

BREAKFAST

SEPTEMBER 2023

Portage Area High School

Breakfast GNG Offered Daily:

- Cinnamon Toast Crunch Bar
- Lucky Charms Bar,
- Peach Cheerios Bar,
- Mini Powder Donut,
- Mini Chocolate Donut,
- Cookies & Cream Benefit Bar,
- Strawberry Cream Cheese Bagel

Adult Meal Price - \$3.00

Milk Offered Daily:
Fat Free or 1%



Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School 4</p> 	<p>Blueberry Waffle Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>5</p>	<p>Pumpkin Swirl Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>6</p>	<p>Blueberry Donut Hole Cup Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>7</p>	<p>Apple Frudel Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>1</p>
<p>Breakfast Pizza Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>11</p>	<p>Sweet Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>12</p>	<p>Raspberry Turnover Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>13</p>	<p>Pancake & Sausage Stick Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>14</p>	<p>Un crustable Breakfast Sandwich Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>15</p>
<p>Chocolate Chip Crumb Cake Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>18</p>	<p>Strawberry Boli Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>19</p>	<p>Cinnamon Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>20</p>	<p>Ham & Cheese Pocket Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>21</p>	<p>Apple Frudel Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>22</p>
<p>Breakfast Pizza Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>25</p>	<p>Blueberry Waffle Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>26</p>	<p>Pumpkin Swirl Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>27</p>	<p>Blueberry Donut Hole Cup Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>28</p>	<p>Un crustable Breakfast Sandwich Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk</p> <p>29</p>

To qualify as a free breakfast, students must take 3 (minimum) components, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive breakfast at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>