Amite County High School

August 2022 Breakfast Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Aug - 8  French Toast Sticks / Syrup  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk | Aug - 9  Sausage and Biscuit / Jelly  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fresh Fruit  Milk | Aug - 10  Breakfast Bread  OR  Cereal  Graham Crackers  Yogurt  Fruit Juices  Fruit  Milk | Aug - 11  Sausage and Biscuit / Jelly  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fresh Fruit  Milk | Aug - 12  Pancakes / Syrup  OR  Cereal  cereal bar  Fruit Juices  Fruit  Milk |
| Aug - 15  Sausage & Pancake on a Stick / Syrup  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk | Aug - 16  Sausage and Biscuit / Jelly  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fresh Fruit  Milk | Aug - 17  Breakfast Bread  OR  Cereal  Graham Crackers  Yogurt  Fruit Juices  Fruit  Milk | Aug - 18  Sausage and Biscuit / Jelly  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fresh Fruit  Milk | Aug - 19  Frudel  OR  Cereal  cereal bar  Fruit Juices  Fruit  Milk |
| Aug - 22  Breakfast Pastry  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk | Aug - 23  Sausage and Biscuit / Jelly  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fresh Fruit  Milk | Aug - 24  Breakfast Bread  OR  Cereal  Graham Crackers  Yogurt  Fruit Juices  Fruit  Milk | Aug - 25  Sausage and Biscuit / Jelly  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fresh Fruit  Milk | Aug - 26  Cinnamon Rolls  OR  Cereal  cereal bar  Fruit Juices  Fruit  Milk |
| Aug - 29  French Toast Sticks / Syrup  OR  Cereal  Cereal bar  Fruit Juice  Fruit  Milk | Aug - 30  Sausage and Biscuit / Jelly  OR  Cereal  Blueberry Cookie Bites  Fruit Juice  Fresh Fruit  Milk | Aug - 31  Breakfast Bread  OR  Cereal  Graham Crackers  Yogurt  Fruit Juices  Fruit  Milk |  |  |

For Breakfast we will offer a serving of Grain, Fruit, Fruit Juice, Milk, and meat/meat alternative. Each participating student may pick up all items offered, they must pick up Fruit or Fruit Juice and 2 other items.

\*Milk served daily: fat-free chocolate and low-fat white milk\*

\*\*Menu subject to change due to unforeseen circumstances\*\*

\*\*\*This institution is an Equal Opportunity Provider \*\*\*

