

Course Title: Nurse Aide Training (490034)

Course Description: Nurse Aide Training is a two-credit course that is designed for high school seniors to develop health care specific knowledge for a career in the medical field. Students pursue skill mastery in the classroom and laboratory, and also participate in intensive job-specific training in the clinical area. Students must successfully complete the program and pass the National Nurse Aide Assessment certification exam in order to become a Certified Nurse Aide (CNA).

Career and technical student organizations are integral, co curricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

Instructor Contact Information:

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CTSO: HOSA-Future Health Professionals is a national student organization whose mission is to promote career opportunities in the health care industry and to enhance the delivery of quality health care to all people.

Prerequisites: Successful completion of Foundations of Health Science

Fees: There is a required fee of \$40 per year (\$20/semester)

Course Goals: Following the completion of this course the student will be able to:

1. Demonstrate knowledge and skills related to communication, safety, infection control, resident rights, and independence with satisfactory performance prior to engaging in direct contact with residents.
 - Identifying proper channels related to the process of communication and demonstrating effective interpersonal skills
 - Demonstrating proficiency and knowledge in the area of infection control
 - Demonstrating skills related to safety and emergency procedures to include abdominal thrust and Cardiopulmonary Resuscitation (CPR)
 - Describing the purpose of resident's rights and the importance of respecting the rights
2. Identify basic nursing skills related to long term care and demonstrate knowledge and proficiency associated with the skills.
 - Defining the importance of vital signs and demonstrating skills for taking and recording temperature, pulse, respiration, and blood pressure

- Demonstrating skills for measuring height and weight, and recognizing the importance of assessing height and weight
 - Identifying steps to maintaining and caring for the resident's environment
 - Recognizing abnormal changes in elderly body functions and demonstrating steps for reporting findings
 - Defining stages in death and dying and identifying steps associated with caring for the dying resident
3. Recognize and describe the importance and procedures related to personal care skills in the long term care setting and demonstrate satisfactory performance of skills.
- Demonstrating knowledge and skills needed for providing a bath and perineal care
 - Demonstrating the procedures necessary for grooming residents to include oral hygiene
 - Demonstrating procedures for dressing residents
 - Describing methods of toileting and procedures for assisting with elimination
 - Demonstrating steps for feeding residents
 - Recognizing the importance of nutrition, hydration, and assisting residents with hydration
 - Describing the importance of skin care
 - Demonstrating skills for transferring, positioning, and turning residents
4. Recognize the stages of the aging process, correctly identify the role of family support, and accurately describe methods for responding to behavioral problems in long term care.
- Modifying behavior in response to resident behavior
 - Describing the aging process and recognizing developmental task for the resident's age
5. Identify procedures for communicating and working with residents who have cognitive impairments to include Alzheimer's disease and satisfactorily demonstrate behavioral skills to meet the needs of these residents.
- Understanding techniques for addressing unique needs and behaviors of individuals with dementia
 - Recognizing and understanding skills for communicating with residents who suffer with cognitive impairments
 - Understanding cognitively impaired residents
 - Responding appropriately to the behaviors of cognitively impaired residents
6. Demonstrate knowledge and skills associated with basic restorative services for residents in long term care.
- Describing steps involved in training residents to perform task based on their abilities
 - Demonstrating knowledge and skills related to assistive devices for transferring, ambulating, eating, and dressing residents
 - Defining the importance of range of motion and accurately demonstrating steps for providing exercises for long term care residents
 - Recognizing steps involved in bowel and bladder training

7. Recognize the role of resident rights in long term care and demonstrate skills in maintaining resident rights in daily activities.
 - Identifying steps for providing privacy and maintaining confidentiality of residents in long term care facilities
 - Assisting resident to participate in family groups and other activities while in long term care
 - Providing care and security of a resident's personal possessions while in long term care
 - Promoting a resident's right to be free from abuse, mistreatment, and neglect while in long term care
 - Demonstrating knowledge and understanding of a resident's right to be free from restraint use

Essential Question(s): What skills and knowledge are needed for success as a Health Care Worker in the 21st Century?

Course Outline: The course outline includes the following major content:

- I. Introduction to Long Term Care Assisting
- II. Basic Nursing Skills
- III. Personal Care Skills
- IV. Mental Health
- V. Care of Cognitively Impaired Patient
- VI. Basic Restorative Services
- VII. Resident Rights

Instructional Philosophy: The Health Science philosophy is to provide an environment for developing proper skills, knowledge, safety habits, work ethics and pride in achievements. Students will be expected to meet all of the course goals and to demonstrate their understanding of the underlying concepts. The instruction will be lecture, videos, computers, demonstration, question and answer, laboratory, guest speakers and hands on application. The course requires students to use academic skills, such as Mathematics, Science, and Language Arts. Students will be expected to take part in discussions, work in groups, work individually, and complete homework assignments and complete assignments on time.

Embedded Numeracy Anchor Assignment: This course contains mathematical problems for most of the units. Students will complete assignments that require math skills.

Example: Your patient drinks 4 oz. of milk and eats 4 oz. of ice cream for lunch. What is the total intake in ml? (1 oz. = 30 ml)

Embedded Literacy Anchor Assignment: This course contains technical reading and writing in every unit. Students will complete assignments that require these skills on a regular basis.

Example: Create an individualized Plan of Care for specific patients assigned to you.

Clinical Requirements: Before beginning the required 24 hour clinical rotation, students must provide:

- Proof of negative TB skin test
- Government issued photo ID
- Social Security Card

Assessment Procedures: Final grades will be comprised of major and minor summative grades

Minor (40%): Daily activities, worksheets, quizzes

Major (60%): Unit tests, projects, laboratory check-offs

Attendance/Make-up Work: It is the student's responsibility to make up work upon returning from an absence. Quizzes and exams will be announced in advance. Exams scheduled and given during the excused absence must be made up within **three** days of returning to class. However, if a student is excused absent on an exam day/assignment day and the exam/assignment was scheduled prior to the student being absent, the student will make-up the exam/assignment **the first day back** in class. Extenuating circumstances (ex. lengthy hospital stays) will be evaluated on an individual basis.

Late Work Policy: Late work will be accepted with the following conditions: Work turned in 1-2 days late will result in a 25 point deduction. Work turned in 3-5 days late will result in a 50 point deduction. Except in extenuating circumstances, work will not be accepted after 5 class days.

Grading Scale:

90-100	(A)
80-89	(B)
70-79	(C)
60-69	(D)
59 and below	(F)

Available Student Industry Credential(s): Alabama Nurse Aide Certification

Student Signature

Date _____

Parent/Guardian Signature

Date _____