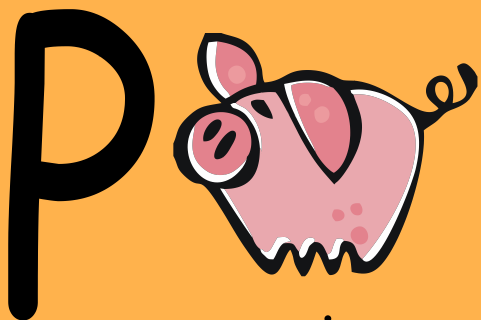
**ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG**  
OWOSSO PUBLIC SCHOOLS FOOD & NUTRITION



Please join us for lots of funky fun on **BEACH DAY!**

**Wednesday, April 24**

I am the letter



pig

**Monday, April 15**

**Breakfast**

WG Waffle  
Fruit Cup  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Chicken Drumstick  
WG Fresh Roll  
Garbanzo Beans  
Baby Carrots  
Peach Slices  
Michigan Milk

**Tuesday, April 16**

**Breakfast**

WG Breakfast Bread  
Fresh Apple  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Soft Taco  
Shredded Lettuce  
Diced Tomatoes  
Shredded Cheese  
Orange Wedges  
Michigan Milk

**Wednesday, April 17**

**Breakfast**

WG Breakfast Round  
Fresh Fruit  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Mini Cheese Calzone  
Red Pepper Strips  
Broccoli  
Apple Slices  
Michigan Milk

**Thursday, April 18**

**Breakfast**

WG Benefit Bar  
AppleSauce  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Chicken Nuggets  
Yellow Corn  
Green Beans  
Great Grapes  
Michigan Milk

**Friday, April 19**

**Breakfast**

WG Fruity PopTart  
Fresh Fruit  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Perfect Pizza  
Tossed Romaine Salad  
Fresh Veg Cup  
Strawberries  
Michigan Milk

**Monday, April 22**

**"Earth Day!"**

**Breakfast**

WG Mini Pancakes  
Raisins  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG PopCorn Chicken  
Broccoli  
Michigan Baked Beans  
Red Apple  
Michigan Milk

**Tuesday, April 23**

**Breakfast**

WG Benefit Bar  
Clementine's  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Walking Taco  
Shredded Lettuce  
Diced Tomatoes  
Shredded Cheese  
Orange Wedges  
Michigan Milk

**Wednesday, April 24**

**Breakfast**

WG Banana Bread  
Fresh Apple, 100% Fruit Juice  
Michigan Milk

**Beach Lunch Day!**  
**Bring your Beach Towel!**

Cheeseburger  
WG Hamburger Bun  
Fresh Cut Cucumbers  
Potato Smiles  
Fruit Slush  
Michigan Milk

**Thursday, April 25**

**Breakfast**

WG Muffin Top  
Fresh Pear  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Fettuccini Alfredo  
WG Garlic Bread  
Pepper Strips  
Baby Carrots  
Mixed Fruit  
Michigan Milk

**Friday, April 26**

**Breakfast**

WG Tasty PopTart  
Apple Slices  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Perfect Pizza  
Tossed Romaine Salad  
Broccoli  
Diced Peaches  
Michigan Milk

**Monday, April 29**

**Breakfast**

WG Breakfast Round  
Fruit Cup  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Zoo Crew  
Chicken Nuggets  
WG Fresh Roll  
Grape Tomatoes  
Baby Carrots  
Great Grapes  
Michigan Milk

**Tuesday, April 30**

**Breakfast**

WG Benefit Bar  
Fresh Orange  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Beef & Cheese Taco  
WG Fresh Roll  
Shredded Lettuce  
Diced Tomato  
Shredded Cheese  
Red Apple  
Michigan Milk

**Wednesday, May 1**

**Breakfast**

WG Banana Bread  
Red Apple Slices  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Macaroni & Cheese  
WG Fresh Roll  
Fresh Cucumber  
Green Beans  
Spring Slushie  
Michigan Milk

**Thursday, May 2**

**Breakfast**

WG Waffle  
Fresh Fruit  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Chicken Tenders  
WG Fresh Roll  
Green Peppers  
Crinkle Fries  
Peaches  
Michigan Milk

**Friday, May 3**

**Breakfast**

WG Tasty PopTart  
AppleSauce  
100% Fruit Juice  
Michigan Milk

**Lunch**

WG Perfect Pizza  
Tossed Romaine Salad  
Fresh Veg Cup  
Mixed Fruit  
Michigan Milk