

# APRIL 2023

## May ISD

### BREAKFAST

This institution is an equal opportunity provider



**School Information:** Student prices \$1.75

Reduced \$0.30

Additional milk \$0.50 each

Adult price is \$2.95

**Cereal is offered as an alternative choice daily**



**Nutrition Tip:** Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.

**Menu is subject to change due to delivery.**



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Pancakes  
Bacon  
Fruit  
Milk

3

Breakfast Burrito  
Hash Browns  
Fruit  
Milk

4

Oatmeal  
Toast  
Fruit  
Milk

5

Waffles  
Sausage  
Fruit  
Milk

6

Stuffed Bagel  
Cheese Sticks  
Fruit  
Milk

7

**School Holiday**

10

**School Holiday**

11

French Toast  
Sausage  
Fruit  
Milk

12

Pancake on Stick  
Yogurt  
Fruit  
Milk

13

Cinnamon Roll  
Sausage  
Fruit  
Milk

14

Pancakes  
Bacon  
Fruit  
Milk

17

Sausage, Egg Biscuit  
Fruit  
Milk

18

Oatmeal  
Toast  
Fruit  
Milk

19

Breakfast Pizza  
Yogurt  
Fruit  
Milk

20

Donuts  
Sausage  
Fruit  
Milk

21

Morning Rolls  
Yogurt  
Fruit  
Milk

24

Breakfast Sandwich  
Fruit  
Milk

25

Biscuit/Gravy  
Scrambled Eggs  
Bacon  
Fruit  
Milk

26

Breakfast Pizza  
Cheese Stick  
Fruit  
Milk

27

French Toast  
Sausage  
Fruit  
Milk

28