

MARCH 2025 STARK COUNTY JUNIOR HIGH/ HIGH SCHOOL MENU

<p>3 Monday WG Cereal, WG Pancake Bites 37 gm, Syrup 20 gm Fruit, Juice</p> <p>WG Bun 28 gm Tenderloin 14 gm WG Pepperoni Panini, Chef Salad, Deli Sandwich, or Yogurt Meal Oven Potatoes 22 gm Peas 4 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>4 Tuesday WG Cereal, WG Mini Chocolate Donuts 41 gm, Fruit, Juice</p> <p>WG Pretzel 60 gm Cheese Sauce 6 gm, Chicken Noodle Soup, Crackers or Chef Salad or Deli Sandwich or Yogurt Meal Romaine 1.5 gm, Peaches 14 gm, Fresh Fruit and Veggies</p>	<p>5 Wednesday WG Cereal, WG Breakfast Bar 47 gm, Fruit, Juice</p> <p>WG Bun 28 gm, WG Fish Patty or Strawberry Smoothie or Yogurt Meal or Chef Salad or Deli Sandwich Baked Beans 24 gm, Pears 16 gm, Fresh Fruit and Veggies</p>	<p>6 Thursday WG Cereal, Cinnamon Roll 42 gm, Fruit, Juice</p> <p>WG Bun 28 gm, WG Chicken Patty 16 gm, or Chicken or Cheese Quesadilla or Chef Salad or Yogurt Meal or Deli Sandwich Corn 16 gm, Carrots 6 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies</p>	<p>7 Friday WG French Toast Sticks 42 gm, Syrup 20 gm, Fruit or Juice</p> <p>WG Multi Cheese Garlic Bread 43.5 gm or Deli Sandwich, Salad or Yogurt Meal Marinara Sauce 7 gm, Green Beans 4 gm, Pineapple 17 gm, WG Cookie Fresh Fruit and Veggies</p>
<p>10 Monday WG Breakfast Pizza 50 gm, WG Cereal, Fruit, Juice</p> <p>WG Bun 28g, Hamburger 3 gm, Cheese Slice 2 gm or WG Pepperoni Panini 30gm or Salad 30gm or Deli Sandwich or Yogurt Meal Oven Potatoes 22 gm, Peaches 14 gm, Fresh Fruit and Veggies</p>	<p>11 Tuesday WG Cereal, Combo Bar 8 gm, Fruit, Juice</p> <p>WG Chili Crispito 69 gm or Chef Salad or Deli Sandwich or Yogurt Meal Refried Beans 24 gm Salsa 6 gm, Pears 16 gm , Fresh Fruit and Veggies</p>	<p>12 Wednesday WG Cereal, Muffin, Fruit, Juice</p> <p>WG Bun 26 gm, Hot Dog 2 gm, Chili Dog 4 gm, or Smoothie Meal or Deli Sandwich or Salad, or Yogurt Meal, Green Beans 4 gm, Mixed Fruit 22 gm, Fresh Fruit and Veggies</p>	<p>13 Thursday WG Cereal, Biscuit 26 gm, Sausage and Gravy 8 gm, Fruit, Juice</p> <p>WG Bun 26 gm, Meatballs with Sauce and Cheese or Chicken or Cheese Quesadilla or Salad, or Deli Sandwich, or Yogurt Meal, Carrots 6 gm, Broccoli w/ Cheese, Strawberries and Bananas Fresh Fruit and Veggies</p>	<p>14 Friday NO SCHOOL</p> <p>TEACHERS INSTITUTE</p>

