

 **LUNCH**

AUGUST 2023

Portage Area Elementary School

Daily Entree Alternates:

Stuffed Crust Pizza (Mon. – Thurs.)

Milk Offered Daily:

Meat Lovers Stromboli (Fridays Only)

Fat Free or 1%

Grab N Go

Adult Meal Price - \$4.75

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

7

8

9

10

11

14

15

16

17

18

21

22

23

24

25

28

29

30

31

Deli Turkey & Cheese Croissant
Smiley Fries
Side Salad with Sliced Cucumbers
Fresh Banana
Craisins/Dried Apple Slices
Dragon Punch Juice
Choice of Milk

Taco Dip with Tostitos
Fresh Sliced Green Peppers
Side Salad with Sliced Cucumbers
Applesauce Cup
Craisins/Dried Apple Slices
Grape Juice
Choice of Milk

General Tso's Chicken with Brown Rice
Or
Wow Butter & Grape Jelly Sandwich
Steamed Broccoli
Side Salad with Sliced Cucumbers
Pineapple Chunks
Craisins/Dried Apple Slices
Cherry Star Juice
Choice of Milk

Breaded Mozzarella Sticks
Pasta Salad
Side Salad with Sliced Tomatoes
Fresh Apple Slices
Craisins/Dried Strawberry Apple Slices
Fruit Punch Juice
Choice of Milk

Mustang Hoagie
Steamed Peas
Side Salad with Sliced Tomatoes
Diced Peaches
Craisins/Dried Strawberry Apple Slices
Sunset Sip Juice
Choice of Milk
Chat Snax Vanilla Graham Crackers

Popcorn Chicken
Fresh Veggie Boat
Side Salad with Sliced Cucumbers
Fresh Apple Slices
Craisins/Dried Apple Slices
Fruit Punch Juice
Choice of Milk

To qualify as a free lunch, **students must take 3(minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>