

Georgia Harvest of the Month: Squash (Summer, Winter, and Pumpkin)
2024

OCTOBER

Quitman County Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

QCS: Choice of milk, fruit, carrot sticks, and broccoli florets served with all meals. **Head Start (HS):** Milk and fruit served with all meals **Elementary:** Choice of PBJ Sandwich or Pizza or Entrée **Middle:** Choice of PBJ Sandwich or Pizza or Pre-Packaged Salad or Entrée **High School:** Choice of Pizza or Entrée or Pre-Packaged Salad or PBJ Sandwich
M/MA: Meat/ Meat Alternate **V:** Vegetable **G:** Grain **E:** Extra **F:** Fruit

1 Hamburger Steak-M/MA
Rice-G Roll-G
Black-Eye Peas-V
Side Salad-V

2 Chili-M/MA
Baked Potatoes-V
Steamed Broccoli-V
Roll-G
Side Salad-G

3 Hot Dog-M/MA & G
Fries-V
Baked Beans-V
Cucumber Coins-V

4 Ham & Cheese Sandwich
M/MA & G
Coleslaw-V Chips-G
Lettuce & Tomatoes-V
Carrot Sticks-V

7 No School
Fall Break

8 No School
Fall Break

9 No School
Fall Break

10 No School
Fall Break

11 No School
Fall Break

14 Chicken Nuggets-M/MA
Mashed Potatoes-V
Roll-G Side Salad-V
Roasted Corn-V

15 Cheesesticks
M/MA & G
Marinara Sauce-V
Yams-V Side Salad-V
Green Beans-V

16 Beef Taco-M/MA & G
Black Beans-V
Lettuce & Tomatoes-V
Rice-G

17 General T'So Chicken
M/MA
Garlic Herb Rice-G
Broccoli Normandy-V
Side Salad-V Roll-G

18 Chicken Sandwich
M/MA & G
Lettuce & Tomatoes-V
Chips-G
Cucumber Coins-V

21 Breakfast Wrap
M/MA & G
Roasted Potatoes-V
Cucumber Tomato Salad-V
Steamed Broccoli-V

22 Nachos-M/MA & G
Black Bean & Corn Salsa-V
Lettuce & Tomatoes-V
Mexican Rice-G

23 B.B.Q. Sandwich
M/MA & G
Baked Beans-V
Coleslaw-V
Chips-G

24 Chicken Alfredo
M/MA & G
Corn on the Cob-V
Side Salad-V
Garlic Breadstick-G

25 Roasted Wings-M/MA
Tri-Tater-V
Green Beans-V
Side Salad-V Roll-G

28 Cheeseburger
M/MA & G
Lettuce & Tomatoes-V
Fries-V
Baked Beans-V

29 Pizza-M/MA & G
Side Salad-V
Yams-V
Steamed Corn-V

30 Corndog-M/MA & G
Breaded Okra-V
Coleslaw-V
Cherry Tomatoes-V

31 Vegetable Beef Soup
M/MA & V
Sandwich-M/MA & G
Side Salad-V
Cucumber Coins-V

Offer Vs. Serve is an USDA approved form of meal service established to help decrease plate waste and give more freedom of choice to students.
Quitman County Schools utilize Offer Vs. Serve at Lunch