



GHOLSON ISD
SEPTEMBER 2025 - LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. POPCORN CHICKEN MAC & CHEESE GREEN BEANS CORN SLICED APPLES MILK	2. BOSCO STICK CARROT STICKS PEAS DICED PEARS MILK	3. CRISPITOS REFRIED BEANS MIXED VEGETABLES SPANISH RICE MIXED FRUIT MILK	4. CHICKEN FRIED STEAK MASHED POTATOES SPINACH SALAD ROLL DICED PEACHES MILK	5. WILDCAT BURGER SWEET TATER FRIES RANCH STYLE BEANS LETTUCE/TOMATO/PICKLE FRESH FRUIT MILK
8. STEAK FINGERS MASHED POTATOES GREEN BEANS ROLL SLICED APPLES MILK	9. CHICKEN WAFFLES HASH BROWN CUBES FRESH BROCCOLI DICED PEARS MILK	10. GRILLED CHEESE TOMATO SOUP BROCCOLI NORMANDY TATOR TOTS MIXED FRUIT MILK	11. BEEF TACOS REFRIED BEANS MIXED VEGETABLES SPANISH RICE LETTUCE/TOMATO DICED PEACHES MILK	12. PIZZA CORN SIDE SALAD W/RANCH FRESH FRUIT MILK
15. CHICKEN STRIPS SWEET TATER FRIES PEAS ROLL SLICED APPLES MILK	16. PORK RIB PATTY BROCCOLI NORMANDY GREEN BEANS SLICED BREAD DICED PEARS MILK	17. FRITO PIE MIXED VEGETABLES CARROT STICKS MIXED FRUIT MILK EARLY RELEASE	18. SPAGHETTI GARLIC BREAD STICK CORN SPINACH SALAD DICED PEACHES MILK	19. WILDCAT BURGER BAKED BEANS FRENCH FRIES LETTUCE/TOMATO/PICKLE FRESH FRUIT MILK
22. CHICKEN CHUNKS MAC & CHEESE MASHED POTATOES GREEN BEANS SLICED APPLES MILK	23. CHILI DOGS SWEET TATER FRIES RANCH STYLE BEANS DICED PEARS MILK	24. CHICKEN ALFREDO STEAMED BROCCOLI DICED CARROTS GARLIC BREAD STICK MIXED FRUIT MILK	25. BURRITOS MIXED VEGETABLES SIDE SALAD/RANCH SPANISH RICE DICED PEACHES MILK	26. WILDCAT BURGER FRENCH FRIES BAKED BEANS LETTUCE/TOMATO/PICKLE FRESH FRUIT MILK
29. CHICKEN SANDWICH DICED CARROTS FRENCH FRIES SLICED APPLES MILK	30. CORN DOG SWEET TATER FRIES MIXED VEGETABLES DICED PEARS MILK			

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school.

For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable.

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