

Choice 3 or more food groups.

Pick at least ½ cup fruit and/or vegetable.

Daily Entree Alternates:

Stuffed Crust Pizza (Mon.-Thurs.) Buffalo Chicken Pizza (11/4, 11/18)

Meat Lovers Stromboli (11/25)

Chef Salad (Week of 11/1, 11/14) Buffalo Chicken Salad (Week of 11/7, 11/21)

Blueberry or Strawberry Yogurt Parfait

Hot Dog/Bun

Soft Pretzel

Baked Beans

Fresh Baby Carrots

Orange

Craisins/Dried Apple Slices

**MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVALIABILITY**

**A copy of the menu with the nutritional and allergy information is available at:**

**https://www.schoolcafe.com/PortageASD**

Offered Daily:

100% Juice

Choice of Milk

Meal Prices

 2nd Lunch - $2.50 Adult Lunch - $4.75

Milk (2nd) - $.50

Bottled Water (Large) - $.50

Bottled Water (Small) - $.30

The 5 food groups to a school lunch are:

Meat/Meat Alternative

Grain

Fruit

Vegetable

Milk

What is CEP and what does it mean for me?

* CEP stands for Community Eligibility Provision.
* Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

Teriyaki Beef Dipper

Fried Rice

Oriental Vegetable Blend

Fresh Red Pepper Slices

Apple Slices

Craisins/Dried Apple Slices

No School

No School/

Thanksgiving

Break

No School



Jumbo Ravioli

T-Roll

Peas

Fresh Cucumber Slices

Chilled Pineapple

Craisins/Dried Strawberry Apple Slices

Taco In A Bag

Fresh Veggie Boat

Applesauce

Craisins/Dried Strawberry Apple Slices

Cheeseburger/Bun

French Fries

Cooked Carrots

Mixed Fruit

Craisins/Dried Strawberry Apple Slices

Deli Turkey & Cheese Croissant

Pasta Salad

Chilled Pears

Craisins/Dried Apple Slices

Chocolate Chip Cookie

Turkey

Stuffing

Mashed Potato

Fresh Red Pepper Slices

Apple Slices

Craisins/Dried Apple Slices

Chocolate Scooter Crunch

Cheesy Noodles with Ground Beef

Emoticon Fries

Fresh Cucumber Slices

Mandarin Oranges

Craisins/Dried Apple Slices

Chicken & Cheese Quesadilla

Fresh Veggie Boat

Applesauce

Craisins/Dried Apple Slices

Vanilla Pudding

No School



Chicken Puff Pastry/T-Roll

Cheez-its

Fresh Green Pepper Slices

Mashed Potato

Apple Slices

Craisins/Dried Strawberry Apple Slices

Spaghetti with Meat Sauce

T-Roll

Peas

Fresh Cucumber Slices

Chilled Pineapple

Craisins/Dried Strawberry Apple Slices

Taco Dip

Tostitos

Fresh Veggie Boat

Applesauce

Craisins/Dried Strawberry Apple Slices

Chicken Patty/Bun

Fresh Broccoli

Green Beans

Mixed Fruit

Craisins/Dried Strawberry Apple Slices

Philly Steak/Bun

Pasta Salad

Chilled Pears

Craisins/Dried Apple Slices

Vanilla Chat Snax

**NOVEMBER 2022**

Portage Area High School

Chicken Queso Bowl

Fresh Veggie Boat

Applesauce

Craisins/Dried Apple Slices

Vanilla Pudding

Popcorn Shrimp

Macaroni & Cheese

Cucumber/Tomato Salad

Corn

Mandarin Oranges

Craisins/Dried Apple Slices

No School

Parent/Teacher

Conferences

No School

Parent/Teacher

Conferences