

FSD5 Johnsonville High School

This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

Monday/Wednesday - *Grits and Eggs*
Tuesday/Thursday - *Biscuits and Gravy*
Friday - *Breakfast Sandwich*
Fruit and Milk Choice Available

Lunch Daily

Salad Bar or Uncrustable
Fruit and Milk Choice

Milk Choices

1% White, Skim Chocolate, Skim Strawberry, FF Vanilla, 1% Lactose Free

250 BY THE NUMBERS
IN MILLIONS, THE APPROXIMATE NUMBER OF ROSES SOLD IN THE U.S. FOR VALENTINE'S DAY

Featured Specials of the Day

Monday, February 2

Cheeseburger
French Fries
Let & Tom

Tuesday, February 3

South of the Border Nachos
Beans, Shredded
Let and Tom

Wednesday, February 4

Chicken Noodle Soup
Corn, Salad w/ Ranch
Bosco Stick

Thursday, February 5

Teriyaki Chicken w/ Rice
Broccoli w/ Cheese,
Carrots w/ Ranch

Friday, February 6

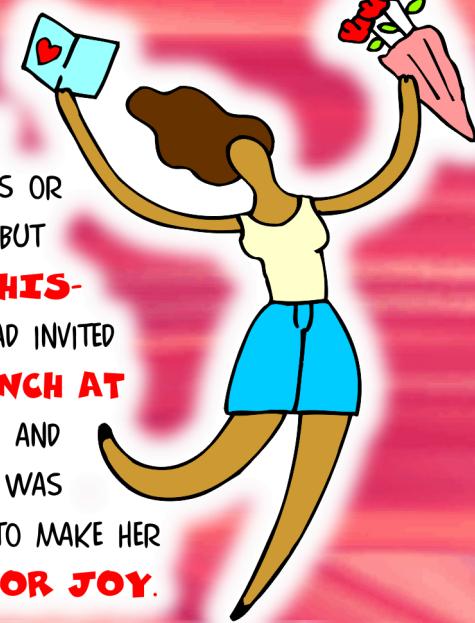
Pizza
Corn, Carrots w/ Ranch



CHARISSE

DIDN'T
REALY
CARE ABOUT
THE FLOWERS OR
THE CARD. BUT

**WHAT'S-HIS-
NAME** HAD INVITED
HER TO **LUNCH AT
SCHOOL**, AND
THAT ALONE WAS
SUFFICIENT TO MAKE HER
JUMP FOR JOY.



Featured Specials of the Day

Monday, February 9

BBQ Sandwich
French Fries
Let & Tom

Tuesday, February 10

Chicken or Beef Taco
Black Beans, Shredded Let & Tom
Salsa, Sour Cream & Cheese

Wednesday, February 11

Steak & Gravy or Fish Sticks
Mashed Potatoes, Rolls
Mixed Vegetables

Thursday, February 12

Garlic Parm and Buffalo Wings
Small Salad, Veggie Sticks

Friday, February 13

Hot Dog
Beans, Cole Slaw
Chips



PORTRAITS OF SPECTACULAR Athletes

Winter Olympics February 6-22 Milano-Cortina, Italy

eatfit

wanna stay fit?
gotta eat right!

item: chocolate candies

verdict: just this once!



tip:

From a healthy eating standpoint, you know where this is going. But it IS Valentine's Day. Just promise to do something really healthy with your sweetheart next week!

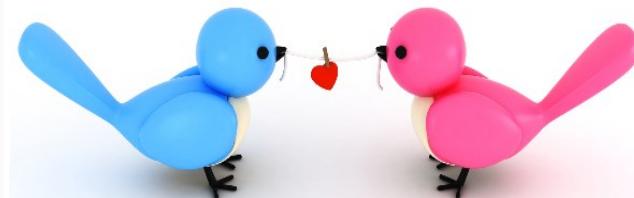
Winter Break

No School February 16-20
School resumes February 23



POWER OF LOVE.

February is a great time to think about love -- and how it supports wellness. Loving others -- and feeling loved -- has been shown to lower stress levels, decrease anxiety, boost the immune system, lower blood pressure, and fight disease.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

**THE
A
LIST**

Top 10 Artists for all of 2025

- 1/Taylor Swift
- 2/Morgan Wallen
- 3/Olivia Dean
- 4/Sabrina Carpenter
- 5/Luke Combs
- 6/Tate McRae
- 7/Kendrick Lamar
- 8/HUNTR/X: EJAE, Audrey Nuna & REI AMI
- 9/Fleetwood Mac
- 10/Ella Langley

Source: Billboard

Featured Specials of the Day

Monday, February 23
Chick-Filet Sandwich
French Fries
Let & Tom

Tuesday, February 24
Mexican Pizza, Beans, Baby Carrots, Salsa

Wednesday, February 25
Pork Carnitas or Fried Shrimp
Cheese Grits, Biscuit
Mix Vegetables

Thursday, February 26
Fried Chicken
Mac & Cheese, Mashed Potatoes

Friday, February 27
Corn Dog
Chips, Carrots w/ Ranch

128 BY THE NUMBERS
AT NEARLY 128 MILLION VIEWERS, SUPER BOWL LIX IN 2025 WAS THE MOST WATCHED U.S. TV SHOW EVER.