

Covington County Schools

K-8 LUNCH Menu---OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 MOZZARELLA CHEESE STICKS Potato Wedges Broccoli & Cheese Pineapple Chunks Marinara Sauce Milk	3 BAKED CHICKEN TENDERS Baked Sweet Potato Turnips Sliced Peaches Sweet Corn Hushpuppies Honey Mustard Milk	4 MOZZARELLA PIZZA CRUNCHERS Lima Beans Romaine Salad w/Ranch Bananas Milk	5 CHICKEN SPAGHETTI Green Beans California Mixed Veggies Apples Roll Milk	6 TACO SALAD Refried Beans Whole Kernel Corn Sliced Peas Milk
9 FALL HOLIDAY NO SCHOOL	10 HOT WINGS Roasted Baby Potatoes English Peas Mandarin Oranges Roll Milk	11 STUFFED CRUST PEPPERONI PIZZA Whole Kernel Corn Romaine Salad w/Ranch Apples Milk	12 CHICKEN ALFREDO Wheat Penne Pasta California Mixed Veggies Green Beans Mixed Fruit Breadstick Milk	13 HOT DOG Baked Beans Coleslaw Bananas Cool Ranch Doritos Milk
16 CHEESE PIZZA Green Beans Whole Kernel Corn Pineapple Chunks Garden Salsa Sunchips Milk	17 BBQ PORK SANDWICH Macaroni & Cheese Steamed Broccoli Orange Halves Milk	18 VIRTUAL LEARNING DAY	19 RANCH BAKED CHICKEN Baked Sweet Potato Blackeye Peas Peach Cobbler Roll Milk	20 TOASTED TURKEY/CHEESE SUB Potato Wedges Lima Beans Apples Milk
23 CHICKEN BITES Creamed Potatoes Steamed Carrots Sliced Peas Honey Mustard Roll Milk	24 CRISPFLA CHICKEN SANDWICH Lettuce & Tomato Coleslaw Broccoli & Cheese Apples Milk	25 FRENCH BREAD PEPPERONI PIZZA Whole Kernel Corn Romaine Salad w/Ranch Bananas Milk	26 MINI CORN DOGS English Peas Sweet Potato Fries Mandarin Oranges Milk	27 HAMBURGER Lettuce & Tomato Baked Beans Potato Salad Mixed Fruit Milk
30 CRISPTTO W/CHEESE Refried Beans Whole Kernel Corn Sliced Peaches Salsa Milk	31 SANTA FE SOUP/GRILLED CHEESE SANDWICH Romaine Salad w/Ranch Baby Carrots Bananas Frozen Raspberry Yogurt Milk			A variety of condiments and milk are offered daily.

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