<p>17 Monday WG Donut, WG Cereal, Fruit, Juice</p> <p>WG Bun 28, BBQ Rib 3 gm, WG Pepperoni Panini, Chef Salad, Deli Sandwich, UYogurt Meal Baked Beans 24 gm, Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>18 Tuesday WG Pancake on a Stick 17 gm, Syrup 20 gm,, WG Cereal, Fruit, Juice</p> <p>WG Roll 15 gm, WG Chicken Nuggets gm, or Deli Sandwich or Salad or Yogurt Meal, Mashed Potatoes/Gravy gm, Peaches 14 gm, Fresh Fruit and Veggies</p>	<p>19 Wednesday WG Cereal, Mini Cinnamon and Sugar Donuts 40 gm, Fruit, Juice</p> <p>WG Pizza or Smoothie Meal or Yogurt Meal or Deli Sandwich or Salad Romaine 1.5 gm, Carrots 6 gm, Pineapple 17 gm, Fresh Fruit and Veggie</p>	<p>20 Thursday WG Cereal, WG Waffle 48 gm, Syrup 20 gm Fruit, Juice</p> <p>WG Bosco Sticks 50 gm, Ravioli 36 gm or Deli Sandwich or Yogurt Meal, or Salad or Cheese or Chicken Quesadilla 38g, Green Beans 4 gm, Mixed Fruit 22 gm, Fresh Fruit and Veggies</p>	<p>21 Friday WG Cereal, WG English Muffin 21 gm, Egg Patty 1 gm, Cheese Slice 2 gm, Fruit, Juice</p> <p>WG Toasted Cheese, Tomato Soup, Crackers or Deli Sandwich or Salad Yogurt Meal, Carrots 6 gm, Corn 16 gm, Pears 16 gm, Fresh Fruit and Veggies, Sidekick 23 gm</p>
<p>24 Monday WG Bagel and Cream Cheese gm, WG Cereal, Fruit, Juice</p> <p>WG Bun 28 gm, Hot Ham & Cheese gm or WG Pepperoni Panini 30g or Salad, Deli Sandwich or Yogurt Meal, Sweet Potatoes Fries 23 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies</p>	<p>25 Tuesday WG Cereal, WG Pancakes, Syrup 20 gm, Fruit, Juice</p> <p>Rebel Nachos (WG Chips, Taco Meat, Queso Blanco) or Deli Sandwich or Salad or Yogurt Meal, Refried Beans 24 gm, Salsa 6 gm, Pineapple 17 gm, Fresh Fruit and Veggies</p>	<p>26 Wednesday <u>WG Cereal</u>, Biscuit 26 gm, Sausage & Gravy 8 gm, <u>Fruit</u>, Juice</p> <p>WG Mini Corn Dogs gm Salad, Yogurt Meal, Strawberry Smoothie Meal, Deli Meal Romaine 1.5 gm, Cinnamon Applesauce 26 gm, gm, Fresh Fruit and Veggies</p>	<p>27 Thursday WG Cereal, WG Breakfast Pizza 50 gm, Fruit, Juice</p> <p>WG Chicken, WG Waffle or Chicken or Cheese Quesadilla or Salad or Deli Sandwich or Yogurt Meal , Green Beans 4 gm, Pears 16 gm Fresh Fruit and Veggie</p>	<p>31 Friday WG Cereal, WG Long John Donut 33 gm, Fruit, Juice</p> <p>WG Pizza Crunchers 82 gm or Yogurt Meal or Deli Sandwich or Salad Peaches 14 gm, Corn 16 gm, Marinara Sauce 7 gm Jello w/ Whip Topping 17 gm, Fresh Fruit and Veggies</p>
<p>31 Monday WG Cereal, WG French Toast Sticks 57 gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Toast, Sliced Turkey or WG Pepperoni Panini, Salad, Yogurt Meal, Deli Sandwich Oven Fries/Cheese Sauce 22 gm/6 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>Breakfast is served everyday starting at 7:30 a.m. MENU IS SUBJECT TO CHANGE</p> <p>1% White, Chocolate or Strawberry are offered at all Meals.</p>	<p>Breakfast is offer vs serve. Students must take 3 of 4 items served. Lunch is also offer vs serve. students must take 3 of 5 items served and 1 item must be ½ cup of fruit of veggles</p>	<p>Mashed Potatoes contain sulfates and can cause allergic reactions.</p> <p>· Ranch Dressing, French Dressing, Ketchup, Mustard and BBQ Sauce and Hot Sauce are offered at Lunch</p> <p>SMOOTHIES CONTAIN DAIRY</p>	<p>A Plant Based Meal is offered everyday.</p> <p>Cereal- Marsh Matey-22g, Cinnamon Toasters 24g, Honey Graham 22, Honey Scooter 22 gm. Juice- Apple 13 g, Fruit Punch 14 g, OF 13 g, Grape 19g Poptart- Strawberry- 75g, Cinnamon 73 g, Blueberry 72 g</p>

