


ELEMENTARY

OCTOBER 2025

NORTH ZULCH

A choice of milk and a Grab N' Go will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Berries & Cream 1	Chicken Spaghetti with Breadstick or Choice of Pizza Seasoned Green Beans Garden Fresh Salad Strawberry Apple Sauce 2	Chili Dog or Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 3
Big Grilled Cheese or Macaroni & Cheese Choice of Chips Steamed Broccoli Carrot Dippers Fruit 6	Quesadillas or Crispito Spanish Rice Pinto Beans Garden Fresh Salad Homemade Salsa Fruit Cup 7	Country Bowl or Country Bucket Hot Roll Carrot Dippers Fruit Cup 8	No School 9	No School 10
No School 13	Beef or Chicken Nachos Refried Beans Tossed Salad Spanish Rice Homemade Salsa Orange Smiles 14	Steak Fingers or Chicken Nuggets Hot Roll Mashed Potatoes Roasted Vegetables Peach Crisp 15		
Asian Bowl or Popcorn Chicken with Fried Rice Seasoned Vegetables Glazed Carrots Fruit Salad 20	Soft or Crispy Tacos Shredded Lettuce Chopped Tomatoes Pinto Beans Spanish Rice Homemade Salsa Fruit Cup 21	Homemade Smothered Steaks or Chicken Strips Hot Roll Mashed Potatoes Steamed Vegetables Fruit Cup 22	Ravioli in Marinara Sauce with Breadstick or Choice of Pizza Seasoned Vegetables Garden Fresh Salad Fruit Dessert 23	Bacon Cheese Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 17
Stuffed Baked Potato with Hot Roll or Cheese Sticks with Marinara Sauce Macaroni & Cheese Steamed Broccoli Carrot Dippers Fruit Medley 27	Enrolladas or Crispitos Pinto Beans Cucumber Salad Spanish Rice Homemade Salsa Fruit Cup 28	Chicken Drumsticks or Boneless Wings with Hot Roll Mashed Potatoes Seasoned Vegetables Berries & Cream 29	Spaghetti with Meat Sauce and Garlic Toast or Choice of Pizza Steamed Vegetables Garden Fresh Salad Fruit Cup 30	Halloweenies or Mummy Dogs with Fried Spider Legs Goblin Greens Halloween Treat Fresh Fruit 31

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BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 10/1, 10/13 & 10/27	Breakfast Pizza	Eggs & Bacon with Toast	Pig in a Blanket	Biscuits & Gravy	Pancake Wrap
WEEK OF 10/6 & 10/20	Waffles	Eggs with Sausage & Toast	Breakfast on Bun	Banana Bread	Breakfast Taco

This institution is an equal opportunity provider.



What is a Ghost's favorite dessert?
ICE SCREAM! 🧊🍦

What do you get when you drop a pumpkin?
SQUASH! 🎃

