

DECEMBER 2024

Forest Hills Consolidated School

A Look Into January 2025
 1/2: Return to School
 1/20: No School – Martin Luther King Day

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal 2 Hot Dog French Fries Peas	Waffles 3 Chicken Nachos w/ Fixings Refried Beans	Breakfast Bar 4 Cottage Cheese <i>National Cookie Day</i> Pulled Pork Sandwich Chips, Coleslaw	English Muffin 5 & Eggs Lasagna, Roll, Salad	Cereal 6 PBJ Sandwich Tomato Soup Veggie Sticks
Oatmeal 9 Ravioli Garlic Bread Green Beans	French Toast 10 Chicken Poutine Peas	Bagel 11 French Toast Casserole Sausage Tomatoes	Pop Tart 12 Fish Sticks Buttered Noodles Corn	Cereal 13 Cheese Pizza Broccoli Jello
Yogurt & Grahams 16 Chicken Cordon Bleu Burger, Tater Tots Carrots	Muffins 17 Beef, Bean & Cheese Burrito Rice & Corn	Pancakes 18 Chili Cheese Fries Veggie Sticks <i>Holiday Concert – 1 pm</i> <i>All are welcome!</i>	Cinnamon Roll 19 Chicken Alfredo Broccoli Roll	Cereal 20 Hamburgers French Fries Chef Vegetable
23 No School Holiday Break	24 No School Holiday Break	25 MERRY CHRISTMAS	26 No School Holiday Break	27 No School Holiday Break
30 No School Holiday Break	31 No School Holiday Break			

Menu is subject to change based on availability.

Snack Milks & Extra Milks at mealtimes are available to purchase - \$.50 each.

A variety of low-fat milk is served at every meal as well as fruits & vegetables. PBJ or yogurt is offered as an alternative lunch choice. FHCS uses WowButter for peanut butter.

This institution is an equal opportunity provider.