

JANUARY 2022

Henry L. Slater Elementary Menu

BREAKFAST IS COMPLEMENTRY TO ALL STUDENTS!

Lunch – **\$0.00** paid SY21-2022 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
3	Breakfast WG Pop Tart, Cracker, M Orange, Milk Lunch Pizza Corn Dog Fruit, veggies, Milk	4	Breakfast Cherry Frudel Applesauce & Milk Lunch Crunchy Taco w/ Cheese Chicken Fajita Fruit, veggies, Milk	5	Breakfast Cereal Bar, Cracker, Apple Milk Lunch Meat Spaghetti w/ Tx Toast Toasted Cheese Sand Green Beans Fruit, veggies, Milk	6	Breakfast Chocolate Oat Bar Apple, Milk Lunch Hamburger Hot Dog w/ French Fries, Fruit, veggies, Milk
10	Breakfast Pancake w/ Applesauce & Milk Lunch Chicken Nuggets Turkey & Cheese Roll-up Sweet Corn Fruit, veggies, Milk	11	Breakfast French Toast Breakfast Bar Orange Milk Lunch Cheese & Chicken Quesadilla Seasoned Chicken Rice & Bean Bowl Fruit, veggies, Milk	12	Breakfast Biscuit w/ Jelly Pears, Milk Lunch Bacon & Cheese Stuffed Potato Alfredo w/ Tx Toast Green Bean Fruit, veggies, Milk	13	Breakfast Cereal, Apple, Cracker Milk Lunch Chili dog PB & Jelly Sand w/ Seeds Fruit, veggies, Milk
17	<p style="text-align: center;">NO SCHOOL</p> <p style="text-align: center;">MARTIN LUTHER KING JR. DAY</p>	18	Breakfast Yogurt w/ Cracker Pears, Milk Lunch Nacho's w/ Beans & Cheese Bean & Cheese Burrito Sweet Corn Fruit, veggies, Milk	19	Breakfast Muffin w/ Apple String Cheese, Milk Lunch Meat Lasagna w/ TX Toast or Soft Pretzel w/ /Cheese Green Beans Fruit, veggies, Milk	21	Breakfast Cereal Bar w/ Cheese Stix Dried Fruit & Milk Lunch BBQ Pork Rib Sand Ham & Cheese Sand Fruit, veggies, Milk FRIDAY SCHOOL Jan 21
24	Breakfast Waffle Pear, Milk Lunch Crispy Chicken Burger Corn Dog Baked Beans Fruit, veggies, Milk	25	Breakfast Cinnamon Roll , Apple Milk Lunch Pizza Stix w/ Marinara Soft Pretzel w/ Cheese Fruit, veggies, Milk	26	Breakfast Apple Frudel, Applesauce Milk Lunch Chili w/ Cornbread Chicken Salad Fruit, veggies, Milk	27	Breakfast Cereal, Apple, Cracker Milk Lunch Meatball Sub Meat-cheese-cracker Pak Fruit, veggies, Milk
30	Breakfast Sun Seeds, String Cheese, Fruit & Milk Lunch Orange Chicken w/ Vegetable Fried Rice- Egg Roll Turkey & Cheese Sand Fruit, veggies, Milk				21 FRIDAY SCHOOL Breakfast Cereal, Cracker Dried Fruit & Milk Lunch (only option) Hamburgers w/ chips Fruit, veggies, Milk		

This institution is an equal opportunity provider.

