

OCTOBER 2025

Stuart M Townsend Elementary School

Every STUDENT gets 1st meal for free!!!
Extras, snacks and drinks can be purchased by using
cash, or off the student's accounts.
Linqconnect.com

Monday

Tuesday

Wednesday

Thursday

Friday

Variety of Cereal
offered daily

Cinnamon Rolls

Waffles

Variety of
WG Frosted
Donuts

Bagels

Bacon, Egg, and Cheese
Breakfast Sandwiches

Belgian
Waffles

French Toast Sticks

Fruit & Yogurt
Parfaits

NO
SCHOOL

Breakfast Pizza

Cinnamon Rolls

Frudels

Variety of
WG Frosted
Donuts

Banana
Muffins

Sausage, Egg, and Cheese
Breakfast Sandwiches

Belgian
Waffles

Mini
Pancakes

Fruit & Yogurt
Parfaits

Pancakes

Breakfast Pizza

Cinnamon Rolls

Mini
Waffles

Monster
Donuts

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and juice available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit/juice to receive a free meal. If you have any questions, please call (518) 696-2378 ext 1117, or email scheffco@hlcs.